

The George and Dragon

Gluten Free Menu

~ Tuesday 3rd November 2020 ~

While You Wait

PERONI GLUTEN FREE Peroni Gluten Free 4.25

Starters and Nibbles

Carrot and orange soup with coriander and crispy shallots 5.95

Sticky pork belly and king prawn with blood orange dressing, fennel and watercress 7.95

Chicken liver pâté with apricot chutney and granary toast 6.95

Tempura sesame tofu with chilli dressing, pak choi, pickled ginger and watermelon salad (vg) 5.95

Pan fried scallops with pea purée and shredded ham hock 11.95

Prawn cocktail with Marie Rose sauce and buttered GF seeded bread 8.95

Baked camembert with candied walnuts and celery salad and GF toasts 7.95

BBQ chicken wings 5.75
Warm chorizo sausage 5.95

Halloumi fries with tomato salsa 5.95

Mains

10oz ribeye steak, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips 25.95

Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce 14.95/11.95

Steak and ale pie with buttered mash potatoes and seasonal veg 14.95

Honey roasted ham (served cold) with free range eggs and chips 13.25

Braised feather of beef bourguignon with horseradish mash and buttered kale 16.95

Side Orders

Chunky chips 3.95
Buttered vegetables 3.95

Green salad with lemon dressing 3.95
Fries 3.95

This menu has been accredited by Coeliac UK.
Processes and training are in place to ensure that meals on this menu are gluten free. Gluten free describes foods that contain gluten at a level of no more than 20 parts per million (ppm).



Light Bites

Fragrant Thai chicken salad with pak choi, mango, coconut and lime dressing 11.95

Smoked haddock and salmon fishcake, tomato and spring onion salad 10.95/13.95

Goats' cheese and roasted Mediterranean vegetable quiche with crème fraîche potato salad 9.95

Open prawn Marie Rose sandwich on GF seeded bread 8.95

Children's Menu

Tomato and basil penne pasta with grated cheese 5.95

5oz rump steak with fries and peas 8.95

Chicken goujons with chips and peas 6.95

Fish fingers with chips and peas 6.75

Puddings and Ice Creams

Crème brûlée with shortbread biscuits 6.75

Dark chocolate torte with cherry sorbet 7.25

Sticky toffee pudding with toffee sauce and vanilla ice cream 6.75

Triple chocolate brownie with chocolate sauce and vanilla ice cream 6.75

Cheshire Farm Ice Cream; choose from: vanilla, chocolate, raspberry ripple or honeycomb 5.85

Cheshire Farm sorbet ; choose three scoops from cherry and raspberry 5.85

2 scoops 3.90 / 1 scoop 1.95

A selection of British farmhouse cheese Barbers Vintage Cheddar, West Country Brie, goats cheese and Barkham Blue served with

GF biscuits, chutney and celery 6.95

Hot Drinks

Mocha 2.95

Cappuccino 3.00

Espresso double 2.85

Espresso single 2.45

Tea (including herbal) 2.60 This menu has been accredited by Coeliac UK.

Latte 3.00 Processes and training are in place to ensure that meals on this menu are gluten free. Gluten free describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

Sticky toffee pudding

Warm chocolate brownie

Crème brûlée

The George and Dragon

Gluten Free Menu

With Allergen Information

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If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

While You Wait

PERONI GLUTEN FREE Peroni Gluten Free £4.25

Starters and Nibbles

Carrot and orange soup with coriander and crispy shallots £5.95

Contains: Egg, Milk, Celery

Sticky pork belly and king prawn with blood orange dressing, fennel and watercress £7.95

Contains: Crustaceans, Milk

Chicken liver pâté with apricot chutney and granary toast £6.95

Contains: Egg, Milk, Mustard, Sulphur Dioxide

Tempura sesame tofu with chilli dressing, pak choi, pickled ginger and watermelon salad (vg) £5.95

