

# Little Manor

## Gluten Free Menu

~ Tuesday 27th October 2020 ~

### While You Wait

**Daura Damn** Gluten free beer 3.95  
**Old speckled hen** Gluten free beer 4.00

### Starters and Nibbles

**Cream of tomato and roasted red pepper soup** with gluten free bread 5.95  
**Chicken liver pâté** with apricot chutney and granary toast 6.95  
**Prawn cocktail** with Marie Rose sauce and buttered GF seeded bread 8.95

Garlic and chilli king prawn 6.75

BBQ chicken wings 5.75

### Mains

**8oz ribeye** with Dijon and tarragon butter, Portobello mushrooms, tomato and chips 24.95  
**Chicken, ham and leek pie**, mash, buttered greens, white wine and tarragon sauce 14.95  
**Deep fried cod in beer batter** with chunky chips, mushy peas, tartare sauce 14.95/11.95  
**Smoked haddock and salmon fishcake**, tomato and spring onion salad 13.95  
**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts 13.95  
**Sweet potato, aubergine and spinach Malaysian curry** with coconut rice and pak choi Vg 13.95  
**Moroccan vegetable and chickpea pie** with charred courgettes, baby peppers and toasted almonds 12.95

### Side Orders

Chunky chips 3.95  
Fries 3.95  
Buttered vegetables 3.95

Beer battered onion rings 3.95  
Green salad with lemon dressing 3.95  
Peppercorn sauce 2.50

### Light Bites

**Smoked haddock and salmon fishcake**, tomato and spring onion salad 10.95/13.95  
**Goats' cheese and roasted Mediterranean vegetable quiche** with crème fraîche potato salad 9.95  
**Beetroot and mint falafel** with Tzatziki, Fattoush salad and vegan feta cheese Vg 10.95  
**Open prawn Marie Rose sandwich** on GF seeded bread 8.95

This menu has been accredited by Coeliac UK.  
Processes and training are in place to ensure that meals on this menu are gluten free. 'Gluten free' describes foods that contain gluten at a level of no more than 20 parts per million (ppm).  
All our food is prepared in a kitchen where other cross contamination risks may occur.  
Full allergen information is available upon request.  
If you have a question, food allergy or intolerance, please let us know before placing your order.



## Children's Menu

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**Fish fingers** with chips and peas 6.75

**Tomato and basil fusilli pasta** with grated cheese 5.95

## Puddings and Ice Creams

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**Triple chocolate brownie** with chocolate sauce and vanilla ice cream 6.75

**Sticky toffee pudding** with toffee sauce and vanilla ice cream 6.75

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry, raspberry ripple or honeycomb 5.85

**Cheshire Farm sorbet** ; choose three scoops from lemon, lime, strawberry, Bramley apple, blackcurrant and mango 5.70

**2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Mild Cheddar, West Country Brie and Perl Las served with GF biscuits, chutney and celery 6.95

## Hot Drinks

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**GF Cafetière coffee** 2.85

**GF Cappuccino** 2.95

**GF Espresso (single)** 2.85

**GF Espresso (double)** 3.25

**GF Tea (including herbal)** 2.60

**GF Latte** 2.95

**Mocha** 2.95

## Coffee and a Small Pudding

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Choose a mini version of our puddings with a tea or coffee of your choice 6.95

**Sticky toffee pudding**

**Warm chocolate brownie**

**Crème brûlée**

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Processes and training are in place to ensure that meals on this menu are gluten free. 'Gluten free' describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

All our food is prepared in a kitchen where other cross contamination risks may occur.

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## Gluten Free Menu

With Allergen Information

~ Tuesday 27th October 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

### While You Wait

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**Daura Damn** Gluten free beer £3.95

**Old speckled hen** Gluten free beer £4.00

### Starters and Nibbles

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**Cream of tomato and roasted red pepper soup** with gluten free bread £5.95

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

**Chicken liver pâté** with apricot chutney and granary toast £6.95

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

**Prawn cocktail** with Marie Rose sauce and buttered GF seeded bread £8.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

**Garlic and chilli king prawn** £6.75

*Contains: Crustaceans, Milk, Sulphur Dioxide*

**BBQ chicken wings** £5.75

*Contains: Celery, Mustard, Sulphur Dioxide*

### Mains

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**8oz ribeye** with Dijon and tarragon butter, Portobello mushrooms, tomato and chips £24.95

*Contains: Milk, Mustard, Sulphur Dioxide*

**Chicken, ham and leek pie**, mash, buttered greens, white wine and tarragon sauce £14.95

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

**Deep fried cod in beer batter** with chunky chips, mushy peas, tartare sauce £14.95

*Contains: Egg, Fish, Mustard, Sulphur Dioxide*

**Smoked haddock and salmon fishcake**, tomato and spring onion salad £13.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts £13.95

*Contains: Nuts, Soya*

**Sweet potato, aubergine and spinach Malaysian curry** with coconut rice and pak choi Vg £13.95

*Contains: Mustard, Sulphur Dioxide*

**Moroccan vegetable and chickpea pie** with charred courgettes, baby peppers and toasted almonds £12.95

*Contains: Nuts, Celery, Sulphur Dioxide*

### Side Orders

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**Chunky chips** £3.95

**Fries** £3.95

**Buttered vegetables** £3.95

*Contains: Milk, Sulphur Dioxide*

**Beer battered onion rings** £3.95

**Green salad with lemon dressing** £3.95

*Contains: Celery, Sulphur Dioxide*

**Peppercorn sauce** £2.50

*Contains: Milk, Celery, Sulphur Dioxide*

## Light Bites

**Smoked haddock and salmon fishcake**, tomato and spring onion salad £10.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Goats' cheese and roasted Mediterranean vegetable quiche** with crème fraîche potato salad £9.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Beetroot and mint falafel** with Tzatziki, Fattoush salad and vegan feta cheese Vg £10.95

*Contains: Sulphur Dioxide*

**Open prawn Marie Rose sandwich** on GF seeded bread £8.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

## Children's Menu

**Fish fingers** with chips and peas £6.75

*Contains: Egg, Fish, Milk*

**Tomato and basil fusilli pasta** with grated cheese £5.95

*Contains: Milk, Sulphur Dioxide*

## Puddings and Ice Creams

**Triple chocolate brownie** with chocolate sauce and vanilla ice cream £6.75

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** with toffee sauce and vanilla ice cream £6.75

*Contains: Egg, Soya, Milk*

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry, raspberry ripple or honeycomb £5.85

*Contains: Peanuts, Nuts, Soya, Milk*

**Cheshire Farm sorbet** ; choose three scoops from lemon, lime, strawberry, Bramley apple, blackcurrant and mango £5.70

*Contains: Milk*

**2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Mild Cheddar, West Country Brie and Perl Las served with

GF biscuits, chutney and celery £6.95

*Contains: Milk, Celery, Sulphur Dioxide*

## Hot Drinks

GF Cafetière coffee £2.85

*Contains: Egg, Soya, Milk*

GF Cappuccino £2.95

*Contains: Egg, Soya, Milk*

GF Espresso (single) £2.85

*Contains: Egg, Soya, Milk*

GF Espresso (double) £3.25

*Contains: Egg, Soya, Milk*

GF Tea (including herbal) £2.60

*Contains: Egg, Soya, Milk*

GF Latte £2.95

*Contains: Egg, Soya, Milk*

**Mocha** £2.95

*Contains: Egg, Soya, Milk*

## Coffee and a Small Pudding

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Choose a mini version of our puddings with a tea  
or coffee of your choice 6.95

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Crème brûlée**

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Two scoops** £3.90

*Contains: Peanuts, Nuts, Soya, Milk*

**Single scoop** £1.95

*Contains: Peanuts, Nuts, Soya, Milk*

Two scoops £3.80

*Contains: Nuts, Soya, Milk*

Single scoop £1.90

*Contains: Nuts, Milk*