

# The Falcon

## Gluten Free Menu

~ Saturday 19th September 2020 ~

### While You Wait

**Peroni** Gluten Free Lager 4.20

**Crabbies** Gluten Free Ginger Beer 5.60

**Falcon Fizz:** Pimp your Prosecco with a choice of flavours: Lychee, Rhubarb, Elderflower, Strawberry, Lemon, Passionfruit or Raspberry 7.90

### Starters and Nibbles

**Roasted vine tomato and basil soup** with chunky bread and butter (v) 6.25

**Chicken liver pâté** with carrot and apricot chutney and granary toast 7.25

**Mezze plate** - marinated aubergine and courgette, sun-blushed tomatoes, hummus and toasted flat bread (Vg) 6.75

**Baked camembert** with candied walnuts and celery salad and GF toasts (v) 7.95

**Prawn cocktail** with Marie Rose sauce and buttered GF seeded bread 8.95

Halloumi fries with tomato salsa (v) 5.95

Nocellara olives (Vg) 3.95

BBQ chicken wings 5.95

Garlic and chilli king prawns 6.75

### Mains

**Chicken, ham and leek pie** served with mashed potatoes, buttered greens and a white wine and tarragon sauce 15.25

**Roast pork tenderloin** with colcannon potato, apple puree, braised baby gems and sage crackling 17.95

**Deep fried cod in beer batter** with chunky chips, mushy peas and tartare sauce 14.95

**Braised feather of beef** in a bourguignon sauce with mashed potatoes, carrots and buttered kale 16.95

**Braised shoulder of lamb** with minted crushed new potatoes and rosemary gravy 18.95

**Malaysian chicken curry** with coconut rice and steamed pak choi 14.95

**Fish pie; salmon, smoked haddock and prawns** with French style peas 16.95

**Crispy beef salad** with sweet chilli sauce, pak choi, lotus root, bell peppers, red onion and roasted cashew nuts 13.95

**Buttercross farm pork and leek sausages** with mash, buttered greens and onion gravy 13.95

**10oz ribeye steak**, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips 25.95

**Grilled seabass fillets** with potato and shallot terrine, leeks, carrot, spinach and a chervil and lemon cream sauce and lemon cream sauce 17.95

### Light Bites

**Goats' cheese and roasted Mediterranean vegetable quiche** with crème fraîche potato salad (v) 9.95

**Open prawn with Marie Rose sauce** on seeded gluten free bread with salad garnish and lemon 8.95

**Wild mushroom risotto** with tarragon, rocket and truffle oil (Vg) 9.95

This menu has been accredited by Coeliac UK.

Processes and training are in place to ensure that meals on this menu are gluten free.

""""Gluten free"""" describes

foods that contain gluten at a level of no more than 20 parts per million (ppm).



## Side Orders

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Chunky chips 3.95  
GF Skin on Fries 3.95  
Buttered vegetables 3.95

Beer battered onion rings 3.95  
Green salad with lemon dressing 3.95  
Peppercorn sauce 2.50

## Children's Menu

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**Tomato and basil penne pasta** with grated cheese (v) 5.95  
**5oz rump steak** with skin on fries and peas 8.95  
**Fish fingers** with chips and peas 6.75  
**Chicken goujons** with chips and peas 6.95

## Puddings and Ice Creams

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**Triple chocolate brownie** with chocolate sauce and vanilla ice cream 6.95  
**Sticky toffee pudding** with toffee sauce and vanilla ice cream 6.95  
**Crème brûlée** with shortbread biscuits 6.75

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry, or honeycomb or raspberry ripple 5.85

**Cheshire Farm sorbet**; choose three scoops from lemon, raspberry or mango 5.85

**3 scoops 5.85 / 2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Oxford Blue, Quicques Mature Cheddar, Golden Crust Mature Ash Goats Cheese served with oatcakes, chutney and celery 6.95

## Hot Drinks

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**Cafetière coffee** 2.95  
**Cappuccino** 2.95  
**Espresso single** 2.45  
**Espresso double** 2.85  
**Tea (including herbal)** 2.60  
**Latte** 2.95  
**Mocha** 2.95

## Coffee and a Small Pudding

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Choose a mini version of our puddings with a tea or coffee of your choice 6.95

**Warm chocolate brownie**  
**Sticky toffee pudding**

This menu has been accredited by Coeliac UK.  
Processes and training are in place to ensure that meals on this menu are gluten free.  
"Gluten free" describes foods that contain gluten at a level of no more than 20 parts per million (ppm).



# The Falcon

## Gluten Free Menu

With Allergen Information

~ Saturday 19th September 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

### While You Wait

**Peroni** Gluten Free Lager £4.20

**Crabbies** Gluten Free Ginger Beer £5.60

**Falcon Fizz:** Pimp your Prosecco with a choice of flavours: Lychee, Rhubarb, Elderflower, Strawberry, Lemon, Passionfruit or Raspberry £7.90

### Starters and Nibbles

**Roasted vine tomato and basil soup** with chunky bread and butter (v) £6.25

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

**Chicken liver pâté** with carrot and apricot chutney and granary toast £7.25

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

**Mezze plate** - marinated aubergine and courgette, sun-blushed tomatoes, hummus and toasted flat bread (Vg) £6.75

*Contains: Egg, Sesame, Sulphur Dioxide*

**Baked camembert** with candied walnuts and celery salad and GF toasts (v) £7.95

*Contains: Egg, Nuts, Milk, Celery, Sulphur Dioxide*

**Prawn cocktail** with Marie Rose sauce and buttered GF seeded bread £8.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

**Halloumi fries with tomato salsa (v)** £5.95

*Contains: Milk*

**Nocellara olives (Vg)** £3.95

**BBQ chicken wings** £5.95

*Contains: Celery, Mustard, Sulphur Dioxide*

**Garlic and chilli king prawns** £6.75

*Contains: Crustaceans, Milk, Sulphur Dioxide*

### Mains

**Chicken, ham and leek pie** served with mashed potatoes, buttered greens and a white wine and tarragon sauce £15.25

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

**Roast pork tenderloin** with colcannon potato, apple puree, braised baby gems and sage crackling £17.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Deep fried cod in beer batter** with chunky chips, mushy peas and tartare sauce £14.95

*Contains: Egg, Fish, Mustard, Sulphur Dioxide*

**Braised feather of beef** in a bourguignon sauce with mashed potatoes, carrots and buttered kale £16.95

*Contains: Milk, Celery, Mustard, Sulphur Dioxide*

**Braised shoulder of lamb** with minted crushed new potatoes and rosemary gravy £18.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*



**Malaysian chicken curry** with coconut rice and steamed pak choi £14.95

*Contains: Celery, Mustard, Sulphur Dioxide*

**Fish pie; salmon, smoked haddock and prawns** with French style peas £16.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Sulphur Dioxide*

**Crispy beef salad** with sweet chilli sauce, pak choi, lotus root, bell peppers, red onion and roasted cashew nuts £13.95

*Contains: Nuts, Soya*

**Buttercross farm pork and leek sausages** with mash, buttered greens and onion gravy £13.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

**10oz ribeye steak**, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips £25.95

*Contains: Milk, Mustard, Sulphur Dioxide*

**Grilled seabass fillets** with potato and shallot terrine, leeks, carrot, spinach and a chervil and lemon cream sauce and lemon cream sauce £17.95

*Contains: Fish, Milk, Celery, Sulphur Dioxide*

## Light Bites

**Goats' cheese and roasted Mediterranean vegetable quiche** with crème fraîche potato salad (v) £9.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Open prawn with Marie Rose sauce** on seeded gluten free bread with salad garnish and lemon £8.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

**Wild mushroom risotto** with tarragon, rocket and truffle oil (Vg) £9.95

*Contains: Celery*

## Side Orders

**Chunky chips** £3.95

**GF Skin on Fries** £3.95

**Buttered vegetables** £3.95

*Contains: Milk, Sulphur Dioxide*

**Beer battered onion rings** £3.95

**Green salad with lemon dressing** £3.95

*Contains: Celery, Sulphur Dioxide*

**Peppercorn sauce** £2.50

*Contains: Milk, Celery, Sulphur Dioxide*

## Children's Menu

**Tomato and basil penne pasta** with grated cheese (v) £5.95

*Contains: Milk, Sulphur Dioxide*

**5oz rump steak** with skin on fries and peas £8.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Fish fingers** with chips and peas £6.75

*Contains: Egg, Fish, Milk*

**Chicken goujons** with chips and peas £6.95

*Contains: Egg, Milk*

## Puddings and Ice Creams

**Triple chocolate brownie** with chocolate sauce and vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*



**Sticky toffee pudding** with toffee sauce and vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Crème brûlée** with shortbread biscuits £6.75

*Contains: Egg, Milk*

**Cheshire Farm Ice Cream;** choose from: vanilla, chocolate, strawberry, or honeycomb or raspberry ripple £5.85

*Contains: Peanuts, Nuts, Soya, Milk*

**Cheshire Farm sorbet;** choose three scoops from lemon, raspberry or mango £5.85

*Contains: Milk*

**3 scoops 5.85 / 2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Oxford Blue, Quicques Mature Cheddar, Golden Crust Mature Ash Goats Cheese served with oatcakes, chutney and celery £6.95

*Contains: Milk, Celery, Sulphur Dioxide*

## Hot Drinks

**Cafetière coffee** £2.95

*Contains: Egg, Soya, Milk*

**Cappuccino** £2.95

*Contains: Egg, Soya, Milk*

**Espresso single** £2.45

*Contains: Egg, Soya, Milk*

**Espresso double** £2.85

*Contains: Egg, Soya, Milk*

**Tea (including herbal)** £2.60

*Contains: Egg, Soya, Milk*

**Latte** £2.95

*Contains: Egg, Soya, Milk*

**Mocha** £2.95

*Contains: Egg, Soya, Milk*

## Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Crème brûlée** £6.95

*Contains: Egg, Milk*

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Two scoops** £3.90

*Contains: Peanuts, Nuts, Soya, Milk*



**Single scoop** £1.95

*Contains: Peanuts, Nuts, Soya, Milk*

**Two scoops** £3.90

*Contains: Milk*

**Single scoop** £1.95

*Contains: Milk*

