The Hayhurst Arms - Gluten free menu

 \sim Wednesday 22nd September 2021 \sim

Starters and Nibbles

Roasted tomato and red pepper soup with GF bread and butter 5.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Halloumi fries, tomato salsa 5.95 Nocellara olives (vg) 3.95 Warm chorizo sausage, roquito peppers 5.95

Cauliflower fritters, curried mayonnaise 4.75 Garlic and chilli King prawns 6.95 BBQ chicken wings 5.75

Mains

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95

7oz fillet steak with Portobello mushrooms, peppercorn sauce, tomato and chips 28.95

Braised shoulder of lamb, crushed minted new potatoes, rosemary gravy 18.95

Pan fried sea bass, crayfish risotto, pea veloute, crisp ham 17.50

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

Honey roasted ham (served cold) with free range eggs and chips 13.95/10.95

Sweet potato, aubergine and spinach Malaysian curry coconut rice, pak choi (vg) 13.95

Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce 14.95

Smoked haddock kedgeree with curried rice, poached egg and coriander oil 10.95

Appleby's Cheshire cheese, onion and potato pie, buttered greens, gravy (v) 13.95

Sides

Chunky chips 3.75 Fries 3.75

Buttered vegetables 3.95 Beer battered onion rings 3.95 Minted buttered new potatoes 3.95

Peppercorn sauce 2.50

Childrens Menu

Chicken goujons, chips, peas 6.95 Fish fingers, chips and peas 6.95 Tomato and basil pasta, cheese 5.95

5oz rump steak, fries, peas 8.95 Triple chocolate brownie, vanilla ice cream 3.95 Sticky toffee pudding, vanilla ice cream 3.95



Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce 6.75

Coconut panna cotta, pineapple salsa, granola, passion fruit sorbet 6.75

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream 6.95

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Sticky toffee pudding, vanilla ice cream 6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; 5.85

vanilla, strawberry, chocolate, coconut, salted caramel, honeycomb, raspberry sorbet, passion fruit sorbet, strawberry sorbet, lemon sorbet

Cheshire Farm ice cream choose two scoops from; 3.90

vanilla, strawberry, chocolate, coconut, salted caramel, honeycomb, raspberry sorbet, passion fruit sorbet, strawberry sorbet, lemon sorbet

Cheshire Farm ice cream choose one scoop from; 1.95

vanilla, strawberry, chocolate, coconut, salted caramel, honeycomb, raspberry sorbet, passion fruit sorbet, strawberry sorbet, lemon sorbet

Coffees and Hot Drinks

Cafetiere of coffee 2.95 Latte 2.95 Cappuccino 2.95 Flat white 2.95

Americano 2.95 Double Espresso 3.45 Selection of tea 2.70 Hot chocolate 2.95

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With Allergen Information

 \sim Wednesday 22nd September 2021 \sim

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

Roasted tomato and red pepper soup with GF bread and butter £5.95 Contains: Egg, Milk, Celery, Sulphur Dioxide

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95 Contains: Egg, Milk, Sulphur Dioxide

> Halloumi fries, tomato salsa £5.95 Contains: Milk

Nocellara olives (vg) £3.95 Warm chorizo sausage, roquito peppers £5.95 *Contains: Soya, Milk*

Cauliflower fritters, curried mayonnaise £4.75 *Contains: Egg, Mustard*

> **Garlic and chilli King prawns** £6.95 Contains: Crustaceans, Milk

> > **BBQ chicken wings** £5.75 Contains: Celery, Mustard

Mains

10oz ribeye with Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95 Contains: Milk, Mustard, Sulphur Dioxide

7oz fillet steak with Portobello mushrooms, peppercorn sauce, tomato and chips £28.95 Contains: Milk, Celery, Mustard, Sulphur Dioxide

Braised shoulder of lamb, crushed minted new potatoes, rosemary gravy £18.95 Contains: Soya, Milk, Celery, Sulphur Dioxide

Pan fried sea bass, crayfish risotto, pea veloute, crisp ham £17.50 Contains: Crustaceans, Fish, Milk, Celery, Sulphur Dioxide

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95 *Contains: Egg, Fish, Sulphur Dioxide*

Honey roasted ham (served cold) with free range eggs and chips £13.95 Contains: Egg, Mustard, Sulphur Dioxide

Sweet potato, aubergine and spinach Malaysian curry coconut rice, pak choi (vg) £13.95 Contains: Sulphur Dioxide

> **Crispy beef salad,** sweet chilli sauce, roasted cashew nuts £13.95 Contains: Nuts, Soya, Celery

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce £14.95 *Contains: Egg, Milk, Celery, Sulphur Dioxide* Smoked haddock kedgeree with curried rice, poached egg and coriander oil £10.95 Contains: Fish, Milk, Celery, Mustard, Sulphur Dioxide

Appleby's Cheshire cheese, onion and potato pie, buttered greens, gravy (v) £13.95 Contains: Egg, Milk, Sulphur Dioxide

Sides

Chunky chips £3.75 Fries £3.75 Buttered vegetables £3.95 Contains: Milk, Sulphur Dioxide

Beer battered onion rings £3.95 Peppercorn sauce £2.50 Contains: Milk, Celery, Mustard, Sulphur Dioxide

Minted buttered new potatoes £3.95 Contains: Milk

Childrens Menu

Chicken goujons, chips, peas £6.95 *Contains: Egg, Milk*

Fish fingers, chips and peas £6.95 Contains: Egg, Fish, Milk

Tomato and basil pasta, cheese £5.95 Contains: Milk

50z rump steak, fries, peas £8.95 *Contains: Celery, Sulphur Dioxide*

Triple chocolate brownie, vanilla ice cream £3.95 Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95 Contains: Egg, Milk

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95 *Contains: Egg, Soya, Milk*

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95 Contains: Egg, Soya, Milk

Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce £6.75 Contains: Egg, Milk

Coconut panna cotta, pineapple salsa, granola, passion fruit sorbet £6.75 *Contains: Sulphur Dioxide*

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream £6.95 *Contains: Egg, Soya, Milk*

Sticky toffee pudding, vanilla ice cream £6.95 Contains: Egg, Milk

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; $f_{5.85}$

Contains: Milk

vanilla, strawberry, chocolate, coconut, salted caramel, honeycomb, raspberry sorbet, passion fruit sorbet, strawberry sorbet, lemon sorbet

Cheshire Farm ice cream choose two scoops from; $f_{2}3.90$

Contains: Milk

vanilla, strawberry, chocolate, coconut, salted caramel, honeycomb, raspberry sorbet, passion fruit sorbet, strawberry sorbet, lemon sorbet

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

vanilla, strawberry, chocolate, coconut, salted caramel, honeycomb, raspberry sorbet, passion fruit sorbet, strawberry sorbet, lemon sorbet

Coffees and Hot Drinks

Cafetiere of coffee £2.95 *Contains: Milk*

> Latte £2.95 Contains: Milk

Cappuccino £2.95 *Contains: Milk*

Flat white £2.95 Contains: Milk

Americano £2.95 Contains: Milk

Double Espresso £3.45 Contains: Milk

Selection of tea £2.70 Contains: Milk

Hot chocolate £2.95 Contains: Milk