

# The Tally Ho

## Gluten Free Menu

~ Tuesday 21st September 2021 ~

### Starters and Nibbles

Lightly curried sweet potato and coconut soup, harissa chickpeas, GF bread and butter 5.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Prawn cocktail, buttered GF seeded bread 8.95

Seared scallops sweetcorn puree and chorizo 12.95

Nocellara olives (vg) 3.95

Pork and apricot pie 4.25

Garlic and chilli King prawns 6.95

Halloumi fries, tomato salsa 5.95

### Mains

Sweet potato, red pepper and goats cheese quiche, crème fraîche new potato salad 9.95

Hot smoked salmon salad, beetroot, asparagus, sugar snaps, tender stem, and soft boiled egg 15.95

Mushroom bourguignon pie, red wine gravy, sautéed greens (vg) 13.95

Steak and ale pie, mash, buttered greens, red wine gravy 14.95

Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

Honey roasted ham (served cold) with free range eggs and chips 13.95/10.95

Braised shoulder of lamb, minted new potatoes, seasonal vegetables, rosemary gravy 18.95

10oz rump, Dijon tarragon butter, portobello mushrooms, tomato, chips 23.95

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95

### Sides

Fries 3.75

Chunky chips 3.75

Buttered vegetables 3.95

Beer battered onion rings 3.95

Peppercorn sauce 2.50

Minted buttered new potatoes 3.95

Truffle and Parmesan fries 4.75

### Childrens Menu

Chicken goujons, chips, peas 6.95

Fish fingers, chips and peas 6.95

5oz rump steak, fries, peas 8.95

### Puddings

Passion fruit meringue roulade, passion fruit coulis, coconut ice cream 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

### Hot Drink with a Small Pudding

Sticky toffee pudding, vanilla ice cream 6.95

Triple chocolate brownie, vanilla ice cream 6.95

### Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; 5.85

Sorbets Passion fruit, Lemon, Raspberry and Cherry

Also available in 2 scoops 3.90 and 1 scoop 1.95





# The Tally Ho

## Gluten Free Menu

With Allergen Information

~ Tuesday 21st September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

### Starters and Nibbles

**Lightly curried sweet potato and coconut soup**, harissa chickpeas, GF bread and butter £5.95

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

**Chicken liver pâté**, carrot and apricot chutney, GF seeded toast £6.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Prawn cocktail**, buttered GF seeded bread £8.95

*Contains: Crustaceans, Egg, Milk, Mustard*

**Seared scallops** sweetcorn puree and chorizo £12.95

*Contains: Molluscs, Soya, Milk, Sulphur Dioxide*

**Nocellara olives (vg)** £3.95

**Pork and apricot pie** £4.25

*Contains: Sulphur Dioxide*

**Garlic and chilli King prawns** £6.95

*Contains: Crustaceans, Milk*

**Halloumi fries, tomato salsa** £5.95

*Contains: Milk*

### Mains

**Sweet potato, red pepper and goats cheese quiche**, crème fraîche new potato salad £9.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Hot smoked salmon salad**, beetroot, asparagus, sugar snaps, tender stem, and soft boiled egg £15.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Mushroom bourguignon pie**, red wine gravy, sautéed greens (vg) £13.95

*Contains: Celery, Sulphur Dioxide*

**Steak and ale pie**, mash, buttered greens, red wine gravy £14.95

*Contains: Milk, Sulphur Dioxide*

**Smoked haddock and salmon fishcakes**, tomato and spring onion salad £13.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Deep fried cod in beer batter**, chips, mushy peas, tartare sauce £14.95

*Contains: Egg, Fish, Sulphur Dioxide*

**Honey roasted ham** (served cold) with free range eggs and chips £13.95

*Contains: Egg, Mustard, Sulphur Dioxide*

**Braised shoulder of lamb**, minted new potatoes, seasonal vegetables, rosemary gravy £18.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

**10oz rump**, Dijon tarragon butter, portobello mushrooms, tomato, chips £23.95

*Contains: Milk, Mustard, Sulphur Dioxide*

**10oz ribeye** with Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

*Contains: Milk, Mustard, Sulphur Dioxide*

## Sides

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Fries £3.75

Chunky chips £3.75

Buttered vegetables £3.95

*Contains: Milk, Sulphur Dioxide*

Beer battered onion rings £3.95

Peppercorn sauce £2.50

*Contains: Milk, Celery, Mustard, Sulphur Dioxide*

Minted buttered new potatoes £3.95

*Contains: Milk*

Truffle and Parmesan fries £4.75

## Childrens Menu

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**Chicken goujons**, chips, peas £6.95

*Contains: Egg, Milk*

**Fish fingers**, chips and peas £6.95

*Contains: Egg, Fish, Milk*

**5oz rump steak**, fries, peas £8.95

*Contains: Celery, Sulphur Dioxide*

## Puddings

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**Passion fruit meringue roulade**, passion fruit coulis, coconut ice cream £6.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Sticky toffee pudding**, toffee sauce, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Triple chocolate brownie**, chocolate sauce, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

## Hot Drink with a Small Pudding

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**Sticky toffee pudding**, vanilla ice cream £6.95

*Contains: Egg, Milk*

**Triple chocolate brownie**, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

## Ice Creams and Sorbets

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**Cheshire Farm ice cream** choose three scoops from; £5.85

*Contains: Milk*

**Sorbets** Passion fruit, Lemon, Raspberry and Cherry

Also available in 2 scoops 3.90 and 1 scoop 1.95

Chunky Chips or Fries £3.75

Truffle and parmesan Fries £4.75

*Contains: Milk*

**Cheshire Farm ice cream** choose one scoop from; £1.95

*Contains: Milk*

**Cheshire Farm ice cream** choose two scoops from; £3.90

*Contains: Milk*