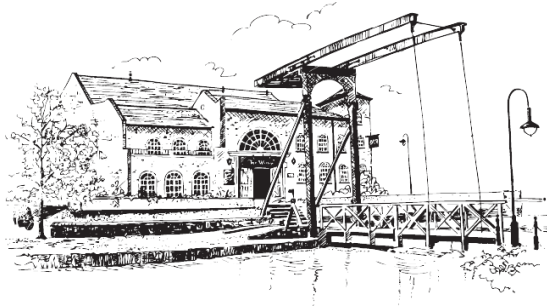


The Wharf

Gluten Free Menu

~ Tuesday 21st September 2021 ~



Nibbles

Nocellara olives (vg) 3.95	Crispy chilli beef, cashew nuts 6.75
King prawns with garlic and coriander 6.95	Halloumi fries, tomato salsa 5.95
Warm chorizo sausage, roquito peppers 5.95	

Mains

Pan fried stone bass, king prawns, red chard, lemon, parsley buttered Jersey Royal potatoes 17.95
Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95
Sweet potato and aubergine katsu curry with edamame bean and pickled ginger, coconut rice (vg) 13.95
Smoked haddock and salmon fishcake with tomato and spring onion salad 10.95
Steak and ale pie, mash, buttered greens, red wine gravy 14.95
Buttercross farm pork, honey and mustard sausages, buttered mash potatoes, onion gravy 13.95

Sides

Chunky chips 3.75	Beer battered onion rings 3.95
Fries 3.75	Buttered vegetables 3.95
Peppercorn sauce 2.50	

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



Childrens Menu

5oz rump steak, fries, peas 8.95	Tomato and basil pasta, cheese 5.95
Chicken goujons, chips, peas 6.95	Triple chocolate brownie, vanilla ice cream 3.95
Fish fingers, chips and peas 6.95	Sticky toffee pudding, vanilla ice cream 3.95

Puddings

Triple chocolate brownie , chocolate sauce, vanilla ice cream 6.95
Sticky toffee pudding , toffee sauce, vanilla ice cream 6.95
Creme brulee with shortbread 6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; vanilla, coconut, raspberry sorbet, lemon sorbet, salted caramel, chocolate 5.85
Cheshire Farm ice cream choose two scoops from; vanilla, coconut, raspberry sorbet, lemon sorbet, salted caramel, chocolate 3.90
Cheshire Farm ice cream choose one scoop from; vanilla, coconut, raspberry sorbet, lemon sorbet, salted caramel, chocolate 1.95

Coffees and Hot Drinks

Cappuccino 2.95	Double Espresso 3.45
Latte 2.95	Selection of tea 2.70
Flat white 2.95	Hot chocolate 2.95
Americano 2.95	

Hot Drink with a Small Pudding

Triple chocolate brownie , vanilla ice cream 6.95
Sticky toffee pudding , vanilla ice cream 6.95

The Wharf

Gluten Free Menu

With Allergen Information

~ Tuesday 21st September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.



Nibbles

.....
Nocellara olives (vg) £3.95

King prawns with garlic and coriander £6.95

Contains: Crustaceans, Milk

Warm chorizo sausage, roquito peppers £5.95

Contains: Soya, Milk

Crispy chilli beef, cashew nuts £6.75

Contains: Nuts, Soya, Celery

Halloumi fries, tomato salsa £5.95

Contains: Milk

Mains

.....
Pan fried stone bass, king prawns, red chard, lemon, parsley buttered Jersey Royal potatoes £17.95

Contains: Crustaceans, Fish, Milk

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Sweet potato and aubergine katsu curry with edamame bean and pickled ginger, coconut rice (vg) £13.95

Contains: Soya, Sulphur Dioxide

Smoked haddock and salmon fishcake with tomato and spring onion salad £10.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Steak and ale pie, mash, buttered greens, red wine gravy £14.95

Contains: Milk, Sulphur Dioxide

Buttercross farm pork, honey and mustard sausages, buttered mash potatoes, onion gravy £13.95

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Sides

Chunky chips £3.75

Fries £3.75

Peppercorn sauce £2.50

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Beer battered onion rings £3.95

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Childrens Menu

5oz rump steak, fries, peas £8.95

Contains: Celery, Sulphur Dioxide

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Fish fingers, chips and peas £6.95

Contains: Egg, Fish, Milk

Tomato and basil pasta, cheese £5.95

Contains: Milk

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Creme brulee with shortbread £6.95

Contains: Egg, Milk, Sulphur Dioxide

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Coffees and Hot Drinks

Cappuccino £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding

.....
Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

vanilla

Contains: Milk

coconut

Contains: Milk

raspberry sorbet

lemon sorbet

salted caramel

Contains: Milk

chocolate

Contains: Milk