

# The Physician Gluten Free Menu

~ Wednesday 22nd September 2021 ~

## Starters and Nibbles

- Butternut squash soup with sage-roasted pumpkin seeds 5.95  
Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95  
Prawn cocktail, buttered GF seeded bread 8.95  
Wild Mushroom and tarragon risotto, toasted seeds, truffle oil 6.95  
Deep-fried West Country Brie, apricot carrot chutney and candied pecan salad 6.95  
Halloumi fries, tomato salsa 5.95 Warm chorizo sausage, roquito peppers 5.95  
Garlic and chilli King prawns 6.95

## Mains

- Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95  
Smoked haddock fishcake, poached egg, heritage tomatoes 10.95  
Sweet potato, aubergine and spinach Malaysian curry coconut rice, pak choi (vg) 13.95  
Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95  
10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95  
Appleby's Cheshire cheese, onion and potato pie, buttered greens, red currant gravy (V) 13.95  
Superfood salad, quinoa, roasted sweet potato, charred tenderstem, avocado, blue berries, pomegranates, smoked almonds (vg) 14.95  
Steak and ale pie, mash, buttered greens, red wine gravy 14.95  
Pan fried chicken breast, black garlic, king oyster mushrooms, cauliflower purée, red wine jus 16.95  
Braised shoulder of lamb, minted new potato cake, rosemary gravy 18.95

## Sides

- |                   |                          |                                   |
|-------------------|--------------------------|-----------------------------------|
| Chunky chips 3.75 | Buttered vegetables 3.95 | Minted buttered new potatoes 3.95 |
| Fries 3.75        | Peppercorn sauce 2.50    | Beer battered onion rings 3.95    |

## Childrens Menu

- Fish fingers, chips and peas 6.95 5oz rump steak, fries, peas 8.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



## puddings

**Triple chocolate brownie**, chocolate sauce, vanilla ice cream 6.95

**Sticky toffee pudding**, toffee sauce, vanilla ice cream 6.95

**Lemon cheesecake**, raspberry ripple 6.50

## Ice Creams and Sorbets

**Cheshire Farm ice cream** choose three scoops from; chocolate, strawberry, raspberry ripple, salted caramel, toffee fudge, raspberry sorbet, passion fruit sorbet 5.85

**Cheshire Farm ice cream** choose two scoops from; chocolate, strawberry, raspberry ripple, salted caramel, toffee fudge, raspberry sorbet, passion fruit sorbet 3.90

**Cheshire Farm ice cream** choose one scoop from; chocolate, strawberry, raspberry ripple, salted caramel, toffee fudge, raspberry sorbet, passion fruit sorbet 1.95

## Coffees and Hot Drinks

**Cafetiere of coffee** 2.95

**Latte** 2.95

**Flat white** 2.95

**Americano** 2.95

**Double Espresso** 3.45

**Selection of tea** 2.70

**Hot chocolate** 2.95

**Cappuccino** 2.95

## Hot Drink with a Small Pudding

**Triple chocolate brownie**, vanilla ice cream 6.95

**Sticky toffee pudding**, vanilla ice cream 6.95

# The Physician

## Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient.  
Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

### Starters and Nibbles

**Butternut squash soup** with sage-roasted pumpkin seeds £5.95

*Contains: Egg, Milk, Celery*

**Chicken liver pâté**, carrot and apricot chutney, GF seeded toast £6.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Prawn cocktail**, buttered GF seeded bread £8.95

*Contains: Crustaceans, Egg, Milk, Mustard*

**Wild Mushroom and tarragon risotto**, toasted seeds, truffle oil £6.95

**Deep-fried West Country Brie**, apricot carrot chutney and candied pecan salad £6.95

*Contains: Egg, Nuts, Milk, Celery*

**Halloumi fries, tomato salsa** £5.95

*Contains: Milk*

**Garlic and chilli King prawns** £6.95

*Contains: Crustaceans, Milk*

**Warm chorizo sausage**, roquito peppers £5.95

*Contains: Soya, Milk*

### Mains

**Deep fried cod in beer batter**, chips, mushy peas, tartare sauce £14.95

*Contains: Egg, Fish, Sulphur Dioxide*

**Smoked haddock fishcake**, poached egg, heritage tomatoes £10.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Sweet potato, aubergine and spinach Malaysian curry** coconut rice, pak choi (vg) £13.95

*Contains: Sulphur Dioxide*

**Crispy beef salad**, sweet chilli sauce, roasted cashew nuts £13.95

*Contains: Nuts, Soya, Celery*

**10oz ribeye** with Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

*Contains: Milk, Mustard, Sulphur Dioxide*

**Appleby's Cheshire cheese, onion and potato pie**, buttered greens, red currant gravy (V) £13.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Superfood salad, quinoa**, roasted sweet potato, charred tenderstem, avocado, blue berries, pomegranates, smoked almonds (vg) £14.95

*Contains: Nuts, Celery, Sulphur Dioxide*

**Steak and ale pie**, mash, buttered greens, red wine gravy £14.95

*Contains: Milk, Sulphur Dioxide*

**Pan fried chicken breast**, black garlic, king oyster mushrooms, cauliflower purée, red wine jus £16.95

*Contains: Milk, Sulphur Dioxide*

**Braised shoulder of lamb**, minted new potato cake, rosemary gravy £18.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

## Sides

Chunky chips £3.75

Fries £3.75

Buttered vegetables £3.95

*Contains: Milk, Sulphur Dioxide*

Peppercorn sauce £2.50

*Contains: Milk, Celery, Mustard, Sulphur Dioxide*

Minted buttered new potatoes £3.95

*Contains: Milk*

Beer battered onion rings £3.95

## Childrens Menu

**Fish fingers**, chips and peas £6.95

*Contains: Egg, Fish, Milk*

**5oz rump steak**, fries, peas £8.95

*Contains: Celery, Sulphur Dioxide*

## Puddings

**Triple chocolate brownie**, chocolate sauce, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding**, toffee sauce, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Lemon cheesecake**, raspberry ribble £6.50

*Contains: Egg, Soya, Milk, Sulphur Dioxide*

## Ice Creams and Sorbets

**Cheshire Farm ice cream** choose three scoops from; £5.85

*Contains: Milk*

**Cheshire Farm ice cream** choose two scoops from; £3.90

*Contains: Milk*

**Cheshire Farm ice cream** choose one scoop from; £1.95

*Contains: Milk*

## Coffees and Hot Drinks

**Cafetiere of coffee** £2.95

*Contains: Milk*

**Latte** £2.95

*Contains: Milk*

**Flat white** £2.95

*Contains: Milk*

**Americano** £2.95

*Contains: Milk*

**Double Espresso** £3.45

*Contains: Milk*

**Selection of tea** £2.70

*Contains: Milk*

**Hot chocolate** £2.95

*Contains: Milk*

**Cappuccino** £2.95

*Contains: Milk*

## Hot Drink with a Small Pudding

**Triple chocolate brownie, vanilla ice cream** £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding, vanilla ice cream** £6.95

*Contains: Egg, Milk*

**chocolate**

*Contains: Milk*

**strawberry**

*Contains: Milk*

**raspberry ripple**

*Contains: Milk*

**salted caramel**

*Contains: Milk*

**toffee fudge**

*Contains: Milk*

**raspberry sorbet**

**passion fruit sorbet**