



The White Hart

Gluten Free Menu

~ Tuesday 21st September 2021 ~

While you wait

Tonbridge Countryman Gluten free Bitter 4.50

Prosecco Royale Prosecco with Chambord liqueur and fresh raspberry 8.20

Starters

Roasted white onion and cider soup with thyme cream 5.95

Crispy feta arancini sun-blushed tomato sauce, pine nut salad (vg) 6.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Mezze - marinated aubergine and courgette, blush tomatoes, red pepper hummus and flat bread toasts 6.25

Buffalo mozzarella salad with heritage tomatoes, gazpacho and a balsamic syrup 6.95

Garlic and chilli King prawns 6.95

Warm chorizo sausage, roquito peppers 5.95

Nocellara olives (vg) 3.95

Mains

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

10oz Sirloin, Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95

Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95

Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95

Steak and ale pie, mash, buttered greens, red wine gravy 14.95

Honey roasted ham (served cold) with free range eggs and chips 13.95/10.95

Mature Cheddar, potato, onion and chive quiche, crème fraîche new potatoes, tomatoes, baby gem salad 9.95

Sides

Chunky chips 3.75

Mixed salad (vg) 3.95

Fries 3.75

Buttered vegetables 3.95

Childrens Menu

Fish fingers, chips and peas 6.95

Sticky toffee pudding, vanilla ice cream 3.95

Triple chocolate brownie, vanilla ice cream 3.95

Pork and leek sausages with chips and garden peas 7.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Blackcurrant cheesecake with Sicilian lemon sorbet 6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; Cheshire Farm ice cream, Cheshire Farm ice cream, Cheshire Farm ice cream 5.85

One and two scoop options available

Coffees and Hot Drinks

Cafetiere of coffee 2.95

Latte 2.95

Flat white 2.95

Americano 2.95

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95



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Gluten Free Menu

With Allergen Information

~ Tuesday 21st September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

While you wait

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Tonbridge Countryman Gluten free Bitter £4.50

Prosecco Royale Prosecco with Chambord liqueur and fresh raspberry £8.20

Starters

.....
Roasted white onion and cider soup with thyme cream £5.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Crispy feta arancini sun-blushed tomato sauce, pine nut salad (vg) £6.95

Contains: Celery, Sulphur Dioxide

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Mezze - marinated aubergine and courgette, blush tomatoes, red pepper hummus and flat bread toasts £6.25

Contains: Egg, Sesame, Sulphur Dioxide

Buffalo mozzarella salad with heritage tomatoes, gazpacho and a balsamic syrup £6.95

Contains: Milk, Sulphur Dioxide

Garlic and chilli King prawns £6.95

Contains: Crustaceans, Milk

Nocellara olives (vg) £3.95

Warm chorizo sausage, roquito peppers £5.95

Contains: Soya, Milk

Mains

.....
Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

10oz Sirloin, Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

Contains: Milk, Mustard, Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Steak and ale pie, mash, buttered greens, red wine gravy £14.95

Contains: Milk, Sulphur Dioxide

Honey roasted ham (served cold) with free range eggs and chips £13.95

Contains: Egg, Mustard, Sulphur Dioxide

Mature Cheddar, potato, onion and chive quiche, crème fraîche new potatoes, tomatoes, baby gem salad £9.95

Contains: Egg, Milk, Sulphur Dioxide

Sides

Chunky chips £3.75

Fries £3.75

Mixed salad (vg) £3.95

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Childrens Menu

Fish fingers, chips and peas £6.95

Contains: Egg, Fish, Milk

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Pork and leek sausages with chips and garden peas £7.95

Contains: Sulphur Dioxide

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Blackcurrant cheesecake with Sicilian lemon sorbet £6.95

Contains: Milk, Sulphur Dioxide

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Coffees and Hot Drinks

Cafetiere of coffee £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding

.....
Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk