

# The Black Jug

## Gluten Free Menu

~ Wednesday 4th November 2020 ~

- Boatyard Old Tom gin** with Fevertree ginger ale 5.80  
**Silly Moo cider** local cider, only 8 cow miles away 5.50  
**Morgans dark rum** with Fevertree ginger beer 5.85  
**Firebird Heritage XX** Traditional best ale 4% (500ml) 5.00

### Starters and Nibbles

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- Sweet potato, lime and coconut soup** with bread and butter 5.95  
**Prawn cocktail** with Marie Rose sauce and buttered GF seeded bread 8.95  
**Mezze plate** - marinated aubergine and courgette, blush tomatoes, chickpea hummus and flat bread toasts 6.75  
**Chicken liver pâté** with apricot chutney and granary toast 6.95
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|-----------------------------------|--|
| Warm chorizo sausage 5.95         | BBQ chicken wings 5.75                     |
| Nocellara olives 3.95             | Halloumi fries with tomato salsa 5.95      |
| Garlic and chilli king prawn 6.75 | Pork chipolata with honey and mustard 4.95 |

### Mains

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- Deep fried cod in beer batter** with chunky chips, mushy peas, tartare sauce 14.95/11.95  
**Steak and kidney suet pudding** with mash and buttered greens 14.95  
**Mushroom Bourguignon pie** with mash, sautéed greens and thyme jus 13.95  
**Buttercross farm pork and leek sausages** with mash, buttered greens and onion gravy 13.95  
**Braised shoulder of lamb** with minted crushed new potatoes and rosemary gravy 18.95  
**Malaysian chicken curry** with coconut rice and steamed pak choi 14.95  
**10oz ribeye steak**, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips 24.95

### Light Bites

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- Roast butternut squash risotto**, toasted hazelnuts and crispy sage (vg) 9.95  
**Salmon and smoked haddock fishcake** and poached egg with chive and caper sauce 10.95  
**Roasted squash, sage and Black-sticks blue cheese quiche** with a new potato salad 9.95

### Side Orders

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|--------------------------|--------------------------------------|
| Chunky chips 3.95        | Green salad with lemon dressing 3.95 |
| Buttered vegetables 3.95 | Peppercorn sauce 2.50                |

This menu has been accredited by Coeliac UK.  
Processes and training are in place to ensure that meals on this menu are gluten free.  
'Gluten free' describes foods that contain gluten at a level of no more than 20 parts per million (ppm).  
All our food is prepared in a kitchen where other cross contamination risks may occur.  
Full allergen information is available upon request.  
If you have a question, food allergy or intolerance, please let us know before placing your order.



## Puddings and Ice Creams

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**Crème brûlée** with shortbread biscuits 6.75

**Triple chocolate brownie** with chocolate sauce and vanilla ice cream 6.75

**Sticky toffee pudding** with toffee sauce and vanilla ice cream 6.75

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry and cream, raspberry ripple and honeycomb 5.85

**Cheshire Farm sorbet** ; choose three scoops from lemon, lime and mint, cherry, raspberry, blackcurrant and passion fruit 5.85

**2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Quicques Cheddar, West Country Brie and Barkham Blue served with biscuits, chutney and celery 6.95

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### Hot Drinks

**Mocha** 2.95

**Latte** 2.95

**Espresso single** 2.45

**Espresso double** 2.85

**Cafetière coffee** 2.95

**Cappuccino** 2.95

**Tea (including herbal)** 2.60

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### Coffee and a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice 6.95

**Sticky toffee pudding**

**Warm chocolate brownie**

**Crème brûlée**

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### Children's Menu

**Fish fingers** with chips and peas 6.75

**5oz rump steak** with fries and peas 8.95

**Pork and leek sausages** with chips or mash and peas 6.75

# The Black Jug

## Gluten Free Menu

With Allergen Information

~ Wednesday 4th November 2020 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient. Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

**Boatyard Old Tom gin** with Fevertree ginger ale £5.80  
**Silly Moo cider** local cider, only 8 cow miles away £5.50  
**Morgans dark rum** with Fevertree ginger beer £5.85  
**Firebird Heritage XX** Traditional best ale 4% (500ml) £5.00

### Starters and Nibbles

**Sweet potato, lime and coconut soup** with bread and butter £5.95

*Contains: Egg, Milk, Celery, Sesame*

**Prawn cocktail** with Marie Rose sauce and buttered GF seeded bread £8.95

*Contains: Crustaceans, Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

**Mezze plate** - marinated aubergine and courgette, blush tomatoes, chickpea hummus and flat bread toasts £6.75

*Contains: Egg, Sesame, Sulphur Dioxide*

**Chicken liver pâté** with apricot chutney and granary toast £6.95

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

Warm chorizo sausage £5.95

*Contains: Soya, Milk, Sulphur Dioxide*

**Nocellara olives** £3.95

**Garlic and chilli king prawn** £6.75

*Contains: Crustaceans, Milk, Sulphur Dioxide*

**BBQ chicken wings** £5.75

*Contains: Celery, Mustard, Sulphur Dioxide*

**Halloumi fries with tomato salsa** £5.95

*Contains: Milk*

Pork chipolata with honey and mustard £4.95

*Contains: Mustard, Sulphur Dioxide*

### Mains

**Deep fried cod in beer batter** with chunky chips, mushy peas, tartare sauce £14.95

*Contains: Egg, Fish, Mustard, Sulphur Dioxide*

**Steak and kidney suet pudding** with mash and buttered greens £14.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Mushroom Bourguignon pie** with mash, sautéed greens and thyme jus £13.95

*Contains: Celery, Sulphur Dioxide*

**Buttercross farm pork and leek sausages** with mash, buttered greens and onion gravy £13.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

**Braised shoulder of lamb** with minted crushed new potatoes and rosemary gravy £18.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

**Malaysian chicken curry** with coconut rice and steamed pak choi £14.95

*Contains: Celery, Mustard, Sulphur Dioxide*

**10oz ribeye steak**, with Dijon and tarragon butter, Portobello mushrooms, tomato and chunky chips £24.95

*Contains: Milk, Mustard, Sulphur Dioxide*

## Light Bites

**Roast butternut squash risotto**, toasted hazelnuts and crispy sage (vg) £9.95

*Contains: Celery, Sulphur Dioxide*

**Salmon and smoked haddock fishcake** and poached egg with chive and caper sauce £10.95

*Contains: Egg, Fish, Milk, Celery, Mustard, Sulphur Dioxide*

**Roasted squash, sage and Black-sticks blue cheese quiche** with a new potato salad £9.95

*Contains: Egg, Milk, Mustard, Sulphur Dioxide*

## Side Orders

**Chunky chips** £3.95

**Buttered vegetables** £3.95

*Contains: Milk, Sulphur Dioxide*

**Green salad with lemon dressing** £3.95

*Contains: Celery, Sulphur Dioxide*

**Peppercorn sauce** £2.50

*Contains: Milk, Celery, Sulphur Dioxide*

## Puddings and Ice Creams

**Crème brûlée** with shortbread biscuits £6.75

*Contains: Egg, Milk*

**Triple chocolate brownie** with chocolate sauce and vanilla ice cream £6.75

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** with toffee sauce and vanilla ice cream £6.75

*Contains: Egg, Soya, Milk*

**Cheshire Farm Ice Cream**; choose from: vanilla, chocolate, strawberry and cream, raspberry ripple and honeycomb £5.85

*Contains: Peanuts, Nuts, Soya, Milk*

**Cheshire Farm sorbet** ; choose three scoops from lemon, lime and mint, cherry, raspberry, blackcurrant and passion fruit  
£5.85

*Contains: Milk*

**2 scoops 3.90 / 1 scoop 1.95**

**A selection of British farmhouse cheese** Quicques Cheddar, West Country Brie and Barkham Blue served with biscuits, chutney and celery £6.95

*Contains: Milk, Celery, Sulphur Dioxide*

## Hot Drinks

**Mocha** £2.95

*Contains: Egg, Soya, Milk*

**Latte** £2.95

*Contains: Egg, Soya, Milk*

**Espresso single** £2.45

*Contains: Egg, Soya, Milk*

**Espresso double** £2.85

*Contains: Egg, Soya, Milk*

**Cafetière coffee** £2.95

*Contains: Egg, Soya, Milk*

**Cappuccino** £2.95

*Contains: Egg, Soya, Milk*

**Tea (including herbal)** £2.60

*Contains: Egg, Soya, Milk*

## Coffee and a Small Pudding

Choose a mini version of our puddings with a tea

or coffee of your choice 6.95

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Crème brûlée**

## Children's Menu

**Fish fingers** with chips and peas £6.75

*Contains: Egg, Fish, Milk*

**5oz rump steak** with fries and peas £8.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Pork and leek sausages** with chips or mash and peas £6.75

*Contains: Milk, Celery, Sulphur Dioxide*

**Crème brûlée** £6.95

*Contains: Egg, Milk*

**Warm chocolate brownie** £6.95

*Contains: Egg, Soya, Milk*

**Sticky toffee pudding** £6.95

*Contains: Egg, Soya, Milk*

**Two scoops** £3.90

*Contains: Peanuts, Nuts, Soya, Milk*

**Single scoop** £1.95

*Contains: Peanuts, Nuts, Soya, Milk*

**Two scoops** £3.90

*Contains: Milk*

**Single scoop** £1.95

*Contains: Milk*