

# The Rowbarge

~ Monday 23rd March 2020 ~

## STARTERS, NIBBLES AND THINGS TO SHARE

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**Roast tomato red pepper soup** with herb oil and crusty bread and butter 5.25

**Chicken liver pâté** with apricot chutney and granary toast 6.95

**Crab, corriander and lime cake**, with mango & chilli salsa and asian slaw 7.95

**Blue cheese dip with celery and crostini** 3.95

**Crispy vegetable parcels with chilli mango chutney (VG)** 4.95

**Red pepper hummus with flatbread (V)** 4.25

**Nocellara olives** 4.25

**Garlic prawns** 5.95

**Black pudding chipolatas with apple sauce** 4.95

**Warm crispy beef with sweet chilli sauce** 5.95

## MAINS

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**Deep-fried cod in beer batter** with chips, mushy peas and tartare sauce 14.25

**Honey roasted ham** (served cold) with eggs and chips 11.95/9.45

**Fish pie** salmon, smoked haddock, cod, prawns and boiled egg with french style peas 14.75

**Steak burger** with cheese and grilled bacon served with coleslaw and fries 13.95

**Pork and leek sausages** with mash, buttered greens and onion gravy 11.95/9.25

**Aubergine and chick pea curry** with onion bhaji, pilau rice and raita (V) 12.95

**Smoked haddock and salmon fishcakes** with tomato and spring onion salad, and dill mayonnaise 13.95

**Rowbarge ploughmans** sausage roll, pate, barbers cheddar,  
homemade pickles and chutneys 11.95

## LIGHT BITES AND SANDWICHES

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**Open prawn sandwich** with Marie Rose mayonnaise on granary bread with mixed salad 6.95

**Smoked haddock and salmon fishcake** with tomato salad 10.95

**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts 13.95

**Grilled mediterranean vegetable ciabatta**, with red pepper hummus, olive salad and basil oil (V) 6.95

**Spring onion, leek and cheddar quiche** with potato salad 9.75

**Rump steak sandwich** with Dijon, tarragon mayonnaise and skinny fries 10.95

## SIDE ORDERS

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**Fries** 3.75

**Chunky chips** 3.75

**Tomato, rocket, shaved Parmesan salad** 3.95

**Bread with butter** 2.25

**Garlic bread** 3.50

**Garlic bread with cheese** 3.95

## PUDDINGS AND ICE CREAMS

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**Sticky toffee pudding**, with toffee sauce and vanilla ice cream 6.25

**Warm chocolate brownie** with vanilla ice cream 6.45

**Hot waffle** with butterscotch sauce, glazed banana and honeycomb ice cream 6.50

**Ginger syrup sponge** with rum and raisin ice cream 6.95

**Mango and passionfruit cheesecake** with blood orange sorbet 6.95

**Crème brûlée** with GF shortbread biscuits 6.25

**Cheshire Dairy ice cream** - served with **home made shortbread biscuit** choose from: vanilla, malt tease, chocolate, honeycomb, rum and raisin, or strawberry

**Cheshire Dairy sorbet** - choose from: mango, lemon, raspberry or strawberry

3 Scoops 5.25 / 1 Scoop 1.75

## CHEESE AND BISCUITS

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**A selection of British farmhouse cheeses;** Godminster, Colston Bassett, Oxford Isis, Golden Cross, Cornish Brie and Berkswell cheese, with crackers, grapes and chutney.

**Choose 6 cheeses to share 11.95 or enjoy 3 on your own 6.95**

## TEAS AND COFFEES

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**Cappuccino** 2.85

**Tea, (including herbal)** 2.45

**Espresso (single)** 2.25

**Espresso (double)** 3.00

**Hot chocolate** 2.85

**Irish coffee** 5.35

**Americano** 2.80

**Latte** 2.85

## COFFEE AND A SMALL PUDDING

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Choose a mini version of our puddings with a tea or coffee of your choice 6.25

**Toasted Waffle with toffee sauce**

**Sticky toffee pudding with toffee sauce**

**Warm chocolate brownie**, with vanilla ice cream

**Crème Brûlée**

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.

# The Rowbarge

With Allergen Information

~ Monday 23rd March 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

## STARTERS, NIBBLES AND THINGS TO SHARE

**Roast tomato red pepper soup** with herb oil and crusty bread and butter £5.25

*Contains: Gluten, Soya, Milk, Celery, Sesame, Sulphur Dioxide*

**Chicken liver pâté** with apricot chutney and granary toast £6.95

*Contains: Gluten, Egg, Milk, Mustard, Sulphur Dioxide*

**Crab, coriander and lime cake**, with mango & chilli salsa and asian slaw £7.95

*Contains: Crustaceans, Egg, Soya, Milk, Sulphur Dioxide*

Blue cheese dip with celery and crostini £3.95

*Contains: Gluten, Egg, Milk, Mustard, Sulphur Dioxide*

**Crispy vegetable parcels** with chilli mango chutney (VG) £4.95

*Contains: Gluten, Soya, Sesame, Sulphur Dioxide*

Red pepper hummus with flatbread (V) £4.25

*Contains: Gluten, Milk, Sesame*

Nocellara olives £4.25

Garlic prawns £5.95

*Contains: Crustaceans, Milk*

Black pudding chipolatas with apple sauce £4.95

*Contains: Soya, Milk, Sulphur Dioxide*

**Warm crispy beef** with sweet chilli sauce £5.95

*Contains: Soya*

## MAINS

**Deep-fried cod in beer batter** with chips, mushy peas and tartare sauce £14.25

*Contains: Egg, Fish, Mustard, Sulphur Dioxide*

**Honey roasted ham** (served cold) with eggs and chips £11.95

*Contains: Gluten, Egg, Mustard, Sulphur Dioxide*

**Fish pie** salmon, smoked haddock, cod, prawns and boiled egg with french style peas £14.75

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Sulphur Dioxide*

**Steak burger** with cheese and grilled bacon served with coleslaw and fries £13.95

*Contains: Gluten, Egg, Soya, Milk, Celery, Mustard, Sulphur Dioxide*

**Pork and leek sausages** with mash, buttered greens and onion gravy £11.95

*Contains: Gluten, Soya, Milk, Celery, Sulphur Dioxide*

**Aubergine and chick pea curry** with onion bhaji, pilau rice and raita (V) £12.95

**Smoked haddock and salmon fishcakes** with tomato and spring onion salad, and dill mayonnaise £13.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Rowbarge ploughmans** sausage roll, pate, barbers cheddar, homemade pickles and chutneys £11.95

*Contains: Gluten, Egg, Soya, Milk, Celery, Mustard, Sulphur Dioxide*

## LIGHT BITES AND SANDWICHES

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**Open prawn sandwich** with Marie Rose mayonnaise on granary bread with mixed salad £6.95

*Contains: Gluten, Crustaceans, Egg, Fish, Soya, Milk, Mustard, Sesame, Sulphur Dioxide*

**Smoked haddock and salmon fishcake** with tomato salad £10.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts £13.95

*Contains: Nuts, Soya*

**Grilled mediterranean vegetable ciabatta**, with red pepper hummus, olive salad and basil oil (V) £6.95

*Contains: Gluten, Sesame, Sulphur Dioxide*

**Spring onion, leek and cheddar quiche** with potato salad £9.75

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

**Rump steak sandwich** with Dijon, tarragon mayonnaise and skinny fries £10.95

*Contains: Gluten, Egg, Mustard, Sulphur Dioxide*

## SIDE ORDERS

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Fries £3.75

Chunky chips £3.75

Tomato, rocket, shaved Parmesan salad £3.95

*Contains: Milk, Sulphur Dioxide*

Bread with butter £2.25

*Contains: Gluten, Soya, Milk*

Garlic bread £3.50

*Contains: Gluten, Soya, Milk*

Garlic bread with cheese £3.95

*Contains: Gluten, Soya, Milk*

## PUDDINGS AND ICE CREAMS

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**Sticky toffee pudding**, with toffee sauce and vanilla ice cream £6.25

*Contains: Egg, Soya, Milk, Sulphur Dioxide*

**Warm chocolate brownie** with vanilla ice cream £6.45

*Contains: Egg, Soya, Milk*

**Hot waffle** with butterscotch sauce, glazed banana and honeycomb ice cream £6.50

*Contains: Gluten, Egg, Soya, Milk*

**Ginger syrup sponge** with rum and raisin ice cream £6.95

*Contains: Egg, Soya, Milk*

**Mango and passionfruit cheesecake** with blood orange sorbet £6.95

*Contains: Milk*

**Crème brûlée** with GF shortbread biscuits £6.25

*Contains: Egg, Milk*

**Cheshire Dairy ice cream** - served with **home made shortbread biscuit** choose from: vanilla, malt tease, chocolate, honeycomb, rum and raisin, or strawberry

