

# The Physician

~ Wednesday 22nd September 2021 ~

## Starters and Nibbles

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<b>Butternut squash soup</b> with sage-roasted pumpkin seeds	5.95
<b>Chicken liver pâté</b> , carrot and apricot chutney, toast	6.95
<b>Prawn cocktail</b> , buttered seeded bread	8.95
<b>Wild Mushroom and tarragon risotto</b> , toasted seeds, truffle oil	6.95
<b>Deep-fried West Country brie</b> , apricot carrot chutney, candied pecan salad	6.95
<b>Red pepper hummus, warm pitta (vg)</b> 4.95	<b>Garlic and chilli king prawns</b> 6.95
<b>Tomato, mozzarella, basil fritters</b> 5.75	<b>Crispy baby squid, sweet chilli sauce</b> 5.95
<b>Halloumi fries, tomato salsa</b> 5.95	<b>BBQ chicken wings</b> 5.75
<b>Warm chorizo sausage, roquito peppers</b> 5.95	

## Mains

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<b>Pan fried salmon fillet</b> , pea tortellini, confit fennel, bouillabaisse sauce	16.95
<b>Steak burger, grilled bacon, Cheddar</b> , spiced tomato mayonnaise, coleslaw, fries	13.95
<b>Lashford's pork sausages</b> , buttered mash potato, onion gravy	13.95 /10.95
<b>Steak and ale pie</b> , mash, buttered greens, red wine gravy	14.95
<b>Deep fried cod in beer batter</b> , chips, mushy peas, tartare sauce	14.95 /10.95
<b>Appleby's Cheshire cheese, onion and potato pie</b> , buttered greens, red currant gravy (V)	13.95
<b>Braised shoulder of lamb</b> , minted new potato cake, rosemary gravy	18.95
<b>10oz ribeye</b> , Dijon and tarragon butter, portobello mushrooms, tomato, chips	25.95
<b>Sweet potato, aubergine and chickpea Malaysian curry</b> , coconut rice, steamed pak choi (vg)	13.95
<b>Crispy beef salad</b> , sweet chilli sauce, roasted cashew nuts	13.95
<b>Superfood salad</b> , quinoa, sweet potato, charred tender stem, avocado, blueberries, pomegranates, smoked almonds (vg)	14.95
<b>Rump steak sandwich</b> , Dijon tarragon mayonnaise, onions and fries	11.95
<b>Smoked haddock fishcake</b> , poached egg, heritage tomatoes	10.95
<b>Smoked salmon, asparagus and spinach quiche</b> , crème fraîche new potatoes, tomatoes, samphire, peashoots	9.95
<b>Pan fried chicken breast</b> , black garlic, king oyster mushrooms, cauliflower purée, red wine jus	16.95

## Sides

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<b>Chunky chips</b> 3.75	<b>Garlic bread</b> 3.95	<b>Beer battered onion rings</b> 3.95
<b>Fries</b> 3.75	<b>Garlic bread with cheese</b> 4.50	<b>Peppercorn sauce</b> 2.50
<b>Buttered vegetables</b> 3.95	<b>Mixed salad (vg)</b> 3.95	

*We are happy to provide allergen guidelines for all our menu items, for more detailed information or our gluten free menu please speak to a member of the team. We take additional measures when told about allergens but as our food is prepared and freshly cooked to order in our kitchen, we cannot guarantee all traces of allergens and gluten are completely removed. Please ask for our gluten free menu.*

## Puddings and Cheese

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<b>Toffee and pecan meringue roulade</b> , salted caramel ice cream	6.50
<b>Rhubarb and stem ginger sponge</b> , vanilla custard	6.50
<b>Lemon cheesecake</b> , raspberry ripple	6.50
<b>Hot waffle</b> , caramelised <b>banana</b> , toffee sauce, honeycomb ice cream	6.95
<b>Sticky toffee pudding</b> , toffee sauce, vanilla ice cream	6.95
<b>Triple chocolate brownie</b> , chocolate sauce, vanilla ice cream	6.95
<b>Dark chocolate and orange tart</b> , raspberry sorbet (vg)	6.95
<b>A selection of British farmhouse cheese</b> , biscuits, chutney, celery	6.95

## Ice Creams and Sorbets

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<b>Cheshire Farm ice cream</b> choose three scoops from; vanilla, strawberry, chocolate, raspberry ripple, toffee fudge, salted caramel, passion fruit sorbet, raspberry sorbet	5.85
<b>Cheshire Farm ice cream</b> choose two scoops from; vanilla, strawberry, chocolate, raspberry ripple, toffee fudge, salted caramel, passion fruit sorbet, raspberry sorbet	3.90
<b>Cheshire Farm ice cream</b> choose one scoop from; vanilla, strawberry, chocolate, raspberry ripple, toffee fudge, salted caramel, passion fruit sorbet, raspberry sorbet	1.95

## Coffees and Hot Drinks

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<b>Cafetiere of coffee</b> 2.95	<b>Americano</b> 2.95
<b>Latte</b> 2.95	<b>Espresso</b> 2.45
<b>Cappuccino</b> 2.95	<b>Double espresso</b> 3.45
<b>Flat white</b> 2.95	<b>Selection of tea</b> 2.70

## Hot Drink with a Small Pudding

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<b>Mini waffle</b> , banana, honeycomb ice cream	6.95
<b>Mini sticky toffee pudding</b> , vanilla ice cream	6.95
<b>Mini triple chocolate brownie</b> , vanilla ice cream	6.95

## Childrens Mains

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<b>Fish fingers, chips, peas</b> 6.95	<b>Tomato and basil pasta, cheese</b> 5.95
<b>5oz rump steak, chips, peas</b> 8.95	<b>Beef burger, cheese, chips</b> 6.95
<b>Chicken goujons, chips, peas</b> 6.95	

## Childrens Puddings

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<b>Hot waffle, banana, honeycomb ice cream</b>	3.95
<b>Sticky toffee pudding, vanilla ice cream</b>	3.95
<b>Chocolate brownie, vanilla ice cream</b>	3.95

# The Physician

With Allergen Information

~ Wednesday 22nd September 2021 ~

If you are reading our allergen menu you will probably have an allergy or sensitivity to a particular ingredient.

Can you please make this clear when ordering food so that we can ensure that the chefs are aware.

Where certain allergens are highlighted the allergen may relate to just one component of the dish, such as bread served with soup for instance, which may easily be substituted or removed. For more information please ask one of our crew.

## Starters and Nibbles

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**Butternut squash soup** with sage-roasted pumpkin seeds £5.95

*Contains: Gluten, Milk, Celery*

**Chicken liver pâté**, carrot and apricot chutney, toast £6.95

*Contains: Gluten, Egg, Milk, Sulphur Dioxide*

**Prawn cocktail**, buttered seeded bread £8.95

*Contains: Gluten, Crustaceans, Egg, Milk, Celery, Mustard*

**Wild Mushroom and tarragon risotto**, toasted seeds, truffle oil £6.95

**Deep-fried West Country brie**, apricot carrot chutney, candied pecan salad £6.95

*Contains: Egg, Nuts, Milk, Celery*

**Red pepper hummus**, warm pitta (vg) £4.95

*Contains: Gluten, Sesame*

**Tomato, mozzarella, basil fritters** £5.75

*Contains: Gluten, Egg, Milk, Mustard, Sulphur Dioxide*

**Halloumi fries, tomato salsa** £5.95

*Contains: Egg, Milk*

**Warm chorizo sausage**, roquito peppers £5.95

*Contains: Soya, Milk*

**Garlic and chilli king prawns** £6.95

*Contains: Crustaceans, Milk*

**Crispy baby squid**, sweet chilli sauce £5.95

*Contains: Gluten, Molluscs*

**BBQ chicken wings** £5.75

*Contains: Celery, Mustard*

## Mains

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**Pan fried salmon fillet**, pea tortellini, confit fennel, bouillabaisse sauce £16.95

*Contains: Gluten, Crustaceans, Molluscs, Fish, Celery, Sulphur Dioxide*

**Steak burger, grilled bacon, Cheddar**, spiced tomato mayonnaise, coleslaw, fries £13.95

*Contains: Gluten, Egg, Soya, Milk, Mustard, Sulphur Dioxide*

**Lashford's pork sausages**, buttered mash potato, onion gravy £13.95

*Contains: Milk, Celery, Sulphur Dioxide*

**Steak and ale pie**, mash, buttered greens, red wine gravy £14.95

*Contains: Milk, Sulphur Dioxide*

**Deep fried cod in beer batter**, chips, mushy peas, tartare sauce £14.95

*Contains: Egg, Fish, Sulphur Dioxide*

**Appleby's Cheshire cheese, onion and potato pie**, buttered greens, red currant gravy (V) £13.95

*Contains: Egg, Milk, Sulphur Dioxide*

**Braised shoulder of lamb**, minted new potato cake, rosemary gravy £18.95

*Contains: Soya, Milk, Celery, Sulphur Dioxide*

**10oz ribeye**, Dijon and tarragon butter, portobello mushrooms, tomato, chips £25.95

*Contains: Milk, Mustard, Sulphur Dioxide*

**Sweet potato, aubergine and chickpea Malaysian curry**, coconut rice, steamed pak choi (vg) £13.95

*Contains: Sulphur Dioxide*

**Crispy beef salad**, sweet chilli sauce, roasted cashew nuts £13.95

*Contains: Nuts, Soya, Celery*

**Superfood salad**, quinoa, sweet potato, charred tender stem, avocado, blueberries, pomegranates, smoked almonds (vg) £14.95

*Contains: Nuts, Celery, Sulphur Dioxide*

**Rump steak sandwich**, Dijon tarragon mayonnaise, onions and fries £11.95

*Contains: Gluten, Egg, Mustard, Sulphur Dioxide*

**Smoked haddock fishcake**, poached egg, heritage tomatoes £10.95

*Contains: Egg, Fish, Milk, Mustard, Sulphur Dioxide*

**Smoked salmon, asparagus and spinach quiche**, crème fraîche new potatoes, tomatoes, samphire, peashoots £9.95

*Contains: Egg, Fish, Milk*

**Pan fried chicken breast**, black garlic, king oyster mushrooms, cauliflower purée, red wine jus £16.95

*Contains: Milk, Sulphur Dioxide*

## Sides

Chunky chips £3.75

Fries £3.75

Buttered vegetables £3.95

*Contains: Milk, Sulphur Dioxide*

Garlic bread £3.95

*Contains: Gluten, Milk*

Garlic bread with cheese £4.50

*Contains: Gluten, Milk*

Mixed salad (vg) £3.95

Beer battered onion rings £3.95

Peppercorn sauce £2.50

*Contains: Milk, Celery, Mustard, Sulphur Dioxide*

## Puddings and Cheese

**Toffee and pecan meringue roulade**, salted caramel ice cream £6.50

*Contains: Egg, Nuts, Soya, Milk*

**Rhubarb and stem ginger sponge**, vanilla custard £6.50

*Contains: Gluten, Egg, Milk, Sulphur Dioxide*

**Lemon cheesecake**, raspberry ripple £6.50

*Contains: Egg, Soya, Milk, Sulphur Dioxide*

**Hot waffle, caramelised banana**, toffee sauce, honeycomb ice cream £6.95

*Contains: Gluten, Egg, Soya, Milk*

**Sticky toffee pudding**, toffee sauce, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Triple chocolate brownie**, chocolate sauce, vanilla ice cream £6.95

*Contains: Egg, Soya, Milk*

**Dark chocolate and orange tart**, raspberry sorbet (vg) £6.95

*Contains: Gluten, Soya, Sulphur Dioxide*

**A selection of British farmhouse cheese**, biscuits, chutney, celery £6.95

*Contains: Gluten, Egg, Milk, Celery, Sulphur Dioxide*

## Ice Creams and Sorbets

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**Cheshire Farm ice cream** choose three scoops from; £5.85

*Contains: Milk*

**Cheshire Farm ice cream** choose two scoops from; £3.90

*Contains: Milk*

**Cheshire Farm ice cream** choose one scoop from; £1.95

*Contains: Milk*

## Coffees and Hot Drinks

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**Cafetiere of coffee** £2.95

*Contains: Milk*

**Latte** £2.95

*Contains: Milk*

**Cappuccino** £2.95

*Contains: Milk*

**Flat white** £2.95

*Contains: Milk*

**Americano** £2.95

*Contains: Milk*

**Espresso** £2.45

*Contains: Milk*

**Double espresso** £3.45

*Contains: Milk*

**Selection of tea** £2.70

*Contains: Milk*

## Hot Drink with a Small Pudding

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**Mini waffle**, banana, honeycomb ice cream £6.95

*Contains: Gluten, Egg, Soya, Milk*

**Mini sticky toffee pudding**, vanilla ice cream £6.95

*Contains: Egg, Milk*

**Mini triple chocolate brownie, vanilla ice cream** £6.95

*Contains: Egg, Soya, Milk*

## Childrens Mains

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**Fish fingers, chips, peas** £6.95

*Contains: Egg, Fish, Milk*

**5oz rump steak, chips, peas** £8.95

**Chicken goujons, chips, peas** £6.95

*Contains: Egg, Milk*

**Tomato and basil pasta, cheese** £5.95

*Contains: Milk*

**Beef burger, cheese, chips** £6.95

*Contains: Gluten, Soya, Milk*

## Childrens Puddings

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**Hot waffle, banana, honeycomb ice cream** £3.95

*Contains: Gluten, Egg, Soya, Milk*

**Sticky toffee pudding, vanilla ice cream** £3.95

*Contains: Egg, Milk*

**Chocolate brownie, vanilla ice cream** £3.95

*Contains: Egg, Soya, Milk*

**vanilla**

*Contains: Milk*

**strawberry**

*Contains: Milk*

**chocolate**

*Contains: Milk*

**raspberry ripple**

*Contains: Milk*

**toffee fudge**

*Contains: Milk*

**salted caramel**

*Contains: Milk*

**passion fruit sorbet**

**raspberry sorbet**

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**SEVENROOMS NO SHOW SEVENROOMS NO SHOW** £10.00