

The Red Lion

Gluten Free Menu

~ Wednesday 4th November 2020 ~

Starters and Nibbles

Cream of leek and potato soup with GF bread 5.95

Smoked salmon with orange and beetroot salad and horseradish cream 7.95

Chicken liver pâté with chutney and granary toast 6.95

Nocellara olives 3.95

Halloumi fries with tomato salsa 5.95

Garlic and chilli king prawn 6.75

BBQ chicken wings 5.75

Mains

Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce 14.95

Buttercross farm pork and leek sausages with mash, buttered greens and onion gravy 13.95

Sweet potato, aubergine and spinach Malaysian curry with coconut rice and pak choi Vg 13.95

Crispy beef salad with sweet chilli sauce 13.95

Game suet pudding (venison, pheasant and rabbit) with mash and buttered greens 15.00

Fish pie; salmon, smoked haddock and prawns with French style peas 16.95

Braised shoulder of lamb with minted crushed new potatoes and rosemary gravy 18.95

Beef Shin stew with charred onion, baby parsnips, savoy cabbage 16.95

Light Bites

Wild mushroom risotto with tarragon, rocket and truffle oil Vg 9.95

Smoked haddock and salmon fishcake, tomato and spring onion salad 10.95

Mature Cheddar, leek and balsamic onion quiche with crème fraîche potato salad (v) 9.95

Side Orders

Chunky chips 3.95

Fries 3.95

Buttered vegetables 3.95

Beer battered onion rings 3.95

Green salad with lemon dressing 3.95

This menu has been accredited by Coeliac UK.
Processes and training are in place to ensure that meals on this menu are gluten free. "Gluten free" describes foods that contain gluten at a level of no more than 20 parts per million (ppm).
All our food is



Children's Menu

Tomato and basil penne pasta with grated cheese 5.95

Chicken goujons with chips and peas 6.95

5oz rump steak with fries and peas 8.95

Puddings and Ice Creams

Crème brûlée with shortbread biscuits 6.75

Lemon meringue roulade with raspberry sorbet 6.75

Triple chocolate brownie with chocolate sauce and vanilla ice cream 6.75

Sticky toffee pudding with toffee sauce and vanilla ice cream 6.75

2 scoops 3.90 / 1 scoop 1.95

Cheshire Farm Ice Cream; choose from: salted caramel, chocolate, strawberry, raspberry ripple banana or vanilla 5.85

Cheshire Farm sorbet ; choose three scoops from lemon, lime and green apple 5.85

Hot Drinks

Mocha 2.95

Cafetière coffee 2.95

Cappuccino 2.95

Latte 2.95

Tea (including herbal) 2.60

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

Sticky toffee pudding

Warm chocolate brownie

Crème brûlée

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All our food is

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Gluten Free Menu

With Allergen Information

~ Wednesday 4th November 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

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Cream of leek and potato soup with GF bread £5.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Smoked salmon with orange and beetroot salad and horseradish cream £7.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Chicken liver pâté with chutney and granary toast £6.95

Contains: Egg, Milk, Mustard, Sulphur Dioxide

Nocellara olives £3.95

Halloumi fries with tomato salsa £5.95

Contains: Milk

Garlic and chilli king prawn £6.75

Contains: Crustaceans, Milk, Sulphur Dioxide

BBQ chicken wings £5.75

Contains: Celery, Mustard, Sulphur Dioxide

Mains

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Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Mustard, Sulphur Dioxide

Buttercross farm pork and leek sausages with mash, buttered greens and onion gravy £13.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Sweet potato, aubergine and spinach Malaysian curry with coconut rice and pak choi Vg £13.95

Contains: Mustard, Sulphur Dioxide

Crispy beef salad with sweet chilli sauce £13.95

Contains: Nuts, Soya

Game suet pudding (venison, pheasant and rabbit) with mash and buttered greens £15.00

Contains: Milk, Celery, Sulphur Dioxide

Fish pie; salmon, smoked haddock and prawns with French style peas £16.95

Contains: Crustaceans, Egg, Fish, Milk, Celery, Sulphur Dioxide

Braised shoulder of lamb with minted crushed new potatoes and rosemary gravy £18.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Beef Shin stew with charred onion, baby parsnips, savoy cabbage £16.95

Contains: Milk, Sulphur Dioxide

Light Bites

Wild mushroom risotto with tarragon, rocket and truffle oil Vg £9.95

Contains: Celery

Smoked haddock and salmon fishcake, tomato and spring onion salad £10.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Mature Cheddar, leek and balsamic onion quiche with crème fraîche potato salad (v) £9.95

Contains: Egg, Milk, Mustard, Sulphur Dioxide

Side Orders

Chunky chips £3.95

Fries £3.95

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Beer battered onion rings £3.95

Green salad with lemon dressing £3.95

Contains: Celery, Sulphur Dioxide

Children's Menu

Tomato and basil penne pasta with grated cheese £5.95

Contains: Milk, Sulphur Dioxide

Chicken goujons with chips and peas £6.95

Contains: Egg, Milk

5oz rump steak with fries and peas £8.95

Contains: Milk, Celery, Sulphur Dioxide

Puddings and Ice Creams

Crème brûlée with shortbread biscuits £6.75

Contains: Egg, Milk

Lemon meringue roulade with raspberry sorbet £6.75

Contains: Egg, Milk

Triple chocolate brownie with chocolate sauce and vanilla ice cream £6.75

Contains: Egg, Soya, Milk

Sticky toffee pudding with toffee sauce and vanilla ice cream £6.75

Contains: Egg, Soya, Milk

2 scoops 3.90 / 1 scoop 1.95

Cheshire Farm Ice Cream; choose from: salted caramel, chocolate, strawberry, raspberry ripple banana or vanilla £5.85

Contains: Peanuts, Nuts, Soya, Milk

Cheshire Farm sorbet ; choose three scoops from lemon, lime and green apple £5.85

Contains: Milk

Hot Drinks

Mocha £2.95

Contains: Egg, Soya, Milk

Cafetière coffee £2.95

Contains: Egg, Soya, Milk

Cappuccino £2.95

Contains: Egg, Soya, Milk

Latte £2.95

Contains: Egg, Soya, Milk

Tea (including herbal) £2.60

Contains: Egg, Soya, Milk

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea
or coffee of your choice 6.95

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Crème brûlée

Crème brûlée £6.95

Contains: Egg, Milk

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Two scoops £3.90

Contains: Peanuts, Nuts, Soya, Milk

Single scoop £1.95

Contains: Peanuts, Nuts, Soya, Milk

Two scoops £3.90

Contains: Milk

Single scoop £1.95

Contains: Milk