

Pen-Y-Bryn

Gluten Free Menu

~ Wednesday 22nd September 2021 ~

Starters and Nibbles

Mushroom and tarragon soup, GF bread and butter 5.95

Prawn cocktail, buttered GF seeded bread 8.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Carrot and red onion bhaji, coconut yoghurt, mango chutney (vg) 6.50

Garlic and chilli King prawns 6.95

Nocellara olives (vg) 3.95

Warm chorizo sausage, roquito peppers 5.95

BBQ chicken wings 5.75

Mains

7oz fillet steak with Portobello mushrooms, peppercorn sauce, tomato and chips 28.95

Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95

Moroccan vegetable and chickpea pie, tomato sauce, roasted vegetables, almonds (vg) 13.95

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

Steak and ale pie, mash, buttered greens, red wine gravy 14.95

Broccoli, red onion, stilton quiche, new potato salad 9.95

Honey roasted ham (served cold) with free range eggs and chips 13.95/10.95

Sides

Chunky chips 3.75

Buttered vegetables 3.95

Minted buttered new potatoes 3.95

Fries 3.75

Peppercorn sauce 2.50

Beer battered onion rings 3.95

Childrens Menu

Chicken goujons, chips, peas 6.95

Triple chocolate brownie, vanilla ice cream 3.95

5oz rump steak, fries, peas 8.95

Sticky toffee pudding, vanilla ice cream 3.95

Tomato and basil pasta, cheese 5.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; salted caramel, vanilla, strawberry, honeycomb, chocolate, raspberry ripple, lemon sorbet, blackcurrant sorbet, bramley apple sorbet, cherry sorbet 5.85

Cheshire Farm ice cream choose two scoops from; salted caramel, vanilla, strawberry, honeycomb, chocolate, raspberry ripple, lemon sorbet, blackcurrant sorbet, bramley apple sorbet, cherry sorbet 3.90

Cheshire Farm ice cream choose one scoop from; salted caramel, vanilla, strawberry, honeycomb, chocolate, raspberry ripple, lemon sorbet, blackcurrant sorbet, bramley apple sorbet, cherry sorbet 1.95

Coffees and Hot Drinks

Cafetiere of coffee 2.95

Cappuccino 2.95

Latte 2.95

Flat white 2.95

Americano 2.95

Espresso 2.45

Double Espresso 3.45

Hot chocolate 2.95

Selection of tea 2.70

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

Pen-Y-Bryn

Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

.....
Mushroom and tarragon soup, GF bread and butter £5.95

Contains: Egg, Milk, Celery

Prawn cocktail, buttered GF seeded bread £8.95

Contains: Crustaceans, Egg, Milk, Mustard

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Carrot and red onion bhaji, coconut yoghurt, mango chutney (vg) £6.50

Contains: Mustard

Garlic and chilli King prawns £6.95

Contains: Crustaceans, Milk

Warm chorizo sausage, roquito peppers £5.95

Contains: Soya, Milk

Nocellara olives (vg) £3.95

BBQ chicken wings £5.75

Contains: Celery, Mustard

Mains

.....
7oz fillet steak with Portobello mushrooms, peppercorn sauce, tomato and chips £28.95

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Moroccan vegetable and chickpea pie, tomato sauce, roasted vegetables, almonds (vg) £13.95

Contains: Nuts, Celery, Sulphur Dioxide

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

Steak and ale pie, mash, buttered greens, red wine gravy £14.95

Contains: Milk, Sulphur Dioxide

Broccoli, red onion, stilton quiche, new potato salad £9.95

Contains: Egg, Milk, Sulphur Dioxide

Honey roasted ham (served cold) with free range eggs and chips £13.95

Contains: Egg, Mustard, Sulphur Dioxide

Sides

Chunky chips £3.75

Fries £3.75

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Peppercorn sauce £2.50

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Minted buttered new potatoes £3.95

Contains: Milk

Beer battered onion rings £3.95

Childrens Menu

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

5oz rump steak, fries, peas £8.95

Contains: Celery, Sulphur Dioxide

Tomato and basil pasta, cheese £5.95

Contains: Milk

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Coffees and Hot Drinks

Cafetiere of coffee £2.95

Contains: Milk

Cappuccino £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Espresso £2.45

Contains: Milk

Double Espresso £3.45

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot Drink with a Small Pudding

.....
Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

salted caramel

Contains: Milk

vanilla

Contains: Milk

strawberry

Contains: Milk

honeycomb

Contains: Milk

chocolate

Contains: Milk

raspberry ripple

Contains: Milk

lemon sorbet

blackcurrant sorbet

bramley apple sorbet

cherry sorbet