

# The Crabmill

## Gluten Free Menu

~ Tuesday 27th October 2020 ~

### Starters and Nibbles

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- Roasted tomato and basil soup** with garlic pesto 6.25  
**Chicken liver pâté** with apricot chutney and granary toast 6.95  
**Pan fried scallops** with pea purée and shredded ham hock 11.95  
**Baked camembert** with candied walnuts and celery salad and GF toasts 7.95

Nocellara olives 3.95  
Halloumi fries with tomato salsa 5.95

BBQ chicken wings 5.75  
Warm chorizo sausage 5.95

### Mains

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- Deep fried cod in beer batter** with chunky chips, mushy peas, tartare sauce 14.95  
**GF Malaysian chicken curry** with coconut rice and steamed pak choi 14.95  
**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts 13.95  
**Braised shoulder of lamb** with minted crushed new potatoes and rosemary gravy 18.95  
**7oz fillet steak** with Portobello mushrooms, peppercorn sauce, tomato and chips 28.95  
**Steak and ale pie** with mash and buttered greens 14.95  
**Appleby's Cheshire cheese, potato and onion pie** with green veg, carrot purée and red wine jus 13.75  
**Smoked haddock and salmon fishcake**, tomato and spring onion salad 13.95

### Light Bites

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- Goats' cheese and roasted Mediterranean vegetable quiche** with crème fraîche potato salad 9.95  
**Wild mushroom risotto** with tarragon, rocket and truffle oil 9.95  
**Open prawn Marie Rose sandwich** on GF seeded bread 8.95

### Side Orders

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Chunky chips 3.95  
Fries 3.95  
Buttered vegetables 3.95

Beer battered onion rings 3.95  
Green salad with lemon dressing 3.95  
Peppercorn sauce 2.50



## Puddings and Ice Creams

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**Triple chocolate brownie** with chocolate sauce and vanilla ice cream 6.75

**Lemon meringue roulade** with raspberry sorbet 6.75

**Crème brûlée** with shortbread biscuits 6.75

**Sticky toffee pudding** with toffee sauce and vanilla ice cream 6.75

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry or raspberry ripple 5.85

**Cheshire Farm sorbet** ; choose three scoops from lemon, passion fruit and raspberry 5.85

**2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Westcombe Cheddar, West Country Brie and Blacksticks Blue served with GF biscuits, chutney and celery 6.95

## Children's Menu

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**Tomato and basil penne pasta** with grated cheese 5.95

**5oz rump steak** with fries and peas 8.95

**Chicken goujons** with chips and peas 6.95

**Fish fingers** with chips and peas 6.75

## Hot Drinks

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**Mocha** 2.95

**Cafetière coffee** 2.95

**Cappuccino** 2.95

**Tea (including herbal)** 2.60

**Latte** 2.95

## Coffee and a Small Pudding

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Choose a mini version of our puddings with a tea or coffee of your choice 6.95

**Warm chocolate brownie**

**Crème brûlée** 6.95

**Sticky toffee pudding**

**Crème brûlée**

This menu has been accredited by Coeliac UK.

Processes and training are in place to ensure that meals on this menu are gluten free. "Gluten free" describes foods that contain gluten at a level of no more than 20 parts per million (ppm).

All our food is pr

# The Crabmill

## Gluten Free Menu

With Allergen Information

~ Tuesday 27th October 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

### Starters and Nibbles

**Roasted tomato and basil soup** with garlic pesto £6.25

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

**Chicken liver pâté** with apricot chutney and granary toast £6.95

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

**Pan fried scallops** with pea purée and shredded ham hock £11.95

*Contains: Molluscs, Soya, Milk, Celery, Sulphur Dioxide*

**Baked camembert** with candied walnuts and celery salad and GF toasts £7.95

*Contains: Egg, Nuts, Milk, Celery, Sulphur Dioxide*

**Nocellara olives** £3.95

**Halloumi fries with tomato salsa** £5.95

*Contains: Milk*

**BBQ chicken wings** £5.75

*Contains: Celery, Mustard, Sulphur Dioxide*

Warm chorizo sausage £5.95

*Contains: Soya, Milk, Sulphur Dioxide*

### Mains

**Deep fried cod in beer batter** with chunky chips, mushy peas, tartare sauce £14.95

*Contains: Egg, Fish, Mustard, Sulphur Dioxide*

**GF Malaysian chicken curry** with coconut rice and steamed pak choi £14.95

*Contains: Celery, Mustard, Sulphur Dioxide*

**Crispy beef salad** with sweet chilli sauce and roasted cashew nuts £13.95

*Contains: Nuts, Soya*

**Braised shoulder of lamb** with minted crushed new potatoes and rosemary gravy £18.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

**7oz fillet steak** with Portobello mushrooms, peppercorn sauce, tomato and chips £28.95

*Contains: Milk, Celery, Mustard, Sulphur Dioxide*

**Steak and ale pie** with mash and buttered greens £14.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Appleby's Cheshire cheese, potato and onion pie** with green veg, carrot purée and red wine jus £13.75

*Contains: Egg, Milk, Celery, Sulphur Dioxide*

**Smoked haddock and salmon fishcake**, tomato and spring onion salad £13.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

## Light Bites

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**Goats' cheese and roasted Mediterranean vegetable quiche** with crème fraîche potato salad £9.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Wild mushroom risotto** with tarragon, rocket and truffle oil £9.95

*Contains: Celery*

**Open prawn Marie Rose sandwich** on GF seeded bread £8.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

## Side Orders

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**Chunky chips** £3.95

**Fries** £3.95

**Buttered vegetables** £3.95

*Contains: Milk, Sulphur Dioxide*

**Beer battered onion rings** £3.95

**Green salad with lemon dressing** £3.95

*Contains: Celery, Sulphur Dioxide*

**Peppercorn sauce** £2.50

*Contains: Milk, Celery, Sulphur Dioxide*

## Puddings and Ice Creams

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**Triple chocolate brownie** with chocolate sauce and vanilla ice cream £6.75

*Contains: Egg, Soya, Milk*

**Lemon meringue roulade** with raspberry sorbet £6.75

*Contains: Egg, Milk*

**Crème brûlée** with shortbread biscuits £6.75

*Contains: Egg, Milk*

**Sticky toffee pudding** with toffee sauce and vanilla ice cream £6.75

*Contains: Egg, Soya, Milk*

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry or raspberry ripple £5.85

*Contains: Peanuts, Nuts, Soya, Milk*

**Cheshire Farm sorbet** ; choose three scoops from lemon, passion fruit and raspberry £5.85

*Contains: Milk*

**2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Westcombe Cheddar, West Country Brie and Blacksticks Blue served with GF biscuits, chutney and celery £6.95

*Contains: Milk, Celery, Sulphur Dioxide*

## Children's Menu

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**Tomato and basil penne pasta** with grated cheese £5.95

*Contains: Milk, Sulphur Dioxide*

**5oz rump steak** with fries and peas £8.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Chicken goujons** with chips and peas £6.95

*Contains: Egg, Milk*

**Fish fingers** with chips and peas £6.75

*Contains: Egg, Fish, Milk*

## Hot Drinks

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**Mocha** £2.95

*Contains: Egg, Soya, Milk*

**Cafetière coffee** £2.95

*Contains: Egg, Soya, Milk*

**Cappuccino** £2.95

*Contains: Egg, Soya, Milk*

**Tea (including herbal)** £2.60

*Contains: Egg, Soya, Milk*

**Latte** £2.95

*Contains: Egg, Soya, Milk*

## Coffee and a Small Pudding

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Choose a mini version of our puddings with a tea  
or coffee of your choice 6.95

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Crème brûlée** £6.95

*Contains: Egg, Milk*

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Crème brûlée**

**Crème brûlée** £6.95

*Contains: Egg, Milk*

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Two scoops** £3.90

*Contains: Peanuts, Nuts, Soya, Milk*

**Single scoop** £1.95

*Contains: Peanuts, Nuts, Soya, Milk*

**Two scoops** £3.90

*Contains: Milk*

**Single scoop** £1.95

*Contains: Milk*