Contains: Soya, Sesame, Sulphur Dioxide

Pan fried scallops with pea purée and shredded ham hock £11.95

Contains: Molluscs, Soya, Milk, Celery, Sulphur Dioxide

Prawn cocktail with Marie Rose sauce and buttered GF seeded bread £8.95

Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide

Baked camembert with candied walnuts and celery salad and GF toasts £7.95

Contains: Egg, Nuts, Milk, Celery, Sulphur Dioxide

BBQ chicken wings £5.75

Contains: Celery, Mustard, Sulphur Dioxide

Warm chorizo sausage £5.95

Contains: Soya, Milk, Sulphur Dioxide

Halloumi fries with tomato salsa £5.95

Contains: Milk

Mains

10oz ribeye steak, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips £25.95

Contains: Milk, Mustard, Sulphur Dioxide

Deep fried cod in beer batter with chunky chips, mushy peas, tartare sauce £14.95

Contains: Egg, Fish, Mustard, Sulphur Dioxide

Steak and ale pie with buttered mash potatoes and seasonal veg £14.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Honey roasted ham (served cold) with free range eggs and chips £13.25

Contains: Egg, Mustard, Sulphur Dioxide

Braised feather of beef bourguignon with horseradish mash and buttered kale £16.95
Contains: Milk, Celery, Mustard, Sulphur Dioxide

Side Orders

Chunky chips £3.95

Buttered vegetables £3.95
Contains: Milk, Sulphur Dioxide

Green salad with lemon dressing £3.95
Contains: Celery, Sulphur Dioxide

Fries £3.95

Light Bites

Fragrant Thai chicken salad with pak choi, mango, coconut and lime dressing £11.95
Contains: Fish, Sulphur Dioxide

Smoked haddock and salmon fishcake, tomato and spring onion salad £10.95
Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Goats' cheese and roasted Mediterranean vegetable quiche with crème fraîche potato salad £9.95
Contains: Egg, Milk, Sulphur Dioxide

Open prawn Marie Rose sandwich on GF seeded bread £8.95
Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide

Children's Menu

Tomato and basil penne pasta with grated cheese £5.95
Contains: Milk, Sulphur Dioxide

5oz rump steak with fries and peas £8.95
Contains: Milk, Celery, Sulphur Dioxide

Chicken goujons with chips and peas £6.95
Contains: Egg, Milk

Fish fingers with chips and peas £6.75
Contains: Egg, Fish, Milk

Puddings and Ice Creams

Crème brûlée with shortbread biscuits £6.75
Contains: Egg, Milk

Dark chocolate torte with cherry sorbet £7.25
Contains: Soya, Milk

Sticky toffee pudding with toffee sauce and vanilla ice cream £6.75
Contains: Egg, Soya, Milk

Triple chocolate brownie with chocolate sauce and vanilla ice cream £6.75
Contains: Egg, Soya, Milk

Cheshire Farm Ice Cream; choose from: vanilla, chocolate, raspberry ripple or honeycomb £5.85
Contains: Peanuts, Nuts, Soya, Milk

Cheshire Farm sorbet ; choose three scoops from cherry and raspberry £5.85
Contains: Milk

2 scoops 3.90 / 1 scoop 1.95

A selection of British farmhouse cheese Barbers Vintage Cheddar, West Country Brie, goats cheese and Barkham Blue served with GF biscuits, chutney and celery £6.95

Contains: Milk, Celery, Sulphur Dioxide

Hot Drinks

Mocha £2.95

Contains: Egg, Soya, Milk

Cappuccino £3.00

Contains: Egg, Soya, Milk

Espresso double £2.85

Contains: Egg, Soya, Milk

Espresso single £2.45

Contains: Egg, Soya, Milk

Tea (including herbal) £2.60

Contains: Egg, Soya, Milk

Latte £3.00

Contains: Egg, Soya, Milk

Coffee and a Small Pudding

Choose a mini version of our puddings with a tea
or coffee of your choice 6.95

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Crème brûlée

Crème brûlée £6.95

Contains: Egg, Milk

Warm chocolate brownie £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding £6.95

Contains: Egg, Soya, Milk

Two scoops £3.90

Contains: Peanuts, Nuts, Soya, Milk

Single scoop £1.95

Contains: Peanuts, Nuts, Soya, Milk

Two scoops £3.90

Contains: Milk

Single scoop £1.95

Contains: Milk