

The White Horse

Gluten Free Menu

~ Tuesday 21st September 2021 ~

While you wait

Estrella Galicia Gluten free 330ml - 4.50

Starters and Nibbles

Butternut squash soup with sage-roasted pumpkin seeds 5.95

Prawn cocktail, buttered GF seeded bread 8.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Deep-fried West Country Brie, apricot carrot chutney and candied pecan salad 6.95

BBQ chicken wings 5.75

Nocellara olives (vg) 3.95

Warm chorizo sausage, roquito peppers 5.95

Garlic and chilli King prawns 6.95

Halloumi fries, tomato salsa 5.95

Light bites and Mains

Pork saltimbocca, lemon thyme risotto, cavolo nero, sage butter 16.95

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

Appleby's Cheshire cheese, onion and potato pie, buttered greens, gravy (v) 13.95

Sweet potato, aubergine and chickpea Malaysian curry, coconut rice, steamed pak choi (vg) 13.95

Hot smoked salmon salad, beetroot, asparagus, sugar snaps, tender stem, and soft boiled egg 15.95

Honey roasted ham (served cold) with free range eggs and chips 13.95/10.95

Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95

Broccoli, red onion, stilton quiche, new potato salad 9.95

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce 14.95

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95

Sides

Chunky chips 3.75

Fries 3.75

Mixed salad (vg) 3.95

Peppercorn sauce 2.50

Truffle and parmesan Fries 4.75

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



Childrens Menu

5oz rump steak, fries, peas	8.95	Fish fingers, chips and peas	6.95
Tomato and basil pasta, cheese	5.95	Triple chocolate brownie, vanilla ice cream	3.95
Chicken goujons, chips, peas	6.95	Sticky toffee pudding, vanilla ice cream	3.95

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream	6.95
Sticky toffee pudding, toffee sauce, vanilla ice cream	6.95
Creme brulee with shortbread	6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from;	5.85
Cheshire Farm ice cream choose two scoops from;	3.90
Cheshire Farm ice cream choose one scoop from;	1.95

Coffees and Hot Drinks

Cafetiere of coffee	2.95	Americano	2.95
Cappuccino	2.95	Double Espresso	3.45
Latte	2.95	Selection of tea	2.70
Flat white	2.95	Hot chocolate	2.95

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream	6.95
Sticky toffee pudding, vanilla ice cream	6.95

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Gluten Free Menu

With Allergen Information

~ Tuesday 21st September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient.
Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

While you wait

Estrella Galacia Gluten free 330ml - £4.50

Starters and Nibbles

Butternut squash soup with sage-roasted pumpkin seeds £5.95

Contains: Egg, Milk, Celery

Prawn cocktail, buttered GF seeded bread £8.95

Contains: Crustaceans, Egg, Milk, Mustard

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Deep-fried West Country Brie, apricot carrot chutney and candied pecan salad £6.95

Contains: Egg, Nuts, Milk, Celery

BBQ chicken wings £5.75

Contains: Celery, Mustard

Nocellara olives (vg) £3.95

Warm chorizo sausage, roquito peppers £5.95

Contains: Soya, Milk

Garlic and chilli King prawns £6.95

Contains: Crustaceans, Milk

Halloumi fries, tomato salsa £5.95

Contains: Milk

Light bites and Mains

Pork saltimbocca, lemon thyme risotto, cavolo nero, sage butter £16.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

Appleby's Cheshire cheese, onion and potato pie, buttered greens, gravy (v) £13.95

Contains: Egg, Milk, Sulphur Dioxide

Sweet potato, aubergine and chickpea Malaysian curry, coconut rice, steamed pak choi (vg) £13.95

Contains: Sulphur Dioxide

Hot smoked salmon salad, beetroot, asparagus, sugar snaps, tender stem, and soft boiled egg £15.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Honey roasted ham (served cold) with free range eggs and chips £13.95

Contains: Egg, Mustard, Sulphur Dioxide

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Broccoli, red onion, stilton quiche, new potato salad £9.95

Contains: Egg, Milk, Sulphur Dioxide

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce £14.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

Contains: Milk, Mustard, Sulphur Dioxide

Sides

Chunky chips £3.75

Peppercorn sauce £2.50

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Fries £3.75

Truffle and parmesan Fries £4.75

Contains: Milk

Mixed salad (vg) £3.95

Childrens Menu

5oz rump steak, fries, peas £8.95

Contains: Celery, Sulphur Dioxide

Tomato and basil pasta, cheese £5.95

Contains: Milk

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Fish fingers, chips and peas £6.95

Contains: Egg, Fish, Milk

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Creme brulee with shortbread £6.95

Contains: Egg, Milk, Sulphur Dioxide

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Coffees and Hot Drinks

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Cafetiere of coffee £2.95

Contains: Milk

Cappuccino £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding

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Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk