

The Highdown

Gluten Free Menu

~ Wednesday 4th November 2020 ~

While You Wait

Peroni Gluten Free Peroni Gluten Free 4.00

Gun Brewery - Numb Angel 4% 5.80

Starters and Nibbles

Spiced Pumpkin, coconut and lime soup, bread and butter (v) 5.95

Juniper cured partridge salad with mulled pear and roasted hazelnuts 6.95

Mezze plate - marinated aubergine and courgette, blush tomatoes, chickpea hummus and flat bread toasts (vg) 6.75

Garlic and chilli king prawn 6.75

BBQ chicken wings 5.75

Halloumi fries with tomato salsa 5.95

Nocellara olives 3.95

Mains

Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce 14.95/11.95

Steak and ale pie with buttered mash potatoes & Seasonal 14.95

Fish pie; salmon, smoked haddock and prawns with French style peas 16.95

Mushroom Bourguignon pie olive oil mash, sautéed greens and red wine jus (vg) 14.95

Crispy beef salad with sweet chilli sauce and roasted cashew nuts 13.95

Buttercross farm pork and leek sausages with mash, buttered greens and onion gravy 13.95/10.95

Light Bites

Smoked haddock and salmon fishcake, tomato and spring onion salad 10.95/13.95

Wild mushroom risotto with tarragon, rocket and truffle oil 9.95

Goats' cheese and roasted Mediterranean vegetable quiche with crème fraîche potato salad (v) 9.95

This menu has been accredited by Coeliac UK.
Processes and training are in place to ensure that meals on this menu are gluten free. "Gluten free" describes foods that contain gluten at a level of no more than 20 parts per million (ppm).
All our food is pr



Side Orders

Truffle & Parmesan fries 4.25

Chunky chips 3.95

Fries 3.95

Buttered vegetables 3.95

Beer battered onion rings 3.95

Green salad with lemon dressing 3.95

Children's Menu

Chicken goujons with chips and peas 6.95

Fish fingers with chips and peas 6.75

Puddings and Ice Creams

Sticky toffee pudding with toffee sauce, sticky toffee ice cream 6.75

Triple chocolate brownie with chocolate sauce and chocolate ice cream 6.75

Crème brûlée with shortbread 6.75

A selection of British farmhouse cheese Barbers Vintage Cheddar, West Country Brie and Blacksticks Blue served with GF biscuits, chutney and celery 6.95

Cheshire Farm Ice Cream; choose three scoops from: Sticky Toffee, Apple & Blackberry, Coffee bean, Raspberry ripple or Chocolate 5.85

Cheshire Farm sorbet ; Choose from raspberry, lime or lemon 5.85

Hot Drinks

Mocha 2.95

Cafetière coffee 2.95

Cappuccino 2.95

Espresso single 2.45

Espresso double 2.85

Tea (including herbal) 2.60

Latte 2.95

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

Warm chocolate brownie

Crème brûlée

Sticky toffee pudding

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The Highdown

Gluten Free Menu

With Allergen Information

~ Wednesday 4th November 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

While You Wait

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Peroni Gluten Free Peroni Gluten Free £4.00

Gun Brewery - Numb Angel 4% £5.80

Starters and Nibbles

.....
Spiced Pumpkin, coconut and lime soup, bread and butter (v) £5.95

Contains: Egg, Milk, Celery

Juniper cured partridge salad with mulled pear and roasted hazelnuts £6.95

Contains: Nuts, Sulphur Dioxide

Mezze plate - marinated aubergine and courgette, blush tomatoes, chickpea hummus and flat bread toasts (vg) £6.75

Contains: Egg, Sesame, Sulphur Dioxide

Garlic and chilli king prawn £6.75

Contains: Crustaceans, Milk, Sulphur Dioxide

BBQ chicken wings £5.75

Contains: Celery, Mustard, Sulphur Dioxide

Halloumi fries with tomato salsa £5.95

Contains: Milk

Nocellara olives £3.95

Mains

.....
Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Mustard, Sulphur Dioxide

Steak and ale pie with buttered mash potatoes & Seasonal £14.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Fish pie; salmon, smoked haddock and prawns with French style peas £16.95

Contains: Crustaceans, Egg, Fish, Milk, Celery, Sulphur Dioxide

Mushroom Bourguignon pie olive oil mash, sautéed greens and red wine jus (vg) £14.95

Contains: Celery, Sulphur Dioxide

Crispy beef salad with sweet chilli sauce and roasted cashew nuts £13.95

Contains: Nuts, Soya

Buttercross farm pork and leek sausages with mash, buttered greens and onion gravy £13.95

Contains: Soya, Milk, Celery, Sulphur Dioxide

Light Bites

Smoked haddock and salmon fishcake, tomato and spring onion salad £10.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Wild mushroom risotto with tarragon, rocket and truffle oil £9.95

Contains: Celery

Goats' cheese and roasted Mediterranean vegetable quiche with crème fraîche potato salad (v) £9.95

Contains: Egg, Milk, Sulphur Dioxide

Side Orders

Truffle & Parmesan fries £4.25

Contains: Milk

Chunky chips £3.95

Fries £3.95

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Beer battered onion rings £3.95

Green salad with lemon dressing £3.95

Contains: Celery, Sulphur Dioxide

Children's Menu

Chicken goujons with chips and peas £6.95

Contains: Egg, Milk

Fish fingers with chips and peas £6.75

Contains: Egg, Fish, Milk

Puddings and Ice Creams

Sticky toffee pudding with toffee sauce, sticky toffee ice cream £6.75

Contains: Egg, Soya, Milk

Triple chocolate brownie with chocolate sauce and chocolate ice cream £6.75

Contains: Egg, Soya, Milk

Crème brûlée with shortbread £6.75

Contains: Egg, Milk

A selection of British farmhouse cheese Barbers Vintage Cheddar, West Country Brie and Blacksticks Blue served with GF biscuits, chutney and celery £6.95

Contains: Milk, Celery, Sulphur Dioxide

Cheshire Farm Ice Cream; choose three scoops from: Sticky Toffee, Apple & Blackberry, Coffee bean, Raspberry ripple or Chocolate £5.85

Contains: Peanuts, Nuts, Soya, Milk

Cheshire Farm sorbet ; Choose from raspberry, lime or lemon £5.85

Contains: Milk

Hot Drinks

Mocha £2.95

Contains: Egg, Soya, Milk

Cafetière coffee £2.95

Contains: Egg, Soya, Milk

Cappuccino £2.95

Contains: Egg, Soya, Milk

Espresso single £2.45

Contains: Egg, Soya, Milk

Espresso double £2.85

Contains: Egg, Soya, Milk

Tea (including herbal) £2.60

Contains: Egg, Soya, Milk

Latte £2.95

Contains: Egg, Soya, Milk

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea
or coffee of your choice 6.95

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Crème brûlée

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Crème brûlée £6.95

Contains: Egg, Milk

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Two scoops £3.90

Contains: Peanuts, Nuts, Soya, Milk

Single scoop £1.95

Contains: Peanuts, Nuts, Soya, Milk

Two scoops £3.90

Contains: Milk

Single scoop £1.95

Contains: Milk