

# Dinorben Arms

## Gluten Free Menu

~ Thursday 19th March 2020 ~

Please mention when ordering, any food allergies or intolerances, thanks.

### While You Wait

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**Brew dog 'Vagabond'** - Gluten free beer 3.20

**Peroni Nastro Azzurro** - Gluten Free 3.20

**Bellini** - crème de peche and peach puree topped with prosecco 7.95

### Starters, Nibbles and Things to Share

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**Carrot and coriander soup** with GF bread and butter 5.95

**Bubble 'n' squeak** with a poached egg and hollandaise sauce 6.25

**Chicken liver pâté** with carrot and apricot chutney and GF toast 6.75

**Smoked mackerel, orange and fennel salad** with horseradish cream 6.95

**Halloumi chips with tomato salsa** 5.25

**Crispy battered mussels with tartare sauce** 4.95

**Black pudding chippolatas with honey and mustard** 4.95

**Cauliflower fritters with curried mayonnaise** 4.75

### Mains

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**Deep-fried cod in beer batter** with chips, mushy peas and tartare sauce 14.25/9.95

**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts 13.95

**Honey roasted ham** (served cold) with free range eggs and chips 11.95/8.95

**Fish pie** with salmon, smoked haddock, egg and prawns with French style peas 15.95

**Braised shoulder of lamb** with dauphinoise potato, vegetables and gravy 17.95

**Smoked haddock and salmon fishcakes** with tomato and spring onion salad 13.95

**Steak and ale suet pudding** with mash and buttered greens 14.95

**Mushroom bourguignon pie** served with olive oil mash, spring greens and a red wine jus 13.95

**10oz ribeye** portabello mushrooms, tomato and chips 24.95

**Fries** 3.75

**Green salad with apple dressing** 3.95

**Beer battered onion rings** 3.50

**Chunky chips** 3.75

**Buttered vegetables** 3.75

This menu has been accredited by Coeliac UK.

Processes and training are in place to ensure that meals on this menu are gluten free. 'Gluten free' describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

All our food is prepared in a kitchen where other cross contamination risks may occur.

Full allergen information is available upon request.

If you have a question, food allergy or intolerance, please let us know before placing your order.



## Lighter Things

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**Wild mushroom, spinach & cheddar quiche**, served with potato salad 9.45

## Children's Menu

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**Penne pasta with tomato sauce and melted cheese** 5.95

**Honey roast ham** with egg and chips 8.95

**Deep-fried cod in beer batter** with chips, mushy peas and tartare sauce 9.95

## Puddings, Ice Cream and Cheese

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**Sticky toffee pudding** with toffee sauce and vanilla ice cream 6.25

**Triple chocolate brownie**, chocolate sauce and vanilla ice cream 6.45

**Crème brûlée** with shortbread biscuits 5.95

**Blueberry and almond tart** with blueberry compote and apple sorbet 6.75

**Cheshire Farm Ice Cream**; choose three scoops from: strawberry, chocolate, cherry crumble, gingerbread, banoffee, coconut and honeycomb 5.70

**Cheshire Farm sorbet** ; choose three scoops from lemon, lime, raspberry, blackcurrant, mango, cherry and apple 5.70

Two scoops 3.80

Single scoop 1.90

## Hot Drinks

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**All drinks are served with a Gluten Free accompaniment**

**Tea (including herbal)** 2.60

**Cafetière coffee** 2.85

**Americano** 2.85

**Cappuccino** 2.95

**Latte** 2.95

**Espresso (single)** 2.50

**Espresso (double)** 3.25

**Hot chocolate** 2.95

## Coffee and a Small Pudding

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Choose a mini version of our puddings served with tea or coffee of your choice 6.95 (excluding liquor coffees)

**Crème Brûlée** Crème Brûlée

**Warm chocolate brownie**

**Sticky toffee pudding**

We are happy to provide allergen guidelines for all our menu items, for more detailed information on our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



# Dinorben Arms

## Gluten Free Menu

With Allergen Information

~ Thursday 19th March 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

### While You Wait

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**Brew dog 'Vagabond'** - Gluten free beer £3.20

**Peroni Nastro Azzurro** - Gluten Free £3.20

**Bellini** - crème de peche and peach puree topped with prosecco £7.95

### Starters, Nibbles and Things to Share

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**Carrot and coriander soup** with GF bread and butter £5.95

*Contains: Egg, Milk, Celery, Mustard, Sulphur Dioxide*

**Bubble 'n' squeak** with a poached egg and hollandaise sauce £6.25

*Contains: Egg, Milk, Sulphur Dioxide*

**Chicken liver pâté** with carrot and apricot chutney and GF toast £6.75

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

**Smoked mackerel, orange and fennel salad** with horseradish cream £6.95

*Contains: Fish, Milk, Mustard, Sulphur Dioxide*

Halloumi chips with tomato salsa £5.25

*Contains: Milk*

Crispy battered mussels with tartare sauce £4.95

*Contains: Molluscs, Egg, Mustard*

Black pudding chippolatas with honey and mustard £4.95

*Contains: Soya, Milk, Mustard, Sulphur Dioxide*

**Cauliflower fritters** with curried mayonnaise £4.75

*Contains: Egg, Celery, Mustard, Sulphur Dioxide*

### Mains

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**Deep-fried cod in beer batter** with chips, mushy peas and tartare sauce £14.25

*Contains: Egg, Fish, Mustard, Sulphur Dioxide*

**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts £13.95

*Contains: Nuts, Soya*

**Honey roasted ham** (served cold) with free range eggs and chips £11.95

*Contains: Egg, Mustard, Sulphur Dioxide*

**Fish pie** with salmon, smoked haddock, egg and prawns with French style peas £15.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Sulphur Dioxide*

**Braised shoulder of lamb** with dauphinoise potato, vegetables and gravy £17.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Smoked haddock and salmon fishcakes** with tomato and spring onion salad £13.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*



**Steak and ale suet pudding** with mash and buttered greens £14.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Mushroom bourguignon pie** served with olive oil mash, spring greens and a red wine jus £13.95

*Contains: Celery, Sulphur Dioxide*

**10oz ribeye** portabello mushrooms, tomato and chips £24.95

*Contains: Milk, Mustard, Sulphur Dioxide*

Fries £3.75

Green salad with apple dressing £3.95

*Contains: Celery, Sulphur Dioxide*

Beer battered onion rings £3.50

Chunky chips £3.75

Buttered vegetables £3.75

*Contains: Milk, Sulphur Dioxide*

## Lighter Things

**Wild mushroom, spinach & cheddar quiche**, served with potato salad £9.45

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

## Children's Menu

**Penne pasta with tomato sauce and melted cheese** £5.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Honey roast ham** with egg and chips £8.95

*Contains: Egg, Mustard, Sulphur Dioxide*

**Deep-fried cod in beer batter** with chips, mushy peas and tartare sauce £9.95

*Contains: Egg, Fish, Mustard, Sulphur Dioxide*

## Puddings, Ice Cream and Cheese

**Sticky toffee pudding** with toffee sauce and vanilla ice cream £6.25

*Contains: Egg, Soya, Milk*

**Triple chocolate brownie**, chocolate sauce and vanilla ice cream £6.45

*Contains: Egg, Soya, Milk*

**Crème brûlée** with shortbread biscuits £5.95

*Contains: Egg, Milk*

**Blueberry and almond tart** with blueberry compote and apple sorbet £6.75

*Contains: Gluten, Egg, Nuts, Milk, Sulphur Dioxide*

**Cheshire Farm Ice Cream**; choose three scoops from: strawberry, chocolate, cherry crumble, gingerbread, banoffee, coconut and honeycomb £5.70

*Contains: Soya, Milk*

**Cheshire Farm sorbet** ; choose three scoops from lemon, lime, raspberry, blackcurrant, mango, cherry and apple £5.70

*Contains: Milk*

Two scoops £3.80

*Contains: Nuts, Soya, Milk*

Single scoop £1.90

*Contains: Nuts, Soya, Milk*



## Hot Drinks

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All drinks are served with a Gluten Free accompaniment

Tea (including herbal) £2.60

*Contains: Egg, Soya, Milk*

Cafetière coffee £2.85

*Contains: Egg, Soya, Milk*

Americano £2.85

*Contains: Egg, Soya, Milk*

Cappuccino £2.95

*Contains: Egg, Soya, Milk*

Latte £2.95

*Contains: Egg, Soya, Milk*

Espresso (single) £2.50

*Contains: Egg, Soya, Milk*

Espresso (double) £3.25

*Contains: Egg, Soya, Milk*

Hot chocolate £2.95

*Contains: Egg, Soya, Milk*

## Coffee and a Small Pudding

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**Creme Brulee** Creme Brulee £6.95

*Contains: Egg, Milk*

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*