**Cheshire Dairy sorbet** - choose from: mango, lemon, raspberry or strawberry

3 Scoops 5.25 / 1 Scoop 1.75

## CHEESE AND BISCUITS

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**A selection of British farmhouse cheeses**; Godminster, Colston Bassett, Oxford Isis, Golden Cross, Cornish Brie and Berkswell cheese, with crackers, grapes and chutney.

**Choose 6 cheeses to share 11.95 or enjoy 3 on your own 6.95**

## TEAS AND COFFEES

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Cappuccino £2.85

*Contains: Gluten, Soya, Milk*

Tea, (including herbal) £2.45

*Contains: Gluten, Soya, Milk*

Espresso (single) £2.25

*Contains: Gluten, Soya, Milk*

Espresso (double) £3.00

*Contains: Gluten, Soya, Milk*

Hot chocolate £2.85

*Contains: Gluten, Soya, Milk*

Irish coffee £5.35

*Contains: Gluten, Soya, Milk, Sulphur Dioxide*

Americano £2.80

*Contains: Gluten, Milk*

Latte £2.85

*Contains: Gluten, Soya, Milk*

## COFFEE AND A SMALL PUDDING

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Choose a mini version of our puddings with a tea  
or coffee of your choice £6.25

**Toasted Waffle with toffee sauce**

**Sticky toffee pudding with toffee sauce**

**Warm chocolate brownie, with vanilla ice cream** £6.25

*Contains: Egg, Soya, Milk*

**Crème Brûlée** £6.25

*Contains: Gluten, Egg, Milk*

**Cheesy Chunky Chips** £4.50

*Contains: Milk*

**Peppercorn sauce** £1.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Crème brûlée with shortbread biscuit** £3.95

*Contains: Gluten, Egg, Milk*

**Toasted waffle with toffee sauce** £3.95

*Contains: Gluten, Egg, Soya, Milk*

**Sticky toffee pudding with toffee sauce and vanilla ice cream** £3.95

*Contains: Egg, Soya, Milk*

**A choice of local farmhouse cheeses, biscuits and chutney** Enjoy on your own (choose 1 cheese) with glass of Port  
£6.95

*Contains: Gluten, Egg, Nuts, Soya, Milk, Celery, Sesame, Sulphur Dioxide*

**A selection of six local cheeses, biscuits and chutney to share:** £11.95

*Contains: Gluten, Egg, Nuts, Soya, Milk, Celery, Sesame, Sulphur Dioxide*

**A selection of local farmhouse cheeses, biscuits and quince jelly and chutney:** Enjoy on your own (choose 3 cheeses)  
£6.95

*Contains: Gluten, Egg, Nuts, Soya, Milk, Celery, Sesame, Sulphur Dioxide*

Or one scoop -served with homemade shortbread biscuit £1.75

*Contains: Gluten, Soya, Milk*

**Ice cream (per scoop) -served with homemade shortbread biscuit** choose from strawberry, chocolate and honeycomb.

£3.50

**Ice cream (3 scoops) -served with homemade shortbread biscuit** choose from vanilla, strawberry, chocolate, coconut and/or honeycomb £5.25

*Contains: Gluten, Nuts, Soya, Milk*

**Sorbet (per scoop) -** choose from lime and tequila, mango, and blackcurrant £1.50

**Salcombe sorbets -** choose 2 scoops from lemon, mango, raspberry, strawberry and passionfruit £3.50

**Sorbet (3 scoops) -** choose from mulled wine, lemon, mango, raspberry, strawberry and passionfruit £5.25

**Creme Brulee** £6.25

*Contains: Gluten, Egg, Milk*

**Toasted Waffle with toffee sauce** £6.25

*Contains: Gluten, Egg, Soya, Milk*

**Sticky toffee pudding,** with toffee sauce and vanilla ice cream £6.25

*Contains: Egg, Soya, Milk, Sulphur Dioxide*