

The Horse & Groom

Gluten Free Menu

~ Wednesday 22nd September 2021 ~

Starters and Nibbles

- Carrot and orange soup with coriander and crispy shallots 5.95
Peri-Peri falafels, bbq corn slaw, chicory, coriander 6.95
Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95
Potted trout and smoked mackerel, spiced butter, capers, samphire, fennel, GF toast 7.95
Crispy lamb and feta salad, wild garlic, mint, broad beans 6.95
Nocellara olives (vg) 3.95
Crispy chilli beef, cashew nuts 6.75
Garlic and chilli King prawns 6.95
Halloumi fries, tomato salsa 5.95
Warm chorizo sausage, roquito peppers 5.95

Mains

- Allotment pie, carrot and swede topping, seasonal veg, vegan gravy (VG) 13.95
Buttercross farm pork, sun blush tomato and basil sausages, buttered mash potatoes, onion gravy 13.95/10.95
Malaysian chicken curry, coconut rice, steamed pak choi 14.95
Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95
10oz Sirloin, Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95
Braised shoulder of lamb, crushed minted new potatoes, rosemary gravy 18.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95
Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95
Steak and ale pie, mash, buttered greens, red wine gravy 14.95

Sides

- Chunky chips 3.75
Fries 3.75
Buttered vegetables 3.95
Peppercorn sauce 2.50
Minted buttered new potatoes 3.95
Mixed salad (vg) 3.95

Childrens Menu

- Chicken goujons, chips, peas 6.95
Fish fingers, chips and peas 6.95
5oz rump steak, chips, peas 8.95
Tomato and basil pasta, cheese 5.95
Triple chocolate brownie, vanilla ice cream 3.95
Sticky toffee pudding, vanilla ice cream 3.95

puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Creme brulee with shortbread 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Ice Creams and Sorbets

Ice Creams - Vanilla, Chocolate, Honeycomb

Sorbets -Raspberry, Lemon

Cheshire Farm ice cream choose three scoops from; 5.85

Cheshire Farm ice cream choose two scoops from; 3.90

Cheshire Farm ice cream choose one scoop from; 1.95

Coffees and Hot Drinks

Cafetiere of coffee 2.95

Latte 2.95

Flat white 2.95

Americano 2.95

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

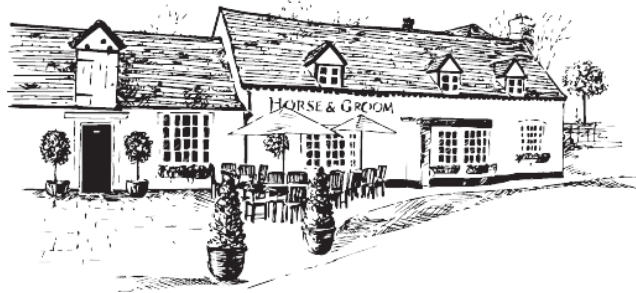
Hot Drink with a Small Pudding

Creme brulee with shortbread 6.95

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



The Horse & Groom

Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

Carrot and orange soup with coriander and crispy shallots £5.95

Contains: Egg, Milk, Celery

Peri-Peri falafels, bbq corn slaw, chicory, coriander £6.95

Contains: Celery, Mustard

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Potted trout and smoked mackerel, spiced butter, capers, samphire, fennel, GF toast £7.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Crispy lamb and feta salad, wild garlic, mint, broad beans £6.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Nocellara olives (vg) £3.95

Crispy chilli beef, cashew nuts £6.75

Contains: Nuts, Soya, Celery

Garlic and chilli King prawns £6.95

Contains: Crustaceans, Milk

Halloumi fries, tomato salsa £5.95

Contains: Milk

Warm chorizo sausage, roquito peppers £5.95

Contains: Soya, Milk

Mains

Allotment pie, carrot and swede topping, seasonal veg, vegan gravy (VG) £13.95

Contains: Celery, Sulphur Dioxide

Buttercross farm pork, sun blush tomato and basil sausages, buttered mash potatoes, onion gravy £13.95

Contains: Milk, Celery, Sulphur Dioxide

Malaysian chicken curry, coconut rice, steamed pak choi £14.95

Contains: Sulphur Dioxide

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

10oz Sirloin, Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

Contains: Milk, Mustard, Sulphur Dioxide

Braised shoulder of lamb, crushed minted new potatoes, rosemary gravy £18.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Steak and ale pie, mash, buttered greens, red wine gravy £14.95

Contains: Milk, Sulphur Dioxide

Sides

Chunky chips £3.75

Fries £3.75

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Peppercorn sauce £2.50

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Minted buttered new potatoes £3.95

Contains: Milk

Mixed salad (vg) £3.95

Childrens Menu

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Fish fingers, chips and peas £6.95

Contains: Egg, Fish, Milk

5oz rump steak, chips, peas £8.95

Tomato and basil pasta, cheese £5.95

Contains: Milk

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Creme brulee with shortbread £6.95

Contains: Egg, Milk, Sulphur Dioxide

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Ice Creams and Sorbets

Ice Creams - Vanilla, Chocolate, Honeycomb

Sorbets -Raspberry, Lemon

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Coffees and Hot Drinks

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Cafetiere of coffee £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding

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Creme brulee with shortbread £6.95

Contains: Egg, Milk

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk