

The Rowbarge

Gluten Free Menu

~ Wednesday 22nd September 2021 ~

Starters and Nibbles

- Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95
Prawn cocktail, buttered GF seeded bread 8.95
Smoked mackerel rillettes, cucumber, fennel, seeded brown melba toast 7.95
Lightly curried sweet potato and coconut soup, harissa chickpeas, GF bread and butter 5.95

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| Nocellara olives (vg) 3.95 | Halloumi fries, tomato salsa 5.95 |
| Balti king prawns with lime and mint yoghurt 6.95 | Crispy chilli beef, cashew nuts 6.75 |
| Pork chipolatas, honey mustard 4.95 | |

Mains

- Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95
Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95
Steak and ale pie, mash, buttered greens, red wine gravy 14.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95
Buttercross farm pork and apple sausages, buttered mash potatoes, onion gravy 13.95

Sides

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| Chunky chips 3.75 | Mixed salad (vg) 3.95 | Beer battered onion rings 3.95 |
| Buttered vegetables 3.95 | Fries 3.75 | Peppercorn sauce 2.50 |

Childrens Menu

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| 5oz rump steak, chips, peas 8.95 | Tomato and basil pasta, cheese 5.95 |
| Chicken goujons, chips, peas 6.95 | Sticky toffee pudding, vanilla ice cream 3.95 |
| Pork and leek sausages with chips and garden peas 7.95 | Triple chocolate brownie, vanilla ice cream 3.95 |
| Fish Goujons with tartare sauce 5.25 | |

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Baked raspberry cheesecake with raspberry ripple ice cream 6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; 5.85

Cheshire Farm ice cream choose two scoops from; 3.90

Cheshire Farm ice cream choose one scoop from; 1.95

Coffees and Hot Drinks

Cappuccino 2.95

Latte 2.95

Flat white 2.95

Americano 2.95

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

Hot Drink with a Small Pudding £6.95

Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

The Rowbarge

Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient.
Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Prawn cocktail, buttered GF seeded bread £8.95

Contains: Crustaceans, Egg, Milk, Mustard

Smoked mackerel rillettes, cucumber, fennel, seeded brown melba toast £7.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Lightly curried sweet potato and coconut soup, harissa chickpeas, GF bread and butter £5.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Nocellara olives (vg) £3.95

Balti king prawns with lime and mint yoghurt £6.95

Contains: Crustaceans, Milk, Mustard

Pork chipolatas, honey mustard £4.95

Contains: Mustard, Sulphur Dioxide

Halloumi fries, tomato salsa £5.95

Contains: Milk

Crispy chilli beef, cashew nuts £6.75

Contains: Nuts, Soya, Celery

Mains

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Steak and ale pie, mash, buttered greens, red wine gravy £14.95

Contains: Milk, Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Buttercross farm pork and apple sausages, buttered mash potatoes, onion gravy £13.95

Contains: Milk, Celery, Sulphur Dioxide

Sides

Chunky chips £3.75

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Mixed salad (vg) £3.95
Fries £3.75
Beer battered onion rings £3.95
Peppercorn sauce £2.50
Contains: Milk, Celery, Mustard, Sulphur Dioxide

Childrens Menu

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5oz rump steak, chips, peas £8.95

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Pork and leek sausages with chips and garden peas £7.95

Contains: Sulphur Dioxide

Fish Goujons with tartare sauce £5.25

Contains: Egg, Fish, Milk, Sulphur Dioxide

Tomato and basil pasta, cheese £5.95

Contains: Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Puddings

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Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Baked raspberry cheesecake with raspberry ripple ice cream £6.95

Contains: Egg, Soya, Milk

Ice Creams and Sorbets

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Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Coffees and Hot Drinks

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Cappuccino £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding £6.95

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Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

Buttercross farm pork and apple sausages, buttered mash potatoes, onion gravy £10.95

Contains: Milk, Celery, Sulphur Dioxide