

The Grosvenor Arms

Gluten Free Menu

~ Wednesday 22nd September 2021 ~

Starters and Nibbles

Broccoli, blue cheese and watercress soup with GF bread 5.95

Prawn cocktail, buttered GF seeded bread 8.95

Carrot and red onion bhaji, coconut yoghurt, mango chutney (vg) 6.50

Shropshire blue savoury cheesecake, linseed, celery, apple and grape salad 6.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Garlic and chilli King prawns 6.95

Halloumi fries, tomato salsa 5.95

Warm chorizo sausage, roquito peppers 5.95

Mixed marinated olives (vg) 3.95

Mains

Sweet potato, aubergine and chickpea Malaysian curry, coconut rice, steamed pak choi (vg) 13.95

Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

10oz Sirloin, Dijon and tarragon butter, portobello mushrooms, tomato, chips 25.95

Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce 14.95

Fish pie; salmon, smoked haddock and prawns with French style peas 16.95

Light Bites

Smoked Cheddar and leek quiche, crème fraîche new potatoes, tomato salad 9.95

Smoked haddock kedgeree with curried rice, poached egg and coriander oil 10.95

Sides

Chunky chips 3.75

Fries 3.75

Buttered vegetables 3.95

Peppercorn sauce 2.50

Minted buttered new potatoes 3.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



Childrens Menu

Chicken goujons, chips, peas 6.95

5oz rump steak, fries, peas 8.95

Fish fingers, chips and peas 6.95

Tomato and basil pasta, cheese 5.95

Triple chocolate brownie, vanilla ice cream 3.95

Sticky toffee pudding, vanilla ice cream 3.95

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Toffee apple sponge with custard 6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; vanilla, strawberry, chocolate, coconut, honeycomb, lemon sorbet, raspberry sorbet 5.85

Cheshire Farm ice cream choose two scoops from; vanilla, strawberry, chocolate, coconut, honeycomb, lemon sorbet, raspberry sorbet 3.90

Cheshire Farm ice cream choose one scoop from; vanilla, strawberry, chocolate, coconut, honeycomb, lemon sorbet, raspberry sorbet 1.95

Coffees and Hot Drinks

Cafetiere of coffee 2.95

Latte 2.95

Cappuccino 2.95

Flat white 2.95

Americano 2.95

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

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Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

Broccoli, blue cheese and watercress soup with GF bread £5.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Prawn cocktail, buttered GF seeded bread £8.95

Contains: Crustaceans, Egg, Milk, Mustard

Carrot and red onion bhaji, coconut yoghurt, mango chutney (vg) £6.50

Contains: Mustard

Shropshire blue savoury cheesecake, linseed, celery, apple and grape salad £6.95

Contains: Milk, Celery, Sulphur Dioxide

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Garlic and chilli King prawns £6.95

Contains: Crustaceans, Milk

Halloumi fries, tomato salsa £5.95

Contains: Milk

Warm chorizo sausage, roquito peppers £5.95

Contains: Soya, Milk

Mixed marinated olives (vg) £3.95

Mains

Sweet potato, aubergine and chickpea Malaysian curry, coconut rice, steamed pak choi (vg) £13.95

Contains: Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Deep fried cod in beer batter, chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Sulphur Dioxide

10oz Sirloin, Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

Contains: Milk, Mustard, Sulphur Dioxide

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce £14.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Fish pie; salmon, smoked haddock and prawns with French style peas £16.95

Contains: Crustaceans, Egg, Fish, Soya, Milk, Celery, Sulphur Dioxide

Light Bites

Smoked Cheddar and leek quiche, cremé fraîche new potatoes, tomato salad £9.95

Contains: Egg, Milk

Smoked haddock kedgeree with curried rice, poached egg and coriander oil £10.95

Contains: Fish, Milk, Celery, Mustard, Sulphur Dioxide

Sides

Chunky chips £3.75

Fries £3.75

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Peppercorn sauce £2.50

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Minted buttered new potatoes £3.95

Contains: Milk

Childrens Menu

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

5oz rump steak, fries, peas £8.95

Contains: Celery, Sulphur Dioxide

Fish fingers, chips and peas £6.95

Contains: Egg, Fish, Milk

Tomato and basil pasta, cheese £5.95

Contains: Milk

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Toffee apple sponge with custard £6.95

Contains: Egg, Milk

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Coffees and Hot Drinks

Cafetiere of coffee £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Cappuccino £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

vanilla

Contains: Milk

strawberry

Contains: Milk

chocolate

Contains: Milk

coconut

Contains: Milk

honeycomb

Contains: Milk

lemon sorbet

raspberry sorbet

Deep fried cod in beer batter with chips, mushy peas and tartare sauce £10.95

Contains: Egg, Fish, Sulphur Dioxide

Smoked haddock and salmon fishcake with tomato and spring onion salad £10.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide