

The White Hart

Gluten Free Menu

~ Wednesday 22nd September 2021 ~

Starters

Seared scallops with ham fritters, pea purée and lemon dressing 11.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Carrot and ginger soup, GF bread 5.95

Nibbles

Nocellara olives (vg) 3.95

BBQ chicken wings 5.75

Halloumi fries, tomato salsa 5.95

Beer battered king prawns, sriracha mayonnaise 5.95

Warm chorizo sausage, roquito peppers 5.95

Lightbites and Mains

Broccoli and Stilton quiche, crème fraîche new potatoes, baby gem, grapes, caramelised pecans 9.95

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95

Buttercross Farm pork and leek sausages, buttered mash potatoes, onion gravy 13.95/10.95

Appleby's Cheshire cheese, onion and potato pie with buttered greens, beetroot, white wine and mustard sauce 13.95

Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95

Honey roasted ham (served cold) with free range eggs and chips 13.95/10.95

Pan fried sea bass, crayfish risotto, pea veloute, crisp ham 17.50

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95

Steak and ale pie, mash, buttered greens, red wine gravy 14.95

Lamb kofta, cucumber mint raita 5.95

Sides

Buttered vegetables 3.95

Beer battered onion rings 3.95

Minted buttered new potatoes 3.95

Chunky chips 3.75 Tomato and rocket salad, onions and lemon dressing 3.95 Mixed salad (vg) 3.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



Childrens Menu

Chicken goujons, chips, peas 6.95

Fish fingers, chips and peas 6.95

5oz rump steak, fries, peas 8.95

Tomato and basil pasta, cheese 5.95

Puddings

Creme brulee with shortbread 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce 6.75

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; vanilla, honeycomb, strawberry, chocolate, cherry sorbet, blackcurrant sorbet, raspberry sorbet, orange sorbet 5.85

Also available as 2 scoops 3.90 1 scoop 1.95

Cheshire Farm ice cream choose one scoop from; vanilla, honeycomb, strawberry, chocolate, cherry sorbet, blackcurrant sorbet, raspberry sorbet, orange sorbet 1.95

Cheshire Farm ice cream choose two scoops from; vanilla, honeycomb, strawberry, chocolate, cherry sorbet, blackcurrant sorbet, raspberry sorbet, orange sorbet 3.90

Coffees and Hot Drinks

Cappuccino 2.95

Latte 2.95

Flat white 2.95

Americano 2.95

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

Creme brulee with shortbread 6.95

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Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters

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Seared scallops with ham fritters, pea purée and lemon dressing £11.95

Contains: Molluscs, Egg, Milk, Celery, Mustard, Sulphur Dioxide

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Carrot and ginger soup, GF bread £5.95

Contains: Egg, Milk, Celery

Nibbles

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Nocellara olives (vg) £3.95

BBQ chicken wings £5.75

Contains: Celery, Mustard

Halloumi fries, tomato salsa £5.95

Contains: Milk

Beer battered king prawns, sriracha mayonnaise £5.95

Contains: Crustaceans, Egg, Mustard

Warm chorizo sausage, roquito peppers £5.95

Contains: Soya, Milk

Lightbites and Mains

.....
Broccoli and Stilton quiche, crème fraîche new potatoes, baby gem, grapes, caramelised pecans £9.95

Contains: Egg, Nuts, Milk, Celery

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Buttercross Farm pork and leek sausages, buttered mash potatoes, onion gravy £13.95

Contains: Milk, Celery, Sulphur Dioxide

Appleby's Cheshire cheese, onion and potato pie with buttered greens, beetroot, white wine and mustard sauce £13.95

Contains: Egg, Milk, Celery, Mustard, Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Honey roasted ham (served cold) with free range eggs and chips £13.95

Contains: Egg, Mustard, Sulphur Dioxide

Pan fried sea bass, crayfish risotto, pea veloute, crisp ham £17.50

Contains: Crustaceans, Fish, Milk, Celery, Sulphur Dioxide

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

Contains: Milk, Mustard, Sulphur Dioxide

Steak and ale pie, mash, buttered greens, red wine gravy £14.95

Contains: Milk, Sulphur Dioxide

Lamb kofta, cucumber mint raita £5.95

Contains: Soya, Milk, Sulphur Dioxide

Sides

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Chunky chips £3.75

Beer battered onion rings £3.95

Tomato and rocket salad, onions and lemon dressing £3.95

Minted buttered new potatoes £3.95

Contains: Milk

Mixed salad (vg) £3.95

Childrens Menu

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Fish fingers, chips and peas £6.95

Contains: Egg, Fish, Milk

5oz rump steak, fries, peas £8.95

Contains: Celery, Sulphur Dioxide

Tomato and basil pasta, cheese £5.95

Contains: Milk

Puddings

Creme brulee with shortbread £6.95

Contains: Egg, Milk, Sulphur Dioxide

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce £6.75

Contains: Egg, Milk

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Also available as 2 scoops 3.90 1 scoop 1.95

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Coffees and Hot Drinks

Cappuccino £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

Creme brulee with shortbread £6.95

Contains: Egg, Milk

vanilla

Contains: Milk

honeycomb

Contains: Milk

strawberry

Contains: Milk

chocolate

Contains: Milk

cherry sorbet

blackcurrant sorbet

raspberry sorbet

orange sorbet