

# The Hare

## Gluten Free Menu

~ Sunday 8th November 2020 ~

### Starters and Nibbles

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**Chicken liver pâté** with apricot chutney and granary toast 6.95

**Prawn cocktail** with Marie Rose sauce and buttered GF seeded bread 8.95

**Mezze plate** - marinated aubergine and courgette, blush tomatoes, chickpea hummus and flat bread toasts 6.75

**Pea and mint soup** with cheese toasties 5.95

Nocellara olives 3.95

Halloumi fries with tomato salsa 5.95

Warm chorizo sausage 5.95

BBQ chicken wings 5.75

Garlic and chilli king prawn 6.75

### Mains

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**Chicken, ham and leek pie**, mash, buttered greens, white wine and tarragon sauce 14.95

**Deep fried cod in beer batter** with chunky chips, mushy peas, tartare sauce 14.95/11.95

**10oz ribeye steak**, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips 25.95

**Moroccan vegetable and chickpea pie** with charred courgettes, baby peppers and toasted almonds 13.95

**Braised shoulder of lamb** with minted crushed new potatoes and rosemary gravy 18.95

**Grilled seabass fillets** with potato and shallot terrine, chervil and lemon cream sauce 16.95

**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts 13.95

**Braised feather of beef bourguignon** with horseradish mash and buttered kale 16.95

**Buttercross farm pork and leek sausages** with mash, buttered greens and onion gravy 13.95/10.95

**Malaysian chicken curry** with coconut rice and steamed pak choi 14.95

### Light Bites

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**Smoked haddock and salmon fishcake**, tomato and spring onion salad 10.95/13.95

**Wild mushroom risotto** with tarragon, rocket and truffle oil 9.95

**Open prawn Marie Rose sandwich** on GF seeded bread 8.95

### Side Orders

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Chunky chips 3.95

Fries 3.95

Buttered vegetables 3.95

Beer battered onion rings 3.95

Green salad with lemon dressing 3.95

Peppercorn sauce 2.50

This menu has been accredited by Coeliac UK.  
Processes and training are in place to ensure that meals on this menu are gluten free. "Gluten free" describes  
foods that contain gluten at a level



## Puddings and Ice Creams

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**Apple and mixed berry crumble** with vanilla custard 6.75

**Crème brûlée** with shortbread biscuits 6.75

**Triple chocolate brownie** with chocolate sauce and vanilla ice cream 6.75

**Sticky toffee pudding** with toffee sauce and vanilla ice cream 6.75

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry, raspberry ripple or honeycomb 5.85

**Cheshire Farm sorbet** ; choose three scoops from lemon, passion fruit, bramley apple, cherry 5.85

**2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Winterdale, West Country Brie and Yorkshire Blue served with GF biscuits, chutney and celery 6.95

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### Hot Drinks

**Espresso double** 2.85

**Mocha** 2.95

**Latte** 2.95

**Espresso single** 2.45

**Cafetière coffee** 2.95

**Cappuccino** 2.95

**Tea (including herbal)** 2.60

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### Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

**Sticky toffee pudding**

**Crème brûlée**

**Warm chocolate brownie**

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### Children's Menu

**Tomato and basil penne pasta** with grated cheese 5.95

**5oz rump steak** with fries and peas 8.95

**Fish fingers** with chips and peas 6.75

**Chicken goujons** with chips and peas 6.95

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Processes and training are in place to ensure that meals on this menu are gluten free. "Gluten free" describes foods that contain gluten at a level

# The Hare

## Gluten Free Menu

With Allergen Information

~ Sunday 8th November 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

### Starters and Nibbles

**Chicken liver pâté** with apricot chutney and granary toast £6.95

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

**Prawn cocktail** with Marie Rose sauce and buttered GF seeded bread £8.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

**Mezze plate** - marinated aubergine and courgette, blush tomatoes, chickpea hummus and flat bread toasts £6.75

*Contains: Egg, Sesame, Sulphur Dioxide*

**Pea and mint soup** with cheese toasties £5.95

*Contains: Egg, Milk, Celery*

**Nocellara olives** £3.95

**Halloumi fries with tomato salsa** £5.95

*Contains: Milk*

Warm chorizo sausage £5.95

*Contains: Soya, Milk, Sulphur Dioxide*

**BBQ chicken wings** £5.75

*Contains: Celery, Mustard, Sulphur Dioxide*

**Garlic and chilli king prawn** £6.75

*Contains: Crustaceans, Milk, Sulphur Dioxide*

### Mains

**Chicken, ham and leek pie**, mash, buttered greens, white wine and tarragon sauce £14.95

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

**Deep fried cod in beer batter** with chunky chips, mushy peas, tartare sauce £14.95

*Contains: Egg, Fish, Mustard, Sulphur Dioxide*

**10oz ribeye steak**, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips £25.95

*Contains: Milk, Mustard, Sulphur Dioxide*

**Moroccan vegetable and chickpea pie** with charred courgettes, baby peppers and toasted almonds £13.95

*Contains: Nuts, Celery, Sulphur Dioxide*

**Braised shoulder of lamb** with minted crushed new potatoes and rosemary gravy £18.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

**Grilled seabass fillets** with potato and shallot terrine, chervil and lemon cream sauce £16.95

*Contains: Fish, Milk, Celery, Sulphur Dioxide*

**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts £13.95

*Contains: Nuts, Soya*

**Braised feather of beef bourguignon** with horseradish mash and buttered kale £16.95

*Contains: Milk, Celery, Mustard, Sulphur Dioxide*

**Buttercross farm pork and leek sausages** with mash, buttered greens and onion gravy £13.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

**Malaysian chicken curry** with coconut rice and steamed pak choi £14.95

*Contains: Celery, Mustard, Sulphur Dioxide*

## Light Bites

**Smoked haddock and salmon fishcake**, tomato and spring onion salad £10.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Wild mushroom risotto** with tarragon, rocket and truffle oil £9.95

*Contains: Celery*

**Open prawn Marie Rose sandwich** on GF seeded bread £8.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

## Side Orders

**Chunky chips** £3.95

**Fries** £3.95

**Buttered vegetables** £3.95

*Contains: Milk, Sulphur Dioxide*

**Beer battered onion rings** £3.95

**Green salad with lemon dressing** £3.95

*Contains: Celery, Sulphur Dioxide*

**Peppercorn sauce** £2.50

*Contains: Milk, Celery, Sulphur Dioxide*

## Puddings and Ice Creams

**Apple and mixed berry crumble** with vanilla custard £6.75

*Contains: Milk*

**Crème brûlée** with shortbread biscuits £6.75

*Contains: Egg, Milk*

**Triple chocolate brownie** with chocolate sauce and vanilla ice cream £6.75

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** with toffee sauce and vanilla ice cream £6.75

*Contains: Egg, Soya, Milk*

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry, raspberry ripple or honeycomb £5.85

*Contains: Peanuts, Nuts, Soya, Milk*

**Cheshire Farm sorbet** ; choose three scoops from lemon, passion fruit, bramley apple, cherry £5.85

*Contains: Milk*

**2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Winterdale, West Country Brie and Yorkshire Blue served with GF biscuits, chutney and celery £6.95

*Contains: Milk, Celery, Sulphur Dioxide*

## Hot Drinks

**Espresso double** £2.85

*Contains: Egg, Soya, Milk*

**Mocha** £2.95

*Contains: Egg, Soya, Milk*

**Latte** £2.95

*Contains: Egg, Soya, Milk*

**Espresso single** £2.45

*Contains: Egg, Soya, Milk*

**Cafetière coffee** £2.95

*Contains: Egg, Soya, Milk*

**Cappuccino** £2.95

*Contains: Egg, Soya, Milk*

**Tea (including herbal)** £2.60

*Contains: Egg, Soya, Milk*

## Coffee and a Small Pudding

Choose a mini version of our puddings with a tea  
or coffee of your choice 6.95

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Crème brûlée**

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

## Children's Menu

**Tomato and basil penne pasta** with grated cheese £5.95

*Contains: Milk, Sulphur Dioxide*

**5oz rump steak** with fries and peas £8.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Fish fingers** with chips and peas £6.75

*Contains: Egg, Fish, Milk*

**Chicken goujons** with chips and peas £6.95

*Contains: Egg, Milk*

**Crème brûlée** £6.95

*Contains: Egg, Milk*

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Two scoops** £3.90

*Contains: Peanuts, Nuts, Soya, Milk*

**Single scoop** £1.95

*Contains: Peanuts, Nuts, Soya, Milk*

**Two scoops** £3.90

*Contains: Milk*

**Single scoop** £1.95

*Contains: Milk*

**Fish pie; salmon, smoked haddock and prawns** with French style peas £16.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Sulphur Dioxide*