

The Inn at Shipley

Gluten Free Menu

~ Tuesday 27th October 2020 ~

Starters and Nibbles

Mushroom Soup with GF bread 5.95

Chicken liver pâté with apricot chutney and granary toast 6.95

Prawn cocktail with Marie Rose sauce and buttered GF seeded bread 8.95

Mezze plate - marinated aubergine and courgette, blush tomatoes, chickpea hummus and flat bread toasts 6.75

Vegan Feta Croquettes grape curd, pickled cucumber and red chicory salad 8.95

Nocellara olives 3.95

Garlic and chilli king prawn 6.75

BBQ chicken wings 5.75

Sweet potato and red onion bhajis 4.75

GF Duck croquettes with plum chutney 5.25

Mains

7oz fillet steak with portobello mushrooms, peppercorn sauce, tomato and chips 26.95

Pan seared duck breast with a duck leg cassoulet, crispy kale and date puree 19.95

Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce 14.95/11.95

Crispy beef salad with sweet chilli sauce and roasted cashew nuts 13.95

GF Malaysian chicken curry with coconut rice and steamed pak choi 14.95

Braised shoulder of lamb with minted crushed new potatoes and rosemary gravy 18.95

Braised feather of beef bourguignon with horseradish mash and buttered kale 16.95

Lamb, roasted parsnip and rosemary pie with mash and buttered greens 14.95

Vegan Meatballs with vegetable linguini, marinara sauce and basil oil 11.95

Side Orders

Chunky chips 3.95

Fries 3.95

Buttered vegetables 3.95

Beer battered onion rings 3.95

Green salad with lemon dressing 3.95

Peppercorn sauce 2.50

Light Bites

Goats' cheese and roasted Mediterranean vegetable quiche with crème fraîche potato salad 9.95

Open prawn Marie Rose sandwich on GF seeded bread 8.95

Smoked haddock and salmon fishcake with poached egg and warm tartare sauce 10.95

Vegan Feta Croquettes grape curd, pickled cucumber and red chicory salad 8.95

This menu has been accredited by Coeliac UK.

Processes and training are in place to ensure that meals on this menu are gluten free. 'Gluten free' describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

All our food is prepared in a kitchen where other cross contamination risks may occur.

Full allergen information is available upon request.

If you have a question, food allergy or intolerance, please let us know before placing your order.



Puddings and Ice Creams

Triple chocolate brownie with chocolate sauce and vanilla ice cream 6.75

Sticky toffee pudding with toffee sauce and vanilla ice cream 6.75

Lemon meringue roulade with raspberry sorbet 6.75

Cheshire Farm Ice Cream; choose from: vanilla, chocolate, strawberry, raspberry ripple or bannoffe 5.85

Cheshire Farm sorbet ; choose three scoops from lemon, passion fruit and raspberry 5.85

2 scoops 3.90 / 1 scoop 1.95

A selection of British farmhouse cheese Barbers Vintage Cheddar, West Country Brie and Blacksticks Blue served with GF biscuits, chutney and celery 6.95

Children's Menu

Tomato and basil penne pasta with grated cheese 5.95

Chicken goujons with chips and peas 6.95

Fish fingers with chips and peas 6.75

Hot Drinks

Cafetière coffee 2.95

Tea (including herbal) 2.60

Cappuccino 2.95

Latte 2.95

Espresso double 2.85

Espresso single 2.45

Mocha 2.95

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

Warm chocolate brownie

Sticky toffee pudding

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With Allergen Information

~ Tuesday 27th October 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

Mushroom Soup with GF bread £5.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Chicken liver pâté with apricot chutney and granary toast £6.95

Contains: Egg, Milk, Mustard, Sulphur Dioxide

Prawn cocktail with Marie Rose sauce and buttered GF seeded bread £8.95

Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide

Mezze plate - marinated aubergine and courgette, blush tomatoes, chickpea hummus and flat bread toasts £6.75

Contains: Egg, Sesame, Sulphur Dioxide

Vegan Feta Croquettes grape curd, pickled cucumber and red chicory salad £8.95

Contains: Sulphur Dioxide

Nocellara olives £3.95

Garlic and chilli king prawn £6.75

Contains: Crustaceans, Milk, Sulphur Dioxide

BBQ chicken wings £5.75

Contains: Celery, Mustard, Sulphur Dioxide

Sweet potato and red onion bhajis £4.75

Contains: Mustard, Sulphur Dioxide

GF Duck croquettes with plum chutney £5.25

Contains: Egg, Milk, Sulphur Dioxide

Mains

7oz fillet steak with portobello mushrooms, peppercorn sauce, tomato and chips £26.95

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Pan seared duck breast with a duck leg cassoulet, crispy kale and date puree £19.95

Contains: Celery, Sulphur Dioxide

Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Mustard, Sulphur Dioxide

Crispy beef salad with sweet chilli sauce and roasted cashew nuts £13.95

Contains: Nuts, Soya

GF Malaysian chicken curry with coconut rice and steamed pak choi £14.95

Contains: Celery, Mustard, Sulphur Dioxide

Braised shoulder of lamb with minted crushed new potatoes and rosemary gravy £18.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Braised feather of beef bourguignon with horseradish mash and buttered kale £16.95

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Lamb, roasted parsnip and rosemary pie with mash and buttered greens £14.95

Contains: Milk, Celery, Sulphur Dioxide

Vegan Meatballs with vegetable linguini, marinara sauce and basil oil £11.95

Contains: Celery, Sulphur Dioxide

Side Orders

Chunky chips £3.95

Fries £3.95

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Beer battered onion rings £3.95

Green salad with lemon dressing £3.95

Contains: Celery, Sulphur Dioxide

Peppercorn sauce £2.50

Contains: Milk, Celery, Sulphur Dioxide

Light Bites

Goats' cheese and roasted Mediterranean vegetable quiche with crème fraîche potato salad £9.95

Contains: Egg, Milk, Sulphur Dioxide

Open prawn Marie Rose sandwich on GF seeded bread £8.95

Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide

Smoked haddock and salmon fishcake with poached egg and warm tartare sauce £10.95

Contains: Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide

Vegan Feta Croquettes grape curd, pickled cucumber and red chicory salad £8.95

Contains: Sulphur Dioxide

Puddings and Ice Creams

Triple chocolate brownie with chocolate sauce and vanilla ice cream £6.75

Contains: Egg, Soya, Milk

Sticky toffee pudding with toffee sauce and vanilla ice cream £6.75

Contains: Egg, Soya, Milk

Lemon meringue roulade with raspberry sorbet £6.75

Contains: Egg, Milk

Cheshire Farm Ice Cream; choose from: vanilla, chocolate, strawberry, raspberry ripple or bannoffee £5.85

Contains: Peanuts, Nuts, Soya, Milk

Cheshire Farm sorbet ; choose three scoops from lemon, passion fruit and raspberry £5.85

Contains: Milk

2 scoops 3.90 / 1 scoop 1.95

A selection of British farmhouse cheese Barbers Vintage Cheddar, West Country Brie and Blacksticks Blue served with GF biscuits, chutney and celery £6.95

Contains: Milk, Celery, Sulphur Dioxide

Children's Menu

Tomato and basil penne pasta with grated cheese £5.95

Contains: Milk, Sulphur Dioxide

Chicken goujons with chips and peas £6.95

Contains: Egg, Milk

Fish fingers with chips and peas £6.75

Contains: Egg, Fish, Milk

Hot Drinks

Cafetière coffee £2.95

Contains: Egg, Soya, Milk

Tea (including herbal) £2.60

Contains: Egg, Soya, Milk

Cappuccino £2.95

Contains: Egg, Soya, Milk

Latte £2.95

Contains: Egg, Soya, Milk

Espresso double £2.85

Contains: Egg, Soya, Milk

Espresso single £2.45

Contains: Egg, Soya, Milk

Mocha £2.95

Contains: Egg, Soya, Milk

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea
or coffee of your choice 6.95

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Crème brûlée £6.95

Contains: Egg, Milk

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Two scoops £3.90

Contains: Peanuts, Nuts, Soya, Milk

Single scoop £1.95

Contains: Peanuts, Nuts, Soya, Milk

Two scoops £3.90

Contains: Milk

Single scoop £1.95

Contains: Milk