

The Hand and Trumpet

Gluten Free Menu

~ Wednesday 22nd September 2021 ~

Nibbles

Nocellara olives (vg) 3.95	Mature Cheddar, balsamic onions and celery 4.25
Halloumi fries, tomato salsa 5.95	King prawns with garlic and coriander 6.95
Crispy chilli beef, cashew nuts 6.75	Warm chorizo sausage, roquito peppers 5.95

Mains

7oz fillet steak with Portobello mushrooms, peppercorn sauce, tomato and chips 28.95
Deep fried cod in beer batter , chips, mushy peas, tartare sauce 14.95/10.95
Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce 14.95
Smoked haddock and salmon fishcakes , tomato and spring onion salad 13.95/10.95
Crispy beef salad , sweet chilli sauce, roasted cashew nuts 13.95
Wild mushroom and tarragon risotto , toasted seeds, truffle oil (vg) 9.95

Sides

Chunky chips 3.75	Buttered vegetables 3.95	Peppercorn sauce 2.50
Fries 3.75	Beer battered onion rings 3.95	

Childrens Menu

Chicken goujons, chips, peas 6.95	Triple chocolate brownie, vanilla ice cream 3.95
Tomato and basil pasta, cheese 5.95	Sticky toffee pudding, vanilla ice cream 3.95
Fish fingers, chips and peas 6.95	

Puddings

Triple chocolate brownie , chocolate sauce, vanilla ice cream 6.95
Sticky toffee pudding , toffee sauce, vanilla ice cream 6.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



Ice Creams and Sorbets

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Cheshire Farm ice cream choose three scoops from; vanilla, strawberry, chocolate, honeycomb, raspberry ripple, raspberry sorbet, bramley apple sorbet, salted caramel 5.85

Cheshire Farm ice cream choose two scoops from; vanilla, strawberry, chocolate, honeycomb, raspberry ripple, raspberry sorbet, bramley apple sorbet, salted caramel 3.90

Cheshire Farm ice cream choose one scoop from; vanilla, strawberry, chocolate, honeycomb, raspberry ripple, raspberry sorbet, bramley apple sorbet, salted caramel 1.95

Coffees and Hot Drinks

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Cafetiere of coffee 2.95

Cappuccino 2.95

Latte 2.95

Flat white 2.95

Americano 2.95

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

Hot Drink with a Small Pudding

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Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

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Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient.
Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Nibbles

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Nocellara olives (vg) £3.95

Halloumi fries, tomato salsa £5.95

Contains: Egg, Milk

Crispy chilli beef, cashew nuts £6.75

Contains: Nuts, Soya, Celery

Mature Cheddar, balsamic onions and celery £4.25

Contains: Milk, Celery, Sulphur Dioxide

King prawns with garlic and coriander £6.95

Contains: Crustaceans, Milk

Warm chorizo sausage, roquito peppers £5.95

Contains: Soya, Milk

Mains

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7oz fillet steak with Portobello mushrooms, peppercorn sauce, tomato and chips £28.95

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce £14.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Wild mushroom and tarragon risotto, toasted seeds, truffle oil (vg) £9.95

Sides

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Chunky chips £3.75

Fries £3.75

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Beer battered onion rings £3.95

Peppercorn sauce £2.50

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Childrens Menu

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Tomato and basil pasta, cheese £5.95

Contains: Milk

Fish fingers, chips and peas £6.95

Contains: Egg, Fish, Milk

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Coffees and Hot Drinks

Cafetiere of coffee £2.95

Contains: Milk

Cappuccino £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

vanilla

Contains: Milk

strawberry

Contains: Milk

chocolate

Contains: Milk

honeycomb

Contains: Milk

raspberry ripple

Contains: Milk

raspberry sorbet

bramley apple sorbet

salted caramel

Contains: Milk