

# The White Hart

## Gluten Free Menu

~ Tuesday 21st September 2021 ~

### Starters

Seared scallops with ham fritters, pea purée and lemon dressing 11.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Carrot and ginger soup, GF bread 5.95

### Nibbles

Nocellara olives (vg) 3.95

BBQ chicken wings 5.75

Halloumi fries, tomato salsa 5.95

Beer battered king prawns, sriracha mayonnaise 5.95

Warm chorizo sausage, roquito peppers 5.95

### Lightbites and Mains

Broccoli and Stilton quiche, crème fraîche new potatoes, baby gem, grapes, caramelised pecans 9.95

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95

Buttercross Farm pork and leek sausages, buttered mash potatoes, onion gravy 13.95/10.95

Appleby's Cheshire cheese, onion and potato pie with buttered greens, beetroot, white wine and mustard sauce 13.95

Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95

Honey roasted ham (served cold) with free range eggs and chips 13.95/10.95

Pan fried sea bass, crayfish risotto, pea veloute, crisp ham 17.50

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95

Steak and ale pie, mash, buttered greens, red wine gravy 14.95

### Sides

Buttered vegetables 3.95

Beer battered onion rings 3.95

Minted buttered new potatoes 3.95

Chunky chips 3.75

Tomato and rocket salad, onions and lemon dressing 3.95

Mixed salad (vg) 3.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



## Childrens Menu

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**Chicken goujons, chips, peas 6.95**

**Fish fingers, chips and peas 6.95**

**5oz rump steak, fries, peas 8.95**

**Tomato and basil pasta, cheese 5.95**

## Puddings

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**Creme brulee with shortbread 6.95**

**Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95**

**Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95**

**Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce 6.75**

## Ice Creams and Sorbets

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**Cheshire Farm ice cream** choose three scoops from; vanilla, honeycomb, strawberry, chocolate, cherry sorbet, blackcurrant sorbet, raspberry sorbet, orange sorbet 5.85

**Also available as** 2 scoops 3.90 1 scoop 1.95

**Cheshire Farm ice cream** choose one scoop from; vanilla, honeycomb, strawberry, chocolate, cherry sorbet, blackcurrant sorbet, raspberry sorbet, orange sorbet 1.95

**Cheshire Farm ice cream** choose two scoops from; vanilla, honeycomb, strawberry, chocolate, cherry sorbet, blackcurrant sorbet, raspberry sorbet, orange sorbet 3.90

## Coffees and Hot Drinks

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**Cappuccino 2.95**

**Latte 2.95**

**Flat white 2.95**

**Americano 2.95**

**Double Espresso 3.45**

**Selection of tea 2.70**

**Hot chocolate 2.95**

## Hot Drink with a Small Pudding

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**Triple chocolate brownie, vanilla ice cream 6.95**

**Sticky toffee pudding, vanilla ice cream 6.95**

**Creme brulee with shortbread 6.95**



# The White Hart

## Gluten Free Menu

With Allergen Information

~ Tuesday 21st September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

### Starters

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**Seared scallops** with ham fritters, pea purée and lemon dressing £11.95

*Contains: Molluscs, Egg, Milk, Celery, Mustard, Sulphur Dioxide*

**Chicken liver pâté**, carrot and apricot chutney, GF seeded toast £6.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Carrot and ginger soup**, GF bread £5.95

*Contains: Egg, Milk, Celery*

### Nibbles

.....  
**Nocellara olives (vg)** £3.95

**BBQ chicken wings** £5.75

*Contains: Celery, Mustard*

**Halloumi fries, tomato salsa** £5.95

*Contains: Milk*

**Beer battered king prawns**, sriracha mayonnaise £5.95

*Contains: Crustaceans, Egg, Mustard*

**Warm chorizo sausage**, roquito peppers £5.95

*Contains: Soya, Milk*

### Lightbites and Mains

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**Broccoli and Stilton quiche**, crème fraîche new potatoes, baby gem, grapes, caramelised pecans £9.95

*Contains: Egg, Nuts, Milk, Celery*

**Deep fried cod in beer batter**, chips, mushy peas, tartare sauce £14.95

*Contains: Egg, Fish, Sulphur Dioxide*

**Smoked haddock and salmon fishcakes**, tomato and spring onion salad £13.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Buttercross Farm pork and leek sausages**, buttered mash potatoes, onion gravy £13.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Appleby's Cheshire cheese, onion and potato pie** with buttered greens, beetroot, white wine and mustard sauce £13.95

*Contains: Egg, Milk, Celery, Mustard, Sulphur Dioxide*

**Crispy beef salad**, sweet chilli sauce, roasted cashew nuts £13.95

*Contains: Nuts, Soya, Celery*

**Honey roasted ham** (served cold) with free range eggs and chips £13.95

*Contains: Egg, Mustard, Sulphur Dioxide*

**Pan fried sea bass**, crayfish risotto, pea veloute, crisp ham £17.50

*Contains: Crustaceans, Fish, Milk, Celery, Sulphur Dioxide*

**10oz ribeye** with Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

*Contains: Milk, Mustard, Sulphur Dioxide*

**Steak and ale pie**, mash, buttered greens, red wine gravy £14.95

*Contains: Milk, Sulphur Dioxide*

## Sides

Buttered vegetables £3.95

*Contains: Milk, Sulphur Dioxide*

Chunky chips £3.75

Beer battered onion rings £3.95

Tomato and rocket salad, onions and lemon dressing £3.95

Minted buttered new potatoes £3.95

*Contains: Milk*

Mixed salad (vg) £3.95

## Childrens Menu

**Chicken goujons**, chips, peas £6.95

*Contains: Egg, Milk*

**Fish fingers**, chips and peas £6.95

*Contains: Egg, Fish, Milk*

**5oz rump steak**, fries, peas £8.95

*Contains: Celery, Sulphur Dioxide*

**Tomato and basil pasta**, cheese £5.95

*Contains: Milk*

## Puddings

**Creme brulee** with shortbread £6.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Sticky toffee pudding**, toffee sauce, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Triple chocolate brownie**, chocolate sauce, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Eton mess**, strawberries, vanilla cream, broken meringue and raspberry sauce £6.75

*Contains: Egg, Milk*

## Ice Creams and Sorbets

**Cheshire Farm ice cream** choose three scoops from; £5.85

*Contains: Milk*

**Also available as** 2 scoops 3.90 1 scoop 1.95

**Cheshire Farm ice cream** choose one scoop from; £1.95

*Contains: Milk*

**Cheshire Farm ice cream** choose two scoops from; £3.90

*Contains: Milk*

## Coffees and Hot Drinks

**Cappuccino** £2.95

*Contains: Milk*

**Latte** £2.95

*Contains: Milk*

**Flat white** £2.95

*Contains: Milk*

**Americano** £2.95

*Contains: Milk*

**Double Espresso** £3.45

*Contains: Milk*

**Selection of tea** £2.70

*Contains: Milk*

**Hot chocolate** £2.95

*Contains: Milk*

## Hot Drink with a Small Pudding

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**Triple chocolate brownie**, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding**, vanilla ice cream £6.95

*Contains: Egg, Milk*

**Creme brulee** with shortbread £6.95

*Contains: Egg, Milk*

**vanilla**

*Contains: Milk*

**honeycomb**

*Contains: Milk*

**strawberry**

*Contains: Milk*

**chocolate**

*Contains: Milk*

**cherry sorbet**

**blackcurrant sorbet**

**raspberry sorbet**

**orange sorbet**