

White Horse Gluten Free Menu

~ Tuesday 17th March 2020 ~

While You Wait

Elderflower pink fizz with sparkling rose and a dash of St Germain elderflower liqueur 8.25

Peroni gluten free 3.90

Starters and nibbles

Leek and potato soup with gf toast and butter (v) 5.95

Chicken liver pâté with carrot and apricot chutney and GF toast 6.75

Pan seared scallops with ham hock fritters, cauliflower puree, apple and cider dressing 10.95

Charcuterie plate; a selection of cured meats, chicken liver pâté, marinated vegetables and toasted GF bread 9.95

Nocellara olives (vg) 3.95

Garlic prawns 5.95

Courgette fries with lemon yoghurt 3.95

Mains

Appleby's Cheshire cheese, potato and onion pie with green veg, carrot purée and red wine jus 12.95

Deep-fried cod in beer batter with chips, mushy peas and tartare sauce 13.95

Crispy beef salad with sweet chilli sauce and roasted cashew nuts 13.95

Baked cod with lemon, parsley crumb and chilli and chive risotto 16.95

10oz ribeye with Dijon and tarragon butter, Portabello mushrooms, tomato and chips 23.95

Sides

Chunky chips 3.50

Green salad with lemon dressing 3.95

Buttered vegetables 3.75

New potatoes with butter 3.25

Beer battered onion rings 3.25

Peppercorn sauce 1.95

This menu has been accredited by Coeliac UK.
Processes and training are in place to ensure that meals on this menu are gluten free. 'Gluten free' describes foods that contain gluten at a level of no more than 20 parts per million (ppm).
All our food is prepared in a kitchen where other cross contamination risks may occur.
Full allergen information is available upon request.
If you have a question, food allergy or intolerance, please let us know before placing your order.



Lighter Things

Salmon and smoked haddock fishcake and poached egg with chive and caper sauce 10.95

King prawn Penne with garlic, chilli, parmesan and rocket leaves 11.25

Fragrant Thai chicken salad with pak choi, mango, coconut and lime dressing 11.95

Children's Menu

Tomato and basil penne pasta with grated cheese 5.95

Chicken goujons with chips and peas 6.95

Fish fingers with chips and peas 6.75

Rump steak served with chips and peas 8.95

Puddings, Ice Cream and Cheese

Triple chocolate brownie, chocolate sauce and vanilla ice cream 6.25

Crème brûlée with GF shortbread biscuits 6.25

Sticky toffee pudding with toffee sauce and vanilla ice cream 6.25

Cheshire Farm Ice Cream; choose three scoops from strawberry, chocolate, honeycomb and raspberry ripple 5.25

Cheshire Farm sorbet ; choose three scoops from raspberry, strawberry, Bramley apple or lemon 5.25

A selection of six cheese, GF biscuits and chutney to share: Blacksticks Blue, Cheddar, Kidderton Ash, Appleby's Cheshire, Cornish Brie and Burts Blue 11.95

Hot Drinks

GF Tea (including herbal) 2.50

Americano 2.95

GF Espresso (single) 2.85

Espresso (double) 2.95

Cappuccino 2.95

Latte 2.95

Hot chocolate 2.75

Coffee and a Small Pudding

Choose a mini version of our puddings served with tea
or coffee of your choice 6.95

Triple chocolate brownie

Sticky toffee pudding

Crème brûlée

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Processes and training are in place to ensure that meals on this menu are gluten free. 'Gluten free' describes foods that contain gluten at a level of no more than 20 parts per million (ppm).
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White Horse

Gluten Free Menu

With Allergen Information

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If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

While You Wait

Elderflower pink fizz with sparkling rose and a dash of St Germain elderflower liqueur £8.25

Peroni gluten free £3.90

Starters and nibbles

Leek and potato soup with gf toast and butter (v) £5.95

Contains: Egg, Milk, Celery, Sesame

Chicken liver pâté with carrot and apricot chutney and GF toast £6.75

Contains: Egg, Milk, Sulphur Dioxide

Pan seared scallops with ham hock fritters, cauliflower puree, apple and cider dressing £10.95

