

Pant Yr Ochain Gluten Free Menu



Starters and Nibbles

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Carrot and red onion bhaji, coconut yoghurt, mango chutney (vg) 6.50

Baked Camembert, candied walnuts, celery, apricot chutney, GF toast 7.50

Garlic and chilli King prawns 6.95

Nocellara olives (vg) 3.95

Halloumi fries, tomato salsa 5.95

Mains

Pan fried sea bass, chorizo cassoulet, saffron aioli. 17.25

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

Appleby's Cheshire cheese, onion and potato pie with greens mustard white wine sauce 13.95

Buttercross Farm pork and onion marmalade sausages, buttered mash potatoes, onion gravy 13.95

Steak and ale pie, mash, buttered greens, red wine gravy 14.95

Duck breast, rhubarb purée, hasselback potatoes, red wine jus 18.95

Smoked haddock and salmon fishcakes lemon, dill hollandaise and poached egg 13.95/10.95

Sides

Chunky chips 3.75

Buttered vegetables 3.95

Peppercorn sauce 2.50

Fries 3.75

Beer battered onion rings 3.95

Childrens Menu

Tomato and basil pasta, cheese 5.95

5oz rump steak, fries, peas 8.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



Puddings

////////////////////////////////////
Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Creme brulee with shortbread 6.95

Coffees and Hot Drinks

////////////////////////////////////
Cafetiere of coffee 2.95

Latte 2.95

Flat white 2.95

Americano 2.95

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

Ice Creams and Sorbets

////////////////////////////////////
Cheshire Farm ice cream choose three scoops from; vanilla, chocolate, strawberry, mint chocolate chip, raspberry ripple, honeycomb, raspberry sorbet, lemon sorbet 5.85

Cheshire Farm ice cream choose two scoops from; vanilla, chocolate, strawberry, mint chocolate chip, raspberry ripple, honeycomb, raspberry sorbet, lemon sorbet 3.90

Cheshire Farm ice cream choose one scoop from; vanilla, chocolate, strawberry, mint chocolate chip, raspberry ripple, honeycomb, raspberry sorbet, lemon sorbet 1.95

Hot Drink with a Small Pudding

////////////////////////////////////
Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

Creme brulee with shortbread 6.95

Pant Yr Ochain

Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient.
Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Carrot and red onion bhaji, coconut yoghurt, mango chutney (vg) £6.50

Contains: Mustard

Baked Camembert, candied walnuts, celery, apricot chutney, GF toast £7.50

Contains: Egg, Nuts, Milk, Celery, Sulphur Dioxide

Garlic and chilli King prawns £6.95

Contains: Crustaceans, Milk

Halloumi fries, tomato salsa £5.95

Contains: Milk

Nocellara olives (vg) £3.95

Mains

Pan fried sea bass, chorizo cassoulet, saffron aioli. £17.25

Contains: Egg, Fish, Soya, Milk, Celery, Mustard

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

Contains: Milk, Mustard, Sulphur Dioxide

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

Appleby's Cheshire cheese, onion and potato pie with greens mustard white wine sauce £13.95

Contains: Egg, Milk, Sulphur Dioxide

Buttercross Farm pork and onion marmalade sausages, buttered mash potatoes, onion gravy £13.95

Contains: Milk, Celery, Sulphur Dioxide

Steak and ale pie, mash, buttered greens, red wine gravy £14.95

Contains: Milk, Sulphur Dioxide

Duck breast, rhubarb purée, hasselback potatoes, red wine jus £18.95

Contains: Soya, Milk, Sulphur Dioxide

Smoked haddock and salmon fishcakes lemon, dill hollandaise and poached egg £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Sides

Chunky chips £3.75

Fries £3.75

Buttered vegetables £3.95
Contains: Milk, Sulphur Dioxide

Beer battered onion rings £3.95
Peppercorn sauce £2.50
Contains: Milk, Celery, Mustard, Sulphur Dioxide

Childrens Menu

.....
Tomato and basil pasta, cheese £5.95
Contains: Milk

5oz rump steak, fries, peas £8.95
Contains: Celery, Sulphur Dioxide

Puddings

.....
Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95
Contains: Egg, Soya, Milk

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95
Contains: Egg, Soya, Milk

Creme brulee with shortbread £6.95
Contains: Egg, Milk, Sulphur Dioxide

Coffees and Hot Drinks

.....
Cafetiere of coffee £2.95
Contains: Milk

Latte £2.95
Contains: Milk

Flat white £2.95
Contains: Milk

Americano £2.95
Contains: Milk

Double Espresso £3.45
Contains: Milk

Selection of tea £2.70
Contains: Milk

Hot chocolate £2.95
Contains: Milk

Ice Creams and Sorbets

.....
Cheshire Farm ice cream choose three scoops from; £5.85
Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90
Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95
Contains: Milk

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

Creme brulee with shortbread £6.95

Contains: Egg, Milk

vanilla

Contains: Milk

chocolate

Contains: Milk

strawberry

Contains: Milk

mint chocolate chip

Contains: Soya, Milk

raspberry ripple

Contains: Milk

honeycomb

Contains: Milk

raspberry sorbet

lemon sorbet