

The Red Fox

Gluten Free Menu

~ Tuesday 27th October 2020 ~

While You Wait

Peroni Gluten Free Classic and classy, thirst quenching Italian lager 4.00

Lervig - Lucky Jack Super hoppy, tropical American Pale Ale with floral aromas. 330ml can £4.60

Wildside - Mississippi Mud Pie Stout Chocolate, vanilla and coffee in this big, bold and creamy stout. 440ml can £5.30

Starters and Nibbles

Cream of leek and potato soup with GF bread 5.95

Chicken liver pâté with apricot chutney and granary toast 6.95

Prawn cocktail with Marie Rose sauce and buttered GF seeded bread 8.95

Stilton, mulled pear and candied walnut salad 6.95

Halloumi fries with tomato salsa (v) 5.95

Garlic and chilli king prawns 6.75

Nocellara Olives (v) 3.95

GF Chipolatas with honey and mustard 4.95

Mains

Braised shoulder of lamb with new potatoes and rosemary gravy 18.95

Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce 14.95/11.95

Pan fried red mullet with cod, mussel and bacon chowder and saffron new potatoes 16.95

Crispy beef salad with sweet chilli sauce and roasted cashew nuts 13.95

Honey roasted ham (served cold) with free range eggs and chips 13.75/10.95

10oz Rump steak, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips 21.50

Appleby's Cheshire cheese, potato and onion pie with vegetables and gravy (v) 12.95

Steak and ale pie with mash and buttered greens and onion gravy 14.95

Sweet potato, aubergine and spinach Malaysian curry with coconut rice and pak choi Vg 13.95

Side Orders

Chunky chips 3.95

Fries 3.95

Buttered vegetables 3.95

Beer battered onion rings 3.95

Green salad with lemon dressing 3.95

Peppercorn sauce 2.50

Light Bites

Smoked haddock and salmon fishcake, tomato and spring onion salad 10.95

Goats' cheese and roasted Mediterranean vegetable quiche with crème fraîche potato salad (v) 9.95

Open prawn Marie Rose sandwich on GF seeded bread 8.95

Wild mushroom risotto with tarragon, rocket and truffle oil 9.95

This menu has been accredited by Coeliac UK.

Processes and training are in place to ensure that meals on this menu are gluten free. "Gluten free" describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

All our f



Children's Menu

Tomato and basil penne pasta with grated cheese 5.95

5oz rump steak with fries and peas 8.95

Fish fingers with chips and peas 6.75

Chicken goujons with chips and peas 6.95

Puddings and Ice Creams

Triple chocolate brownie with chocolate sauce and vanilla ice cream 6.75

White chocolate cheesecake with raspberry sorbet 6.45

Sticky toffee pudding with toffee sauce and vanilla ice cream 6.75

Cheshire Farm sorbet; choose three scoops from lemon, mandarin, raspberry, apple or passion fruit 5.85

Cheshire Farm Ice Cream; choose from: vanilla, chocolate, strawberry, Baileys, mint choc chip, amaretto or honeycomb 5.85

2 scoops 3.90 / 1 scoop 1.95

A selection of British farmhouse cheese Butlers secret Cheddar, Perl Wen Brie, and Colston Bassett Stilton served with GF biscuits, chutney and celery 6.95

Pudding Wine

Errazuriz - late harvest Sauvignon Blanc Elegant citrus and floral notes; try with some cheese, or perhaps a sticky toffee pudding. 50 ml glass £4.25

Triana Hidalgo Pedro Ximinez Treacle, prunes and baked raisins. Try with a scoop of ice cream...or just by itself, for a treat! 50ml glass £4.25

Hot Drinks

Cafetière coffee 2.95

Tea (including herbal) 2.60

Latte 2.95

Mocha 2.95

Cappuccino 2.95

Espresso single 2.45

Espresso double 2.85

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

Warm chocolate brownie

Sticky toffee pudding

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Gluten Free Menu

With Allergen Information

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If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

While You Wait

Peroni Gluten Free Classic and classy, thirst quenching Italian lager £4.00

Lervig - Lucky Jack Super hoppy, tropical American Pale Ale with floral aromas. 330ml can £4.60

Wildside - Mississippi Mud Pie Stout Chocolate, vanilla and coffee in this big, bold and creamy stout. 440ml can £5.30

Starters and Nibbles

Cream of leek and potato soup with GF bread £5.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Chicken liver pâté with apricot chutney and granary toast £6.95