Contains: Molluscs, Soya, Milk, Celery

Charcuterie plate; a selection of cured meats, chicken liver pâté, marinated vegetables and toasted GF bread £9.95

Contains: Egg, Soya, Milk, Sesame, Sulphur Dioxide

Nocellara olives (vg) £3.95

Contains: Sulphur Dioxide

Courgette fries with lemon yoghurt £3.95

Contains: Milk

Garlic prawns £5.95

Contains: Crustaceans, Milk, Sulphur Dioxide

Mains

Appleby's Cheshire cheese, potato and onion pie with green veg, carrot purée and red wine jus £12.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Deep-fried cod in beer batter with chips, mushy peas and tartare sauce £13.95

Contains: Egg, Fish, Mustard, Sulphur Dioxide

Crispy beef salad with sweet chilli sauce and roasted cashew nuts £13.95

Contains: Nuts, Soya

Baked cod with lemon, parsley crumb and chilli and chive risotto £16.95

Contains: Crustaceans, Fish, Soya, Milk, Celery, Sulphur Dioxide

10oz ribeye with Dijon and tarragon butter, Portabello mushrooms, tomato and chips £23.95

Contains: Milk, Mustard, Sulphur Dioxide



Sides

- Chunky chips £3.50
Green salad with lemon dressing £3.95
Contains: Celery, Sulphur Dioxide
- Buttered vegetables £3.75
Contains: Milk, Sulphur Dioxide
- New potatoes with butter £3.25
Contains: Milk
- Beer battered onion rings £3.25
Peppercorn sauce £1.95
Contains: Milk, Celery, Sulphur Dioxide

Lighter Things

- Salmon and smoked haddock fishcake** and poached egg with chive and caper sauce £10.95
Contains: Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide
- King prawn Penne** with garlic, chilli, parmesan and rocket leaves £11.25
Contains: Crustaceans, Milk
- Fragrant Thai chicken salad** with pak choi, mango, coconut and lime dressing £11.95
Contains: Fish, Sulphur Dioxide

Children's Menu

- Tomato and basil penne pasta with grated cheese** £5.95
Contains: Egg, Milk, Sulphur Dioxide
- Chicken goujons** with chips and peas £6.95
Contains: Egg, Milk
- Fish fingers** with chips and peas £6.75
Contains: Egg, Fish, Milk
- Rump steak** served with chips and peas £8.95
Contains: Milk

Puddings, Ice Cream and Cheese

- Triple chocolate brownie**, chocolate sauce and vanilla ice cream £6.25
Contains: Egg, Soya, Milk
- Crème brûlée** with GF shortbread biscuits £6.25
Contains: Egg, Milk
- Sticky toffee pudding** with toffee sauce and vanilla ice cream £6.25
Contains: Egg, Soya, Milk
- Cheshire Farm Ice Cream**; choose three scoops from strawberry, chocolate, honeycomb and raspberry ripple £5.25
Contains: Peanuts, Nuts, Soya, Milk
- Cheshire Farm sorbet** ; choose three scoops from raspberry, strawberry, Bramley apple or lemon £5.25
Contains: Milk
- A selection of six cheese, GF biscuits and chutney to share:** Blacksticks Blue, Cheddar, Kidderton Ash, Appleby's Cheshire, Cornish Brie and Burts Blue £11.95
Contains: Egg, Soya, Milk, Celery, Sesame, Sulphur Dioxide



Hot Drinks

GF Tea (including herbal) £2.50

Contains: Egg, Soya, Milk

Americano £2.95

Contains: Milk

GF Espresso (single) £2.85

Contains: Egg, Soya, Milk

Espresso (double) £2.95

Contains: Egg, Soya, Milk

Cappuccino £2.95

Contains: Egg, Soya, Milk

Latte £2.95

Contains: Egg, Soya, Milk

Hot chocolate £2.75

Contains: Soya, Milk

Coffee and a Small Pudding

Choose a mini version of our puddings served with tea or coffee of your choice 6.95

Triple chocolate brownie

Sticky toffee pudding

Crème brûlée

