

# The Physician

~ Sunday 10th February 2019 ~

## Starters, Nibbles and Things to Share

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**Shredded ham, caper and parsley fritter** with piccalilli salad 6.95

**Deep fried Cornish Brie (V)** with pickled cranberries and candied pecan salad 6.25

**Pan fried wild mushrooms on toast (V)** with spinach, garlic and truffle oil 6.75

**Pan fried scallops** with cauliflower puree, roasted pancetta and cauliflower crisps 10.95

**Chicken liver pâté** with carrot and apricot chutney and granary toast 6.95

**Cauliflower soup (V)** with pumpkin seeds and a curry oil 5.50

Pork pie with piccalilli 3.95

Nocellara olives 3.95

Crispy salt and pepper baby squid 5.25

Whitebait with tartar sauce 4.50

Sundried tomato falafels with tzatziki 4.95

Halloumi fries 5.50

**Charcuterie board;** Cured meats, Chicken liver pate, roquito peppers, caperberries, falafels, olives, apricot chutney and hummus with granary toast (great for sharing) 19.95

**Vegetarian board;** Tomato hummus, Halloumi fries, sundried tomato falafels, tempura courgettes, olives and tzatziki with toasted ciabatta 15.95

## Sunday Roasts

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**Roast rump of beef** with Yorkshire pudding 16.45/9.95

**Braised shoulder of lamb** with roast potatoes, seasonal vegetables and gravy 17.95

**Roast pork** with sage and cranberry stuffing, roast potatoes, vegetables and gravy 16.45/9.95

**Mixed roast beef and roast pork** with all the trimmings, roast potatoes, vegetables and gravy 16.95

**Appleby's Cheshire cheese, potato and onion pie (V)** with carrot mash, seasonal vegetables & vegetarian gravy 13.25

## Sunday side orders

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**Cauliflower cheese 3.50**

**Pork, cranberry & onion stuffing 3.50**

**Buttered vegetables 3.75**

## Mains

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**10oz rib eye steak** with mushrooms, tomato, chips, and a peppercorn sauce 24.95

**8oz sirloin steak** with tarragon and dijon butter, portobello mushrooms, plum tomato and chips 20.95

**Pan-fried chicken breast** with truffle arancini, wild mushrooms, celeriac cream and Madeira sauce 15.45

**Steak and ale suet pudding** with mash and buttered greens 13.95

**Fish pie** salmon, smoked haddock and prawns with French style peas 14.50

**Steak burger** topped with grilled bacon and Cheddar, served with coleslaw and chips 13.75

**Goan vegetable curry (VG)** with butternut squash, aubergine, turmeric potatoes, sticky rice and wholemeal chapattis 13.45

**Deep fried cod** in beer batter with chips, mushy peas and tartare sauce 13.95/9.95

**Lashfords pork sausages** with mash, buttered greens and onion gravy 13.45/9.25

**Seabass fillets** with a butterbean, chickpea and chorizo cassoulet 16.95

## Side Orders

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**Fries 3.50**

**Sweet potato fries 3.95**

**Chunky chips 3.50**

**Mixed salad with house dressing 3.95**

**Buttered vegetables 3.75**

**Garlic bread with cheese 3.95**

**Garlic bread 3.50**

**Peppercorn sauce 2.25**

**Bread with butter 2.25**

## Light Bites and Sandwiches

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**Butternut squash, feta, sage and hazelnut quiche (V)** with creme fraiche potato salad 9.75

**Smoked haddock fishcake** and poached egg with chive and caper sauce 10.95

**Rump steak sandwich** with tarragon mayonnaise and fries 10.95

**Roasted mediterranean vegetable sandwich (V)** with red pepper, aubergines, cheddar cheese and tomato hummus on a rosemary focaccia roll 7.95

**Sweet potato, black bean and avocado rice bowl (VG)** with chilli, lime, toasted pumpkin and sunflower seeds 9.95

**Bacon, Brie and cranberry on ciabatta** served with a side salad 7.95

**Fish finger sandwich** on white bloomer bread with tartare sauce 7.95

**Slow roasted duck and hoisin wrap** with spring onion, chilli and cucumber 8.45

## Puddings and Ice Creams

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**Crème brûlée** with shortbread biscuits 5.95

**Triple chocolate brownie**, with chocolate sauce and vanilla ice cream 6.25

**Sticky toffee pudding** with toffee sauce and vanilla ice cream 6.25

**Hot waffle** with caramelised banana and banana ice cream 5.95

**Rum poached pear** served with rum and raisin ice cream and a ginger biscuit crumb 5.95

**Apple and Raspberry crumble** with vanilla custard 5.95

**Cheshire Farm ice cream** - choose from: vanilla, strawberries and cream, banana, chocolate, cherry crumble or pistachio

**Cheshire Farm sorbet** - choose from: Lemon, apple, mango, champagne, mandarin, and raspberry with biscuit.

3 Scoops 5.25 / 1 Scoop 1.75

## Cheese and Biscuits

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**A selection of British farmhouse cheeses;** Bleu D'auvergne, Ashlynn Goats, Baby Baron Brie, Godminster Cheddar, Garlic Yarg and Smoked Lincolnshire Poacher with biscuits, fruitcake and chutney

**Choose 6 cheese to share 11.95 or enjoy 3 on your own 6.95**

### Teas and Coffees

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**Cafetiere coffee** 2.80

**Americano** 2.85

**Cappuccino** 2.85

**Latte** 2.85

**Flat white coffee** 2.85

**Espresso (double)** 2.45

**Espresso (single)** 2.25

**Mocha coffee** 3.30

**Macchiato** 2.75

**Hot chocolate** 2.85

**Tea, including a few varieties** 2.40

**Irish coffee** 4.95

### Coffee and a small pudding

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Choose a mini version of our puddings with a tea or coffee of your choice

**Sticky toffee pudding** 6.95

**Toasted Waffle with toffee sauce** 6.95

**Chocolate brownie with vanilla ice cream** 6.95

# The Physician

With Allergen Information

~ Sunday 10th February 2019 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

## Starters, Nibbles and Things to Share

**Shredded ham, caper and parsley fritter** with piccalilli salad £6.95

*Contains: Gluten, Egg, Soya, Milk, Celery, Mustard, Sulphur Dioxide*

**Deep fried Cornish Brie (V)** with pickled cranberries and candied pecan salad £6.25

*Contains: Gluten, Egg, Nuts, Soya, Milk, Celery, Sulphur Dioxide*

**Pan fried wild mushrooms on toast (V)** with spinach, garlic and truffle oil £6.75

*Contains: Gluten, Milk*

**Pan fried scallops** with cauliflower puree, roasted pancetta and cauliflower crisps £10.95

*Contains: Molluscs, Milk*

**Chicken liver pâté** with carrot and apricot chutney and granary toast £6.95

*Contains: Gluten, Egg, Soya, Milk, Sulphur Dioxide*

**Cauliflower soup (V)** with pumpkin seeds and a curry oil £5.50

*Contains: Gluten, Soya, Milk, Mustard*

Pork pie with piccalilli £3.95

*Contains: Gluten, Egg, Milk, Celery, Mustard, Sulphur Dioxide*

Nocellara olives £3.95

*Contains: Sulphur Dioxide*

Crispy salt and pepper baby squid £5.25

*Contains: Gluten, Molluscs, Sesame, Sulphur Dioxide*

Whitebait with tartar sauce £4.50

*Contains: Gluten, Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Sundried tomato falafels** Sundried tomato falafels with tzatziki £4.95

*Contains: Gluten, Milk, Sulphur Dioxide*

**Halloumi fries** Halloumi fries £5.50

*Contains: Gluten, Egg, Milk*

**Charcuterie board;** Cured meats, Chicken liver pate, roquito peppers, caperberries, falafels, olives, apricot chutney and hummus with granary toast (great for sharing) £19.95

*Contains: Gluten, Egg, Soya, Milk, Sesame, Sulphur Dioxide*

**Vegetarian board;** Tomato hummus, Halloumi fries, sundried tomato falafels, tempura courgettes, olives and tzatziki with toasted ciabatta £15.95

*Contains: Gluten, Egg, Milk, Sesame, Sulphur Dioxide*

## Sunday Roasts

**Roast rump of beef** with Yorkshire pudding £16.45

*Contains: Gluten, Egg, Milk, Celery, Sulphur Dioxide*

**Braised shoulder of lamb** with roast potatoes, seasonal vegetables and gravy £17.95

*Contains: Gluten, Milk, Celery, Sulphur Dioxide*

**Roast pork** with sage and cranberry stuffing, roast potatoes, vegetables and gravy £16.45

*Contains: Gluten, Egg, Soya, Milk, Celery, Sulphur Dioxide*

**Mixed roast beef and roast pork** with all the trimmings, roast potatoes, vegetables and gravy £16.95

*Contains: Gluten, Egg, Soya, Milk, Celery, Sulphur Dioxide*

**Appleby's Cheshire cheese, potato and onion pie (V)** with carrot mash, seasonal vegetables & vegetarian gravy £13.25

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

## Sunday side orders

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Cauliflower cheese £3.50

*Contains: Milk, Mustard, Sulphur Dioxide*

Pork, cranberry & onion stuffing £3.50

*Contains: Gluten, Egg, Soya, Milk, Sulphur Dioxide*

Buttered vegetables £3.75

*Contains: Milk, Sulphur Dioxide*

## Mains

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**10oz rib eye steak** with mushrooms, tomato, chips, and a peppercorn sauce £24.95

*Contains: Gluten, Milk, Celery, Mustard, Sulphur Dioxide*

**8oz sirloin steak** with tarragon and dijon butter, portobello mushrooms, plum tomato and chips £20.95

*Contains: Gluten, Milk, Mustard, Sulphur Dioxide*

**Pan-fried chicken breast** with truffle arancini, wild mushrooms, celeriac cream and Madeira sauce £15.45

*Contains: Gluten, Egg, Milk, Celery, Sulphur Dioxide*

**Steak and ale suet pudding** with mash and buttered greens £13.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Fish pie** salmon, smoked haddock and prawns with French style peas £14.50

*Contains: Gluten, Crustaceans, Egg, Fish, Milk, Celery, Sulphur Dioxide*

**Steak burger** topped with grilled bacon and Cheddar, served with coleslaw and chips £13.75

*Contains: Gluten, Egg, Soya, Milk, Celery, Mustard, Sulphur Dioxide*

**Goan vegetable curry (VG)** with butternut squash, aubergine, turmeric potatoes, sticky rice and wholemeal chapattis  
£13.45

*Contains: Gluten, Soya, Celery, Sulphur Dioxide*

**Deep fried cod** in beer batter with chips, mushy peas and tartare sauce £13.95

*Contains: Gluten, Egg, Fish, Mustard, Sulphur Dioxide*

**Lashfords pork sausages** with mash, buttered greens and onion gravy £13.45

*Contains: Gluten, Soya, Milk, Celery, Sulphur Dioxide*

**Seabass fillets** with a butterbean, chickpea and chorizo cassoulet £16.95

*Contains: Fish, Milk, Celery, Sulphur Dioxide*

## Side Orders

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Fries £3.50

Sweet potato fries £3.95

*Contains: Gluten*

Chunky chips £3.50

Mixed salad with house dressing £3.95

*Contains: Celery, Mustard, Sulphur Dioxide*

Buttered vegetables £3.75  
*Contains: Milk, Sulphur Dioxide*

Garlic bread with cheese £3.95  
*Contains: Gluten, Soya, Milk*

Garlic bread £3.50  
*Contains: Gluten, Soya, Milk*

**Peppercorn sauce** Peppercorn sauce £2.25  
*Contains: Egg, Milk, Celery, Sulphur Dioxide*

Bread with butter £2.25  
*Contains: Gluten, Soya, Milk*

## Light Bites and Sandwiches

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**Butternut squash, feta, sage and hazelnut quiche (V)** with creme fraiche potato salad £9.75  
*Contains: Egg, Nuts, Milk, Mustard, Sulphur Dioxide*

**Smoked haddock fishcake** and poached egg with chive and caper sauce £10.95  
*Contains: Gluten, Egg, Fish, Soya, Milk, Celery, Mustard, Sulphur Dioxide*

**Rump steak sandwich** with tarragon mayonnaise and fries £10.95  
*Contains: Gluten, Egg, Mustard, Sulphur Dioxide*

**Roasted mediterranean vegetable sandwich (V)** with red pepper, aubergines, cheddar cheese and tomato hummus on a rosemary focaccia roll £7.95

*Contains: Gluten, Milk, Sulphur Dioxide*

**Sweet potato, black bean and avocado rice bowl (VG)** with chilli, lime, toasted pumpkin and sunflower seeds £9.95  
*Contains: Gluten, Milk, Sesame*

**Bacon, Brie and cranberry on ciabatta** served with a side salad £7.95  
*Contains: Gluten, Milk*

**Fish finger sandwich** on white bloomer bread with tartare sauce £7.95  
*Contains: Gluten, Egg, Fish, Soya, Milk, Mustard, Sulphur Dioxide*

**Slow roasted duck and hoisin wrap** with spring onion, chilli and cucumber £8.45  
*Contains: Gluten, Soya, Sesame*

## Puddings and Ice Creams

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**Crème brûlée** with shortbread biscuits £5.95  
*Contains: Gluten, Egg, Milk*

**Triple chocolate brownie**, with chocolate sauce and vanilla ice cream £6.25  
*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** with toffee sauce and vanilla ice cream £6.25  
*Contains: Egg, Soya, Milk*

**Hot waffle** with caramelised banana and banana ice cream £5.95  
*Contains: Gluten, Egg, Soya, Milk*

**Rum poached pear** served with rum and raisin ice cream and a ginger biscuit crumb £5.95  
*Contains: Gluten, Milk, Sulphur Dioxide*

**Apple and Raspberry crumble** with vanilla custard £5.95  
*Contains: Gluten, Milk*

**Cheshire Farm ice cream** - choose from: vanilla, strawberries and cream, banana, chocolate, cherry crumble or pistachio

**Cheshire Farm sorbet** - choose from: Lemon, apple, mango, champagne, mandarin, and raspberry with biscuit.

3 Scoops 5.25 / 1 Scoop 1.75

## Cheese and Biscuits

**A selection of British farmhouse cheeses;** Bleu D'auvergne, Ashlynn Goats, Baby Baron Brie, Godminster Cheddar, Garlic Yarg and Smoked Lincolnshire Poacher with biscuits, fruitcake and chutney

**Choose 6 cheese to share 11.95 or enjoy 3 on your own 6.95**

## Teas and Coffees

Cafetiere coffee £2.80

*Contains: Gluten, Milk, Sulphur Dioxide*

Americano £2.85

*Contains: Gluten*

Cappuccino £2.85

*Contains: Gluten, Milk, Sulphur Dioxide*

Latte £2.85

*Contains: Gluten, Milk, Sulphur Dioxide*

Flat white coffee £2.85

*Contains: Gluten, Soya, Milk*

Espresso (double) £2.45

*Contains: Gluten, Milk*

Espresso (single) £2.25

*Contains: Gluten, Milk, Sulphur Dioxide*

Mocha coffee £3.30

*Contains: Gluten, Egg, Soya, Milk*

Macchiato £2.75

*Contains: Gluten, Soya, Milk*

Hot chocolate £2.85

*Contains: Gluten, Milk, Sulphur Dioxide*

Tea, including a few varieties £2.40

*Contains: Gluten, Milk, Sulphur Dioxide*

Irish coffee £4.95

*Contains: Gluten, Milk, Sulphur Dioxide*

## Coffee and a small pudding

Choose a mini version of our puddings with a tea or coffee of your choice

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Toasted Waffle with toffee sauce** £6.95

*Contains: Gluten, Egg, Soya, Milk*

**Chocolate brownie with vanilla ice cream** £6.95

*Contains: Egg, Soya, Milk*

**A selection of local farmhouse cheeses, biscuits and quince jelly and chutney:** Enjoy on your own (choose 3 cheeses)  
£6.95

*Contains: Gluten, Egg, Nuts, Soya, Milk, Celery, Sesame, Sulphur Dioxide*

**Cheshire Farm ice cream** - choose three scoops from vanilla, strawberry, chocolate, banana, cherry crumble, pistachio or cinnamon £5.25

*Contains: Gluten, Soya, Milk, Sulphur Dioxide*

Single scoop £1.75

*Contains: Gluten, Milk*

Two scoop £3.50

**A choice of local farmhouse cheeses, biscuits and chutney** Enjoy on your own (choose 1 cheese) with glass of Port £5.95

*Contains: Gluten, Egg, Nuts, Soya, Milk, Celery, Sesame, Sulphur Dioxide*

**Cheshire Farm sorbets** - choose three scoops from lemon, cherry, mandarin, mango or champagne. £5.25

*Contains: Gluten, Milk*