Contains: Egg, Milk, Mustard, Sulphur Dioxide

Prawn cocktail with Marie Rose sauce and buttered GF seeded bread £8.95

Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide

Stilton, mulled pear and candied walnut salad £6.95

Contains: Nuts, Milk, Celery, Sulphur Dioxide

Halloumi fries with tomato salsa (v) £5.95

Contains: Milk

Garlic and chilli king prawns £6.75

Contains: Crustaceans, Milk, Sulphur Dioxide

Nocellara Olives (v) £3.95

GF Chipolatas with honey and mustard £4.95

Contains: Mustard

Mains

Braised shoulder of lamb with new potatoes and rosemary gravy £18.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Mustard, Sulphur Dioxide

Pan fried red mullet with cod, mussel and bacon chowder and saffron new potatoes £16.95

Contains: Molluscs, Fish, Milk, Celery, Sulphur Dioxide

Crispy beef salad with sweet chilli sauce and roasted cashew nuts £13.95

Contains: Nuts, Soya

Honey roasted ham (served cold) with free range eggs and chips £13.75

Contains: Egg, Mustard, Sulphur Dioxide

10oz Rump steak, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips £21.50

Contains: Milk, Mustard, Sulphur Dioxide

Appleby's Cheshire cheese, potato and onion pie with vegetables and gravy (v) £12.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Steak and ale pie with mash and buttered greens and onion gravy £14.95

Contains: Milk, Celery, Sulphur Dioxide

Sweet potato, aubergine and spinach Malaysian curry with coconut rice and pak choi Vg £13.95

Contains: Mustard, Sulphur Dioxide

Side Orders

Chunky chips £3.95

Fries £3.95

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Beer battered onion rings £3.95

Green salad with lemon dressing £3.95

Contains: Celery, Sulphur Dioxide

Peppercorn sauce £2.50

Contains: Milk, Celery, Sulphur Dioxide

Light Bites

Smoked haddock and salmon fishcake, tomato and spring onion salad £10.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Goats' cheese and roasted Mediterranean vegetable quiche with crème fraîche potato salad (v) £9.95

Contains: Egg, Milk, Sulphur Dioxide

Open prawn Marie Rose sandwich on GF seeded bread £8.95

Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide

Wild mushroom risotto with tarragon, rocket and truffle oil £9.95

Contains: Celery

Children's Menu

Tomato and basil penne pasta with grated cheese £5.95

Contains: Milk, Celery, Sulphur Dioxide

5oz rump steak with fries and peas £8.95

Contains: Milk, Celery, Sulphur Dioxide

Fish fingers with chips and peas £6.75

Contains: Egg, Fish, Milk

Chicken goujons with chips and peas £6.95

Contains: Egg, Milk

Puddings and Ice Creams

Triple chocolate brownie with chocolate sauce and vanilla ice cream £6.75

Contains: Egg, Soya, Milk

White chocolate cheesecake with raspberry sorbet £6.45

Contains: Soya, Milk

Sticky toffee pudding with toffee sauce and vanilla ice cream £6.75

Contains: Egg, Soya, Milk

Cheshire Farm sorbet; choose three scoops from lemon, mandarin, raspberry, apple or passion fruit £5.85

Contains: Milk

Cheshire Farm Ice Cream; choose from: vanilla, chocolate, strawberry, Baileys, mint choc chip, amaretto or honeycomb
£5.85

Contains: Peanuts, Nuts, Soya, Milk

2 scoops 3.90 / 1 scoop 1.95

A selection of British farmhouse cheese Butlers secret Cheddar, Perl Wen Brie, and Colston Bassett Stilton served with GF biscuits, chutney and celery £6.95

Contains: Milk, Celery, Sulphur Dioxide

pudding Wine

Errazuriz - late harvest Sauvignon Blanc Elegant citrus and floral notes; try with some cheese, or perhaps a sticky toffee pudding. 50 ml glass £4.25

Triana Hidalgo Pedro Ximinez Treacle, prunes and baked raisins. Try with a scoop of ice cream...or just by itself, for a treat! 50ml glass £4.25

Hot Drinks

Cafetière coffee £2.95

Contains: Egg, Soya, Milk

Tea (including herbal) £2.60

Contains: Egg, Soya, Milk

Latte £2.95

Contains: Egg, Soya, Milk

Mocha £2.95

Contains: Egg, Soya, Milk

Cappuccino £2.95

Contains: Egg, Soya, Milk

Espresso single £2.45

Contains: Egg, Soya, Milk

Espresso double £2.85

Contains: Egg, Soya, Milk

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Crème brûlée £6.95

Contains: Egg, Milk

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Two scoops £3.90

Contains: Peanuts, Nuts, Soya, Milk

Single scoop £1.95

Contains: Peanuts, Nuts, Soya, Milk

Single scoop £1.95

Contains: Milk

Two scoops £3.90

Contains: Milk