

The Prae Wood Arms

~ Sunday 18th November 2018 ~

While You Wait

Peroni Ambra - Peroni Nastro Azzuro with sharpness of chinotto served on ice 5.95

Kaava Sparkling Gin with Fevertree tonic over lemon and ice (White and Rosé available) 7.20

Starters, Nibbles and Things to Share

Carrot soup with chunky bread and butter (v) 5.25

Chicken liver parfait with carrot and fig chutney and granary toast 6.45

Cider-braised pig's cheek, celeriac purée and sour apple dressing 6.75

Beetroot and carrot falafels with cucumber, chilli and coriander salad (v) 5.95

Spicy tomato houmous with crudité (v) 3.95

Halloumi chips with chipotle mayo (v) 5.95

Pork chipolatas with honey and mustard 3.45

Garlic prawns 6.25

Crispy salt and pepper baby squid 5.25

Charcuterie board: Chicken liver parfait, cured meats, pickles, olives with granary toast (great for sharing) 19.95

Sunday Roasts

Mixed roast beef and roast pork with all the trimmings, roast potatoes, vegetables and gravy 16.45

Roast topside of beef with Yorkshire pudding, roast potatoes, vegetables and gravy 14.95/9.95

Roast pork belly with sage and onion stuffing, apple sauce, vegetables, roast potatoes and gravy 13.95/9.75

Braised shoulder of lamb with roast potatoes, seasonal vegetables and gravy 17.25

Cheese, potato and onion pie with red wine sauce (v) 12.95

Mains

Steak burger topped with grilled bacon and Cheddar, with coleslaw and chips 13.45

Deep fried cod in beer batter with chips, mushy peas and tartare sauce 13.95/9.95

Warm crispy beef salad with sweet chilli dressing and cashew nuts 12.95

Chicken, ham and leek pie with mash, spring greens and tarragon and white wine sauce 14.25

Butternut squash tortellini with sun blush tomato dressing 12.95

Honey roast ham (served cold), eggs and chips 11.95/9.45

Pork and leek sausages, mash, buttered greens and onion gravy 11.95/9.45

Malaysian fish stew; cod, salmon, mussels, cockles and prawns served with sticky coconut rice and steamed pak choi 16.45

Side Orders

Pigs in Blankets 3.75

Garlic ciabatta 3.50

Buttered vegetables 3.75

Chunky chips 3.50

Garlic ciabatta with cheese 4.95

Fries 3.50

Mixed salad with house dressing 3.95

Light Bites and Sandwiches

Smoked haddock and salmon fishcake with poached egg and warm tartare sauce 9.95

Open prawn sandwich, Marie Rose mayonnaise on granary bread 6.95

Red pepper and feta quiche with potato salad (v) 8.95

King prawn linguine with blush tomato, chorizo and a caper dressing 10.25

Poached pear, walnut and blue cheese salad with crostinis 8.55

Steamed mussels bacon and leeks in a cider and cream sauce 9.95

Puddings and Ice Creams

Crème brûlée with shortbread biscuits 5.75

Dark chocolate brownie with chocolate sauce and vanilla ice cream 6.45

Sticky toffee pudding with toffee sauce and vanilla ice cream 6.25

Mango and passion fruit iced parfait with chilli glass and orange sorbet 5.65

Hot waffle with glazed bananas and banoffee ice cream 6.45

Bread and butter pudding with apricot sauce and clotted cream 5.95

Salcombe dairy ice cream - choose from: vanilla, pepper mint chocolate, strawberry, honeycomb or chocolate

Salcombe dairy sorbet - choose from: lemon, mango, raspberry, passion fruit, apple and Calvados, orange or Cherry and amaretto

3 Scoops 5.25 / 1 Scoop 1.75

Cheese and Biscuits

A selection of British farmhouse cheeses: Oxford Blue, Kidderton Ash goats', Barber's vintage Cheddar, Waterloo Brie, Spenwood sheep's and Celtic Promise served with biscuits and chutney (ideal for sharing if you're that way inclined) 11.95

Choose 6 cheese to share 11.95 or enjoy 3 on your own 6.95

or 'a nose' of cheese with 50ml glass of Taylors port 5.95

Teas and Coffees

Cafetiere coffee 2.60

Americano 2.75

Cappuccino 2.95

Latte 2.95

English breakfast Tea 2.45

Espresso 2.10

Espresso (double) 3.00

Hot chocolate 3.25

Irish coffee 5.25

Coffee and a Small Pudding

Choose a mini version of our puddings with tea or coffee of your choice 6.25

Sticky toffee pudding

Warm chocolate brownie

Hot waffle with glazed bananas

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With Allergen Information

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If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

While You Wait

Peroni Ambra - Peroni Nastro Azzuro with sharpness of chinotto served on ice £5.95

Kaava Sparkling Gin with Fevertree tonic over lemon and ice (White and Rosé available) £7.20

Starters, Nibbles and Things to Share

Carrot soup with chunky bread and butter (v) £5.25
Contains: Gluten, Soya, Milk, Celery, Mustard

Chicken liver parfait with carrot and fig chutney and granary toast £6.45
Contains: Gluten, Egg, Soya, Milk, Sulphur Dioxide

Cider-braised pig's cheek, celeriac purée and sour apple dressing £6.75
Contains: Milk, Celery, Sulphur Dioxide

Beetroot and carrot falafels with cucumber, chilli and coriander salad (v) £5.95
Contains: Sulphur Dioxide

Spicy tomato houmous with crudité (v) £3.95
Contains: Gluten, Soya, Celery, Sesame, Sulphur Dioxide

Pork chipolatas with honey and mustard £3.45
Contains: Gluten, Soya, Mustard, Sulphur Dioxide

Crispy salt and pepper baby squid £5.25
Contains: Gluten, Molluscs, Sesame, Sulphur Dioxide

Halloumi chips with chipotle mayo (v) £5.95
Contains: Egg, Soya, Milk, Mustard, Sulphur Dioxide

Garlic prawns £6.25
Contains: Crustaceans, Milk

Charcuterie board: Chicken liver parfait, cured meats, pickles, olives with granary toast (great for sharing) £19.95
Contains: Gluten, Egg, Fish, Soya, Milk, Celery, Mustard, Sesame, Sulphur Dioxide

Sunday Roasts

Mixed roast beef and roast pork with all the trimmings, roast potatoes, vegetables and gravy £16.45
Contains: Gluten, Egg, Soya, Milk, Celery, Sulphur Dioxide

Roast topside of beef with Yorkshire pudding, roast potatoes, vegetables and gravy £14.95
Contains: Gluten, Egg, Fish, Milk, Celery, Sulphur Dioxide

Roast pork belly with sage and onion stuffing, apple sauce, vegetables, roast potatoes and gravy £13.95
Contains: Gluten, Egg, Soya, Milk, Celery, Sulphur Dioxide

Braised shoulder of lamb with roast potatoes, seasonal vegetables and gravy £17.25
Contains: Gluten, Milk, Celery, Sulphur Dioxide

Cheese, potato and onion pie with red wine sauce (v) £12.95
Contains: Egg, Milk, Celery, Sulphur Dioxide

Mains

Steak burger topped with grilled bacon and Cheddar, with coleslaw and chips £13.45

Contains: Gluten, Egg, Soya, Milk, Celery, Mustard, Sulphur Dioxide

Deep fried cod in beer batter with chips, mushy peas and tartare sauce £13.95

Contains: Gluten, Egg, Fish, Mustard, Sulphur Dioxide

Warm crispy beef salad with sweet chilli dressing and cashew nuts £12.95

Contains: Nuts, Milk, Celery, Sesame, Sulphur Dioxide

Chicken, ham and leek pie with mash, spring greens and tarragon and white wine sauce £14.25

Contains: Gluten, Egg, Milk, Celery, Sulphur Dioxide

Butternut squash tortellini with sun blush tomato dressing £12.95

Contains: Gluten, Egg, Milk, Sulphur Dioxide

Honey roast ham (served cold), eggs and chips £11.95

Contains: Gluten, Egg, Mustard, Sulphur Dioxide

Pork and leek sausages, mash, buttered greens and onion gravy £11.95

Contains: Gluten, Soya, Milk, Celery, Sulphur Dioxide

Malaysian fish stew; cod, salmon, mussels, cockles and prawns served with sticky coconut rice and steamed pak choi

£16.45

Contains: Gluten, Crustaceans, Molluscs, Fish, Soya, Milk, Celery, Sulphur Dioxide

Side Orders

Pigs in Blankets £3.75

Contains: Gluten, Soya, Sulphur Dioxide

Chunky chips £3.50

Fries £3.50

Garlic ciabatta £3.50

Contains: Gluten, Soya, Milk

Garlic ciabatta with cheese £4.95

Contains: Gluten, Soya, Milk

Mixed salad with house dressing £3.95

Contains: Celery, Mustard, Sulphur Dioxide

Buttered vegetables Buttered vegetables £3.75

Contains: Milk, Sulphur Dioxide

Light Bites and Sandwiches

Smoked haddock and salmon fishcake with poached egg and warm tartare sauce £9.95

Contains: Gluten, Egg, Fish, Soya, Milk, Celery, Mustard, Sulphur Dioxide

Open prawn sandwich, Marie Rose mayonnaise on granary bread £6.95

Contains: Gluten, Crustaceans, Egg, Fish, Soya, Milk, Celery, Mustard, Sesame, Sulphur Dioxide

Red pepper and feta quiche with potato salad (v) £8.95

Contains: Gluten, Egg, Soya, Milk, Celery, Mustard, Sulphur Dioxide

King prawn linguine with blush tomato, chorizo and a caper dressing £10.25

Contains: Gluten, Crustaceans, Egg, Soya, Milk, Sulphur Dioxide

Poached pear, walnut and blue cheese salad with crostinis £8.55

Contains: Gluten, Nuts, Soya, Milk, Celery, Mustard

Steamed mussels bacon and leeks in a cider and cream sauce £9.95

Contains: Gluten, Molluscs, Soya, Milk, Sulphur Dioxide

puddings and Ice Creams

Crème brûlée with shortbread biscuits £5.75

Contains: Gluten, Egg, Milk

Dark chocolate brownie with chocolate sauce and vanilla ice cream £6.45

Contains: Egg, Soya, Milk

Sticky toffee pudding with toffee sauce and vanilla ice cream £6.25

Contains: Gluten, Egg, Soya, Milk, Sulphur Dioxide

Mango and passion fruit iced parfait with chilli glass and orange sorbet £5.65

Contains: Egg, Milk

Hot waffle with glazed bananas and banoffee ice cream £6.45

Contains: Gluten, Egg, Soya, Milk

Bread and butter pudding with apricot sauce and clotted cream £5.95

Contains: Gluten, Egg, Soya, Milk, Sulphur Dioxide

Salcombe dairy ice cream - choose from: vanilla, pepper mint chocolate, strawberry, honeycomb or chocolate £0.00

Salcombe dairy sorbet - choose from: lemon, mango, raspberry, passion fruit, apple and Calvados, orange or Cherry and amaretto £0.00

3 Scoops 5.25 / 1 Scoop 1.75 £0.00

Cheese and Biscuits

A selection of British farmhouse cheeses: Oxford Blue, Kidderton Ash goats', Barber's vintage Cheddar, Waterloo Brie, Spenwood sheep's and Celtic Promise served with biscuits and chutney (ideal for sharing if you're that way inclined) £11.95

Contains: Gluten, Nuts, Soya, Milk, Celery, Mustard, Sesame, Sulphur Dioxide

Choose 6 cheese to share 11.95 or enjoy 3 on your own 6.95 £0.00

or 'a nose' of cheese with 50ml glass of Taylors port 5.95 £0.00

Teas and Coffees

Cafetiere coffee £2.60

Contains: Gluten, Soya, Milk, Sulphur Dioxide

Americano £2.75

Contains: Gluten, Soya, Milk

Cappuccino £2.95

Contains: Gluten, Soya, Milk, Sulphur Dioxide

Latte £2.95

Contains: Gluten, Soya, Milk, Sulphur Dioxide

English breakfast Tea £2.45

Contains: Gluten, Soya, Milk, Sulphur Dioxide

Espresso £2.10

Contains: Gluten, Soya, Milk, Sulphur Dioxide

Espresso (double) £3.00

Contains: Gluten, Soya, Milk

Hot chocolate £3.25

Contains: Gluten, Soya, Milk, Sulphur Dioxide

Irish coffee £5.25

Contains: Gluten, Soya, Milk, Sulphur Dioxide

Coffee and a Small Pudding

Choose a mini version of our puddings with tea or coffee of your choice £6.25

Sticky toffee pudding £0.00

Warm chocolate brownie £0.00

Hot waffle with glazed bananas £0.00

Salcombe Dairy ice creams - choose three scoops from: vanilla, honeycomb, chocolate, strawberry or peppermint-chocolate £5.25

Contains: Gluten, Peanuts, Nuts, Soya, Milk, Sulphur Dioxide

Single scoop of any ice cream or sorbet £1.75

Contains: Gluten, Soya, Milk

Two scoop £3.50

Contains: Gluten, Soya, Milk

Childrens' fish fingers with chips and peas £6.75

Contains: Gluten, Egg, Fish, Milk

Childrens' pasta with tomato sauce and Cheddar cheese £5.95

Contains: Gluten, Egg, Milk, Celery, Sulphur Dioxide