# The Black Jug Gluten Free Menu

 $\sim$  Wednesday 22nd September 2021  $\sim$ 

### Starters and Nibbles

Seared scallops celeriac purée, brown shrimps with nut brown butter 12.95

Chicken liver pâté, carrot and apricot chutney, GF seeded toast 6.95

Spring vegetable risotto with broad beans, radish, asparagus, and lemon 6.75

Smoked mackerel rillettes, cucumber, fennel, seeded brown melba toast 7.95

Nocellara olives (vg) 3.95 Halloumi fries, tomato salsa 5.95 Beer battered king prawns, sriracha mayonnaise 5.95 BBQ chicken wings 5.75
Pork chipolatas, honey mustard 4.95

### Mains

Deep fried cod in beer batter, chips, mushy peas, tartare sauce 14.95/10.95

Moroccan vegetable and chickpea pie, tomato sauce, roasted vegetables, almonds (vg) 13.95

Duck breast (served pink) confit duck and potato terrine, rhubarb puree, glazed carrots 18.95

Buttercross Farm pork and leek sausages, buttered mash potatoes, onion gravy 13.95/10.95

Mature Cheddar, potato, onion and chive quiche, crème fraîche new potatoes, tomatoes, baby gem salad 9.95

10oz Gammon with fried egg, pineapple, chips and peas 14.95

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce 14.95

Sweet potato, red pepper and goats cheese quiche, crème fraîche new potato salad 9.95

Smoked haddock and salmon fishcakes, tomato and spring onion salad 13.95/10.95

10oz rump, Dijon tarragon butter, portobello mushrooms, tomato, chips 23.95

### Sides

Chunky chips 3.75 Minted buttered new potatoes 3.95 Buttered

Buttered vegetables 3.95

Peppercorn sauce 2.50

**Fries 3.75** 



### Childrens Menu

Chicken goujons, chips, peas 6.95 Fish fingers, chips and peas 6.95 Tomato and basil pasta, cheese 5.95 5oz rump steak, fries, peas 8.95 Triple chocolate brownie, vanilla ice cream 3.95 Sticky toffee pudding, vanilla ice cream 3.95

## **Puddings**

Triple chocolate brownie, chocolate sauce, vanilla ice cream 6.95

Sticky toffee pudding, toffee sauce, vanilla ice cream 6.95

Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce 6.75

Creme brulee with shortbread 6.95

### Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; vanilla, coconut 5.85

### Coffees and Hot Drinks

Americano 2.95 Latte 2.95 Cappuccino 2.95 Flat white 2.95 Espresso 2.45

Double Espresso 3.45

Selection of tea 2.70

Hot chocolate 2.95

# Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream 6.95

Sticky toffee pudding, vanilla ice cream 6.95

# The Black Jug Gluten Free Menu

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

# Starters and Nibbles

Seared scallops celeriac purée, brown shrimps with nut brown butter £12.95 Contains: Crustaceans, Molluscs, Milk, Celery

Chicken liver pâté, carrot and apricot chutney, GF seeded toast £6.95 Contains: Egg, Milk, Sulphur Dioxide

**Spring vegetable risotto** with broad beans, radish, asparagus, and lemon £6.75 *Contains: Celery, Sulphur Dioxide* 

Smoked mackerel rillettes, cucumber, fennel, seeded brown melba toast £7.95

Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

Nocellara olives (vg) £3.95 Halloumi fries, tomato salsa £5.95

Contains: Milk

Beer battered king prawns, sriracha mayonnaise £5.95

Contains: Crustaceans, Egg, Mustard

BBQ chicken wings £5.75

Contains: Celery, Mustard

Pork chipolatas, honey mustard £4.95

Contains: Mustard, Sulphur Dioxide

#### Mains

**Deep fried cod in beer batter,** chips, mushy peas, tartare sauce £14.95 *Contains: Egg, Fish, Sulphur Dioxide* 

Moroccan vegetable and chickpea pie, tomato sauce, roasted vegetables, almonds (vg) £13.95 Contains: Nuts, Celery, Sulphur Dioxide

**Duck breast (served pink)** confit duck and potato terrine, rhubarb puree, glazed carrots £18.95 Contains: Milk, Sulphur Dioxide

Buttercross Farm pork and leek sausages, buttered mash potatoes, onion gravy £13.95 Contains: Milk, Celery, Sulphur Dioxide

Mature Cheddar, potato, onion and chive quiche, crème fraîche new potatoes, tomatoes, baby gem salad £9.95 Contains: Egg, Milk, Sulphur Dioxide

> **10oz Gammon** with fried egg, pineapple, chips and peas £14.95 Contains: Egg, Milk, Mustard, Sulphur Dioxide

Chicken, ham and leek pie buttered mash potatoes, greens, white wine and tarragon sauce £14.95 Contains: Egg, Milk, Celery, Sulphur Dioxide

Sweet potato, red pepper and goats cheese quiche, crème fraîche new potato salad £9.95 Contains: Egg, Milk, Sulphur Dioxide

Smoked haddock and salmon fishcakes, tomato and spring onion salad £13.95 Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide

**10oz rump,** Dijon tarragon butter, portobello mushrooms, tomato, chips £23.95 Contains: Milk, Mustard, Sulphur Dioxide

### Sides

Chunky chips £3.75
Peppercorn sauce £2.50
Contains: Milk, Celery, Mustard, Sulphur Dioxide

Minted buttered new potatoes £3.95

Contains: Milk

Fries £3.75
Buttered vegetables £3.95
Contains: Milk, Sulphur Dioxide

### Childrens Menu

Chicken goujons, chips, peas £6.95

Contains: Egg, Milk

Fish fingers, chips and peas £6.95 Contains: Egg, Fish, Milk

Tomato and basil pasta, cheese £5.95

Contains: Milk

**5oz rump steak,** fries, peas £8.95 *Contains: Celery, Sulphur Dioxide* 

Triple chocolate brownie, vanilla ice cream £3.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £3.95 Contains: Egg, Milk

## Puddings

**Triple chocolate brownie,** chocolate sauce, vanilla ice cream £6.95 *Contains: Egg, Soya, Milk* 

Sticky toffee pudding, toffee sauce, vanilla ice cream £6.95 Contains: Egg, Soya, Milk

Eton mess, strawberries, vanilla cream, broken meringue and raspberry sauce £6.75 Contains: Egg, Milk

**Creme brulee** with shortbread £6.95 *Contains: Egg, Milk, Sulphur Dioxide* 

### Ice Creams and Sorbets

Cheshire Farm ice cream choose three scoops from; £5.85 Contains: Milk

## Coffees and Hot Drinks

Americano £2.95

Contains: Milk

Latte £2.95 Contains: Milk

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Cappuccino £2.95

Contains: Milk

Flat white £2.95

Contains: Milk

Espresso £2.45

Contains: Milk

**Double Espresso** £3.45

Contains: Milk

Selection of tea £2.70

Contains: Milk

Hot chocolate £2.95

Contains: Milk

## Hot Drink with a Small Pudding

Triple chocolate brownie, vanilla ice cream £6.95

Contains: Egg, Soya, Milk

Sticky toffee pudding, vanilla ice cream £6.95

Contains: Egg, Milk

#### vanilla

Contains: Milk

coconut

Contains: Milk

Cheshire Farm ice cream choose two scoops from; £3.90

Contains: Milk

Cheshire Farm ice cream choose one scoop from; £1.95

Contains: Milk