

The White Hart Cadnam

~ Wednesday 22nd September 2021 ~

Starters and Nibbles

Cauliflower and Cheddar soup with chunky bread and butter	5.95
Chicken liver pâté , carrot and apricot chutney, toast	6.95
Prawn cocktail , buttered seeded bread	8.95
Carrot and red onion bhaji , coconut yoghurt, mango chutney (vg)	6.50
Red pepper hummus, warm pitta (vg)	4.95
BBQ chicken wings	5.75
Halloumi fries, tomato salsa	5.95
Crispy baby squid, sweet chilli sauce	5.95
Garlic and chilli king prawns	6.95
Crispy vegetable parcels, chilli mango dip	5.25
Nocellara olives (vg)	3.95

Mains

10oz Sirloin, Dijon and tarragon butter , portobello mushrooms, tomato, chips	25.95
Honey roasted ham (served cold), free range eggs, chips	13.95 /10.95
Deep fried cod in beer batter , chips, mushy peas, tartare sauce	14.95 /10.95
Smoked haddock and salmon fishcakes , tomato and spring onion salad	13.95 /10.95
Crispy buttermilk chicken burger , bacon, garlic mayonnaise, slaw, chips	13.95
Steak burger, grilled bacon, Cheddar , spiced tomato mayonnaise, coleslaw, fries	13.95
Fragrant Thai chicken salad , coconut and lime dressing, pak choi, mango	14.95
Steak and ale pie , mash, buttered greens, red wine gravy	14.95
Fish pie ; salmon, smoked haddock and prawns with French style peas	16.95
Mushroom bourguignon pie , red wine gravy, sauteed greens (vg)	13.95
Braised shoulder of lamb , minted new potatoes, seasonal vegetables, rosemary gravy	18.95
Sweet potato, aubergine and chickpea Malaysian curry , coconut rice, steamed pak choi (vg)	13.95
Crispy beef salad , sweet chilli sauce, roasted cashew nuts	13.95

Light Bites

Rump steak sandwich , Dijon tarragon mayonnaise, onions and fries	11.95
Smoked salmon, asparagus and spinach quiche , crème fraîche new potatoes, tomatoes, samphire, peashoots	9.95
Chicken, rocket and mayonnaise sandwich	6.75
Open prawn , Marie Rose on seeded bloomer	8.95

Sides

Chunky chips	3.75	Mixed salad (vg)	3.95	Garlic bread with cheese	4.50
Fries	3.75	Garlic bread	3.95		

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.

Childrens Mains

5oz rump steak, fries, peas 8.95	Fish fingers, chips, peas 6.95
Chicken goujons, chips, peas 6.95	Beef burger, cheese, chips 6.95
Penne pasta, tomato and basil sauce and cheddar cheese 5.95	

Childrens Puddings

Chocolate brownie, vanilla ice cream	3.95
Sticky toffee pudding, vanilla ice cream	3.95
Hot waffle, banana, honeycomb ice cream	3.95

Puddings

Dark chocolate and orange tart, raspberry sorbet (vg)	6.95
Triple chocolate brownie, chocolate sauce, vanilla ice cream	6.95
Sticky toffee pudding, toffee sauce, vanilla ice cream	6.95
Lemon cheesecake, raspberry sorbet	6.95
Rhubarb and stem ginger sponge, vanilla custard	6.50
Hot waffle, caramelised banana toffee sauce, vanilla ice cream	6.95
Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce	6.75
A selection of British farmhouse cheese, biscuits, chutney, celery	6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; vanilla, strawberry, chocolate, salted caramel, raspberry ripple, honeycomb, raspberry sorbet, lemon sorbet	5.85
Cheshire Farm ice cream choose two scoops from; vanilla, strawberry, chocolate, salted caramel, raspberry ripple, honeycomb, raspberry sorbet, lemon sorbet	3.90
Cheshire Farm ice cream choose one scoop from; vanilla, strawberry, chocolate, salted caramel, raspberry ripple, honeycomb, raspberry sorbet, lemon sorbet	1.95

Hot Drink with a Small Pudding

Mini triple chocolate brownie, vanilla ice cream	6.95
Mini sticky toffee pudding, vanilla ice cream	6.95
Mini waffle, banana, honeycomb ice cream	6.95

Coffees and Hot Drinks

Cafetiere of coffee 2.95	Americano 2.95
Latte 2.95	Espresso 2.45
Cappuccino 2.95	Double espresso 3.45
Flat white 2.95	Selection of tea 2.70

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With Allergen Information

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If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient.

Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

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Cauliflower and Cheddar soup with chunky bread and butter £5.95

Contains: Gluten, Milk, Celery

Chicken liver pâté, carrot and apricot chutney, toast £6.95

Contains: Gluten, Egg, Milk, Sulphur Dioxide

Prawn cocktail, buttered seeded bread £8.95

Contains: Gluten, Crustaceans, Egg, Milk, Celery, Mustard

Carrot and red onion bhaji, coconut yoghurt, mango chutney (vg) £6.50

Contains: Mustard

Red pepper hummus, warm pitta (vg) £4.95

Contains: Gluten, Sesame

BBQ chicken wings £5.75

Contains: Celery, Mustard

Halloumi fries, tomato salsa £5.95

Contains: Egg, Milk

Crispy baby squid, sweet chilli sauce £5.95

Contains: Gluten, Molluscs

Garlic and chilli king prawns £6.95

Contains: Crustaceans, Milk

Crispy vegetable parcels, chilli mango dip £5.25

Contains: Gluten, Soya, Sesame

Nocellara olives (vg) £3.95

Mains

.....
10oz Sirloin, Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

Contains: Milk, Mustard, Sulphur Dioxide

Honey roasted ham (served cold), free range eggs, chips £13.95

Contains: Egg, Mustard, Sulphur Dioxide

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Crispy buttermilk chicken burger, bacon, garlic mayonnaise, slaw, chips £13.95

Contains: Gluten, Egg, Milk, Celery, Mustard, Sulphur Dioxide

Steak burger, grilled bacon, Cheddar, spiced tomato mayonnaise, coleslaw, fries £13.95

Contains: Gluten, Egg, Soya, Milk, Mustard, Sulphur Dioxide

Fragrant Thai chicken salad, coconut and lime dressing, pak choi, mango £14.95

Contains: Fish, Sulphur Dioxide

Steak and ale pie, mash, buttered greens, red wine gravy £14.95

Contains: Milk, Sulphur Dioxide

Fish pie; salmon, smoked haddock and prawns with French style peas £16.95

Contains: Crustaceans, Egg, Fish, Soya, Milk, Celery, Sulphur Dioxide

Mushroom bourguignon pie, red wine gravy, sauteed greens (vg) £13.95

Contains: Celery, Sulphur Dioxide

Braised shoulder of lamb, minted new potatoes, seasonal vegetables, rosemary gravy £18.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Sweet potato, aubergine and chickpea Malaysian curry, coconut rice, steamed pak choi (vg) £13.95

Contains: Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Light Bites

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Rump steak sandwich, Dijon tarragon mayonnaise, onions and fries £11.95

Contains: Gluten, Egg, Mustard, Sulphur Dioxide

Smoked salmon, asparagus and spinach quiche, crème fraîche new potatoes, tomatoes, samphire, peashoots £9.95

Contains: Egg, Fish, Milk

Chicken, rocket and mayonnaise sandwich £6.75

Contains: Gluten, Egg, Milk, Mustard, Sulphur Dioxide

Open prawn, Marie Rose on seeded bloomer £8.95

Contains: Gluten, Crustaceans, Egg, Milk, Mustard

Sides

.....
Chunky chips £3.75

Fries £3.75

Mixed salad (vg) £3.95

Garlic bread £3.95

Contains: Gluten, Milk

Garlic bread with cheese £4.50

Contains: Gluten, Milk

Childrens Mains

.....
5oz rump steak, fries, peas £8.95

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Penne pasta, tomato and basil sauce and cheddar cheese £5.95

Contains: Gluten, Milk

Fish fingers, chips, peas £6.95

Contains: Egg, Fish, Milk

Beef burger, cheese, chips £6.95

Contains: Gluten, Soya, Milk

Childrens Puddings

Chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Hot waffle, banana, honeycomb ice cream £3.95

Contains: Gluten, Egg, Soya, Milk

Puddings

Dark chocolate and orange tart, raspberry sorbet (vg) £6.95

Contains: Gluten, Soya, Sulphur Dioxide

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Lemon cheesecake, raspberry sorbet £6.95

Contains: Egg, Milk, Sulphur Dioxide

Rhubarb and stem ginger sponge, vanilla custard £6.50

Contains: Gluten, Egg, Milk, Sulphur Dioxide

Hot waffle, caramelised banana toffee sauce, vanilla ice cream £6.95

Contains: Gluten, Egg, Soya, Milk

Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce £6.75

Contains: Egg, Milk

A selection of British farmhouse cheese, biscuits, chutney, celery £6.95

Contains: Gluten, Egg, Milk, Celery, Sulphur Dioxide

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Hot Drink with a Small Pudding

Mini triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Mini sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

Mini waffle, banana, honeycomb ice cream £6.95

Contains: Gluten, Egg, Soya, Milk

Coffees and Hot Drinks

Cafetiere of coffee £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Cappuccino £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Espresso £2.45

Contains: Milk

Double espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

vanilla

Contains: Milk

strawberry

Contains: Milk

chocolate

Contains: Milk

salted caramel

Contains: Milk

raspberry ripple

Contains: Milk

honeycomb

Contains: Milk

raspberry sorbet

lemon sorbet