

The Bull's Head

Gluten Free Menu

~ Tuesday 21st September 2021 ~

Starters and Nibbles

Mushroom and tarragon soup with wild mushrooms and truffle oil 5.95

Chicken liver pâté, carrot and apricot chutney, GF toast 6.95

Pea and mint falafel with coconut feta salad and tzatziki(VG) 6.25

Sea bass taco, guacamole, pickled red onions, coriander, lime 7.95

Halloumi fries, tomato salsa 5.95

Nocellara olives (vg) 3.95

Mains

Smoked haddock and salmon fishcakes lemon, dill hollandaise and poached egg 13.95/10.95

Appleby's Cheshire cheese, onion and potato pie with buttered greens, beetroot, white wine and mustard sauce 13.95

Deep fried cod in beer batter with chips, mushy peas and tartare sauce 14.95/10.95

Crispy beef salad, sweet chilli sauce, roasted cashew nuts 13.95

Superfood salad, quinoa, roasted sweet potato, charred tenderstem, avocado, blue berries, pomegranates and smoked almonds 12.95

10oz Gammon with fried egg, pineapple, chips and peas 14.95

Pan fried sea bass, crayfish risotto, pea veloute, crisp ham 17.50

Butter chicken curry with cumin rice and an onion bhaji 14.95

Buttercross farm pork and apple sausages, buttered mash potatoes, onion gravy 13.95

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce 14.95

Sides

Chunky chips 3.75

Buttered vegetables 3.95

Peppercorn sauce 2.50

Fries 3.75

Beer battered onion rings 3.95

Childrens Menu

Chicken goujons, chips, peas 6.95

Triple chocolate brownie, vanilla ice cream 3.95

Tomato and basil pasta, cheese 5.95

Sticky toffee pudding, vanilla ice cream 3.95

5oz rump steak, fries, peas 8.95

We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.



puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; 5.85

Cheshire Farm ice cream choose two scoops from; 3.90

Cheshire Farm ice cream choose one scoop from; 1.95

Coffees and Hot Drinks

Cafetiere of coffee 2.95

Latte 2.95

Flat white 2.95

Americano 2.95

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

The Bull's Head

Gluten Free Menu

With Allergen Information

~ Tuesday 21st September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

Starters and Nibbles

Mushroom and tarragon soup with wild mushrooms and truffle oil £5.95

Contains: Egg, Milk, Celery

Chicken liver pâté, carrot and apricot chutney, GF toast £6.95

Contains: Egg, Milk, Sulphur Dioxide

Pea and mint falafel with coconut feta salad and tzatziki(VG) £6.25

Contains: Soya

Sea bass taco, guacamole, pickled red onions, coriander, lime £7.95

Contains: Fish, Sulphur Dioxide

Halloumi fries, tomato salsa £5.95

Contains: Milk

Nocellara olives (vg) £3.95

Mains

Smoked haddock and salmon fishcakes lemon, dill hollandaise and poached egg £13.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Appleby's Cheshire cheese, onion and potato pie with buttered greens, beetroot, white wine and mustard sauce £13.95

Contains: Egg, Milk, Celery, Mustard, Sulphur Dioxide

Deep fried cod in beer batter with chips, mushy peas and tartare sauce £14.95

Contains: Egg, Fish, Mustard, Sulphur Dioxide

Crispy beef salad, sweet chilli sauce, roasted cashew nuts £13.95

Contains: Nuts, Soya, Celery

Superfood salad, quinoa, roasted sweet potato, charred tenderstem, avocado, blue berries, pomegranates and smoked almonds £12.95

Contains: Nuts, Celery, Sulphur Dioxide

10oz Gammon with fried egg, pineapple, chips and peas £14.95

Contains: Egg, Milk, Mustard, Sulphur Dioxide

Pan fried sea bass, crayfish risotto, pea veloute, crisp ham £17.50

Contains: Crustaceans, Fish, Milk, Celery, Sulphur Dioxide

Butter chicken curry with cumin rice and an onion bhaji £14.95

Contains: Nuts, Milk, Celery, Mustard

Buttercross farm pork and apple sausages, buttered mash potatoes, onion gravy £13.95

Contains: Milk, Celery, Sulphur Dioxide

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce £14.95

Contains: Egg, Milk, Celery, Sulphur Dioxide

Sides

Chunky chips £3.75

Fries £3.75

Buttered vegetables £3.95

Contains: Milk, Sulphur Dioxide

Beer battered onion rings £3.95

Peppercorn sauce £2.50

Contains: Milk, Celery, Mustard, Sulphur Dioxide

Childrens Menu

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Tomato and basil pasta, cheese £5.95

Contains: Milk

5oz rump steak, fries, peas £8.95

Contains: Celery, Sulphur Dioxide

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95

Contains: Egg, Milk

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk

Coffees and Hot Drinks

Cafetiere of coffee £2.95

Contains: Milk

Latte £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Americano £2.95

Contains: Milk

Double Espresso £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

Hot Drink with a Small Pudding

.....
Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